Case 16

An 18-year-old woman, from Bangkok.

Chief complaint: Erythematous patches on her cheeks and left forearm since birth.



Fig 1. Pinkish-erythematous patch at right cheek, multiple brownish macules at both cheeks and bilateral bluish sclera.



Fig 2. Well-defined irregular border erythematous patches at left forearm.

Present illness: The patient had erythematous patches on her cheeks with bilateral bluish sclera, and also had several well-defined irregular border erythematous patches at left forearm.

Past history

In May 2013, she was diagnosed with breast masses and underwent excisional biopsy, pathological examination showed phyllodes tumor.

Physical examination

HEENT: no pale conjunctiva, anicteric sclera, hyperpigmented patches at sclera both eyes .

no alopecia .

Breast: no masses, no nipple retraction or discharge Heart : normal S1S2, no murmur

Lung : normal breath sound , no adventitious sound

Abdomen : soft, not tender, no hepatosplenomegaly.

Extremities : symmetrical extremities.

Neurologiacal : good consciousness, no muscle weakness.

Skin examination

- ill-defined ,faint pinkish-erythematous patch at right cheek
- multiple faint brownish macules at both cheeks with bilateral scleral involvement.
- Well-defined , irregular border, erythematous patches at left forearm.

Diagnosis: Phakomatosis pigmentovascularis type IIa **Treatment:** QS Nd:YAG (1064) LASER

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Discussion

Phakomatosis pigmentovascularis (PPV) is a group of congenital skin disorders combining extensive nevi of the capillary type and various forms of (epi)dermal melanocytosis, with or without additional cutaneous features .¹ PPV was first published in 1910, but it was described by Ota in 1947.²

PPV is very rare ,sporadic syndrome. The true prevalence is unknown with a slight female predominance (ratio of female : male was approximately 1.34:1).³

PPV is mainly diagnosed by clinical of skin manifestations ,that were classified into 5 groups according to associated pigmentary anomalies by Enjorlas and Mulliken in 2000.⁴And are classified into 4 groups by Happle in 2005.⁵

In this classification Phakomatosis spilorosea lacks Mongolian spots and Phakomatosis cesiomarmorata lacks naevus flammeus.¹

Table 1.	Classification	of	PP	V ⁵⁻⁷
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<u>Ori</u>	ginal classification	Happle's shortened classification		
•	Type I: Nevus flammeus and	Phacomatosis cesioflammea:		
	pigmented linear epidermal nevi	Nevus cesius (blue spot) and nevus		
•	Type II: Nevus flammeus and	flammeus		
	Mongolian spots and/or nevus	• Phacomatosis spilorosea: Nevus		
	anemicus	spilus and telangiectatic nevus of a		
•	Type III: Nevus flammeus and	pale-pink type (nevus roseus)		
	nevus spilus and/or nevus	Phacomatosis cesiomarmorata:		
	anemicus	Nevus cesius (blue spot) and cutis		
•	Type IV : Nevus flammeus,	marmorata telangiectatica congenital		
	Mongolian spots, and nevus	Phacomatosis		
spilus and/or nevus anemicus		pigmentovascularis,		
•	Type V: Cutis marmorata unclassifiable type			
	telangiectatica congenital and	Correspondence between 2 systems		
	Mongolian spots	Cesioflammea IIA, IIB		
•	Unclassifiable	Spilorosea IIIA, IIIB		
•	Type A or B depending on	Cesiomarmorata VA, VB		
	whether or not there is systemic	Unclassifiable IA, IVB		
	involvement	• Type I from the first classification is eliminated		

The most common type of PPV is IIb , followed by IIa . The others are much less frequent. $^{\rm 8}$

Patients with PPVs may presented with other associated skin and systemic manifestations in PPV (table2).

Cutaneous lesions	Nevus anemicus
	Café-au-lait spots
	Generalized vitiligo
Vascular abnormalities	Sturge-Weber
	Klippel-Trénaunay
Neurologic abnormalities	Seizures
	Cortical atrophy
	Arnold-Chiarri type I
	Bilateral deafness
	Idiopathic facial paralysis
	Hydrocephalia
	Diabetes insipidus
	Plexiform neurofibroma
	Delay in psychomotor development
	Encephalogram alterations
Ocular alterations	Melanosis oculi
	Iris mammilations
	Iris hamartomas
	Glaucoma
	Prominent vessels in sclera
	Chronic edema in the cornea
	Pigmentary alterations in retina
	Pigmentary cataract
Miscellaneous	Discrepancy in the length of extremities
	Scoliosis
	Spinal dysraphism
	Hemihypertrophy
	Syndactilia
	Macrocephalia
	Renal agenesia
	Renal angiomatosis
	Hepatosplenomegaly
	Pyogenic granuloma
	Cavernous hemangioma
	Umbilical hernia
	Hypoplasia of leg veins
	IgA deficit
	Hyper-IgE syndrome
	Eczemas
	Premature eruption of the teeth

Table 2. Phakomatosis cesioflammea: published association^{3, 5, 9-21}

The most common dermal melanosis is Nevus of Ota and aberrant Mongolian spots.⁸ However, the real extent of the associated clinical spectrum is not well defined.²²

The etiology is unknown. Sporadicity and mosaic distribution of skin lesions suggest twin spotting (didymodisis). Twin spots are two different cutaneous areas that must be adjacent to one another, formed by mutant tissues that also differ from normal tissue surrounding them.²³

Histopathology is seldom necessary to make diagnosis.¹

Laser is treatment for patient with aesthetic nuisance. Ono and Tateshita reported one case treated with a Q-switched ruby laser and a dye laser.²⁴ A combined laser approach (a Q-switched Ruby laser, a QAL, and a flashlamp pumped pulsed-dye laser) is also effective in PPV type IIa patient .²⁵ Port-wine stain (PWS) can be treated with long-pulsed dye laser (LPDL) .²⁶ And Mongolian spots can be treated with Q-switched ruby and Alexandrite lasers.²⁷ For Cutis marmorata telangiectatica congenital (CMTC) .There are reports that frequency –doubled Nd:YAG/neodymium-doped yttrium aluminum garnet failed to improve CMTC because of dilated veins extensive large, deep capillaries.²⁸ According to the same reason, LPDL therapy was not effective for CMTC.⁴

The prognosis of PPV depends on type and severity of associated abnormalities.¹

In this patient, she was diagnosed with phakomatosis pigmentovascularis nevus type IIa (nevus of Ota bilaterally, PWS at right cheek, nevus flammeus at left arm). Annual eye examination revealed normal visual acuity. She was treated with Nd:YAG laser 1064 nm.

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