



สมาคมแพทย์โรคหลอดเลือดแห่งประเทศไทย ร่วมกับ สมาคมแพทย์โรคหลอดเลือดดำ

Thai Venous Forum Basic Course 2020

Venous thromboembolism

Catheter base intervention for PE Indication & Technique



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Catheter intervention for acute PE, indication and technique : Nutsiri Kittitirapong, M.D. (25/10/20)

25th November 2020

Slide 1/41

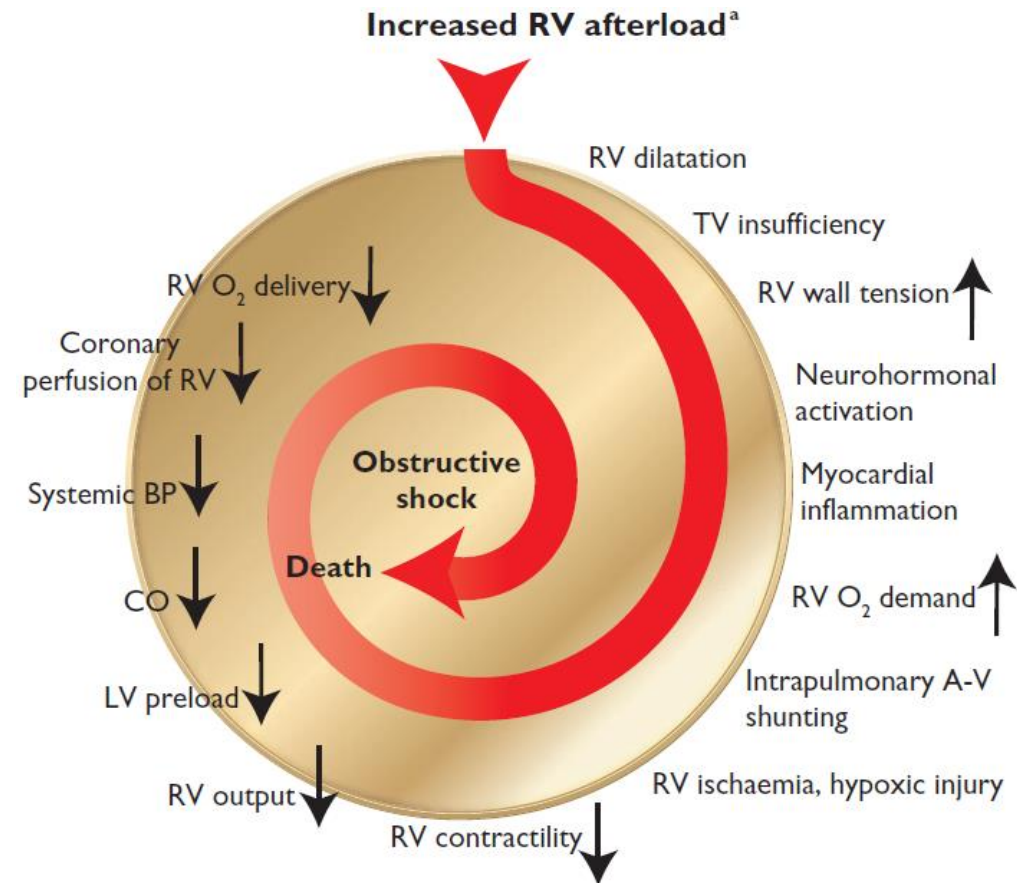
Disclosure



- Speaker name: Nutsiri Kittitirapong
- I have the following potential conflicts of interest to report:
 - ☐ Consulting
 - ☐ Employment in industry
 - ☐ Stockholder of a healthcare company
 - ☐ Owner of a healthcare company
 - ☐ Other(s)
 - ☒ I do not have any potential conflict of interest

Pathophysiology

- Acute PE interferes with both **circulation** and **gas exchange**
- Mechanisms of increased RV afterload
 - **Decrease in cross sectional area** (30-50% obstruction)
 - **Vasoconstriction** mediated through thromboxane and serotonin release



Who need intervention for acute PE ?





European Society
of Cardiology

European Heart Journal (2020) **41**, 543–603

doi:10.1093/eurheartj/ehz405

ESC GUIDELINES



2019 ESC Guidelines for the diagnosis and management of acute pulmonary embolism developed in collaboration with the European Respiratory Society (ERS)

The Task Force for the diagnosis and management of acute pulmonary embolism of the European Society of Cardiology (ESC)

Prognostic assessment strategy

Table 8 Classification of pulmonary embolism severity and the risk of early (in-hospital or 30 day) death

| Early mortality risk | | Indicators of risk | | | |
|----------------------|-------------------|---------------------------------------|---|--|---|
| | | Haemodynamic instability ^a | Clinical parameters of PE severity and/or comorbidity: PESI class III–V or sPESI \geq I | RV dysfunction on TTE or CTPA ^b | Elevated cardiac troponin levels ^c |
| High | | + | (+) ^d | + | (+) |
| Intermediate | Intermediate–high | - | + ^e | + | + |
| | Intermediate–low | - | + ^e | One (or none) positive | |
| Low | | - | - | - | Assesment optional; if assessed, negative |

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Hemodynamic instability

Table 4 Definition of haemodynamic instability, which delineates acute high-risk pulmonary embolism (one of the following clinical manifestations at presentation)

| (1) Cardiac arrest | (2) Obstructive shock ^{68–70} | (3) Persistent hypotension |
|--|---|--|
| Need for cardiopulmonary resuscitation | Systolic BP < 90 mmHg or vasopressors required to achieve a BP \geq 90 mmHg despite adequate filling status | Systolic BP < 90 mmHg or systolic BP drop \geq 40 mmHg, lasting longer than 15 min and not caused by new-onset arrhythmia, hypovolaemia, or sepsis |
| | And | |
| | End-organ hypoperfusion (altered mental status; cold, clammy skin; oliguria/anuria; increased serum lactate) | |

BP = blood pressure.

Prognostic assessment strategy

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Prognostic assessment strategy

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Risk assessment (severity)

- To assess a patient's overall mortality risk and early outcome
 - Pulmonary Embolism Severity Index (PESI)
 - simplified version (sPESI)
- Strength of the PESI and sPESI : **identification of patients at low risk for 30 day mortality** (PESI classes I and II)

Table 7 Original and simplified Pulmonary Embolism Severity Index

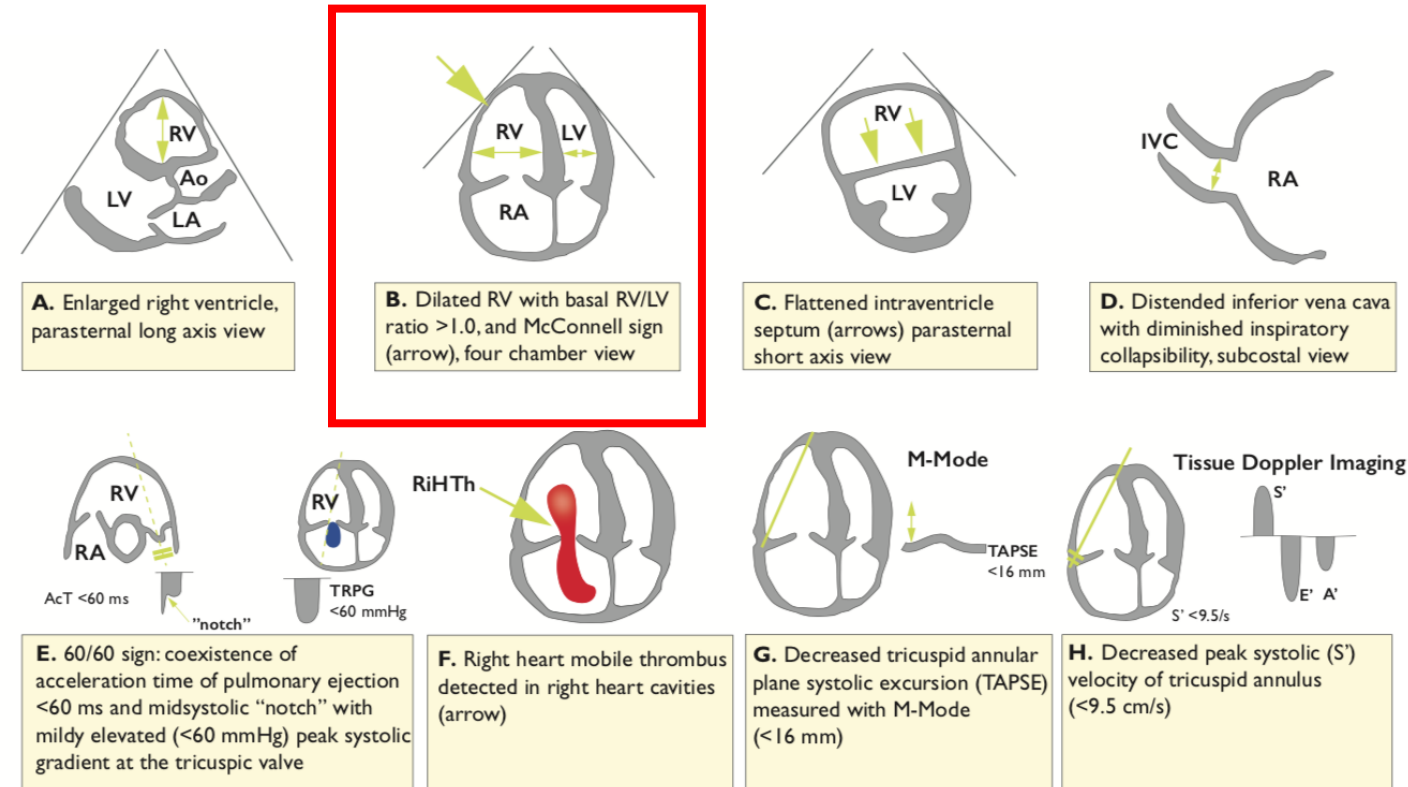
| Parameter | Original version ²²⁶ | Simplified version ²²⁹ |
|---|---------------------------------|-----------------------------------|
| Age | Age in years | 1 point (if age >80 years) |
| Male sex | +10 points | — |
| Cancer | +30 points | 1 point |
| Chronic heart failure | +10 points | 1 point |
| Chronic pulmonary disease | +10 points | |
| Pulse rate ≥ 110 b.p.m. | +20 points | 1 point |
| Systolic BP <100 mmHg | +30 points | 1 point |
| Respiratory rate >30 breaths per min | +20 points | — |
| Temperature <36°C | +20 points | — |
| Altered mental status | +60 points | — |
| Arterial oxyhaemoglobin saturation <90% | +20 points | 1 point |

| Parameter | Original version ²²⁶ | Simplified version ²²⁹ |
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| Risk strata^a | | |
| | Class I: ≤ 65 points very low 30 day mortality risk (0–1.6%) | 0 points = 30 day mortality risk 1.0% (95% CI 0.0–2.1%) |
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| | Class III: 86–105 points moderate mortality risk (3.2–7.1%) | ≥ 1 point(s) = 30 day mortality risk 10.9% (95% CI 8.5–13.2%) |
| | Class IV: 106–125 points high mortality risk (4.0–11.4%) | |
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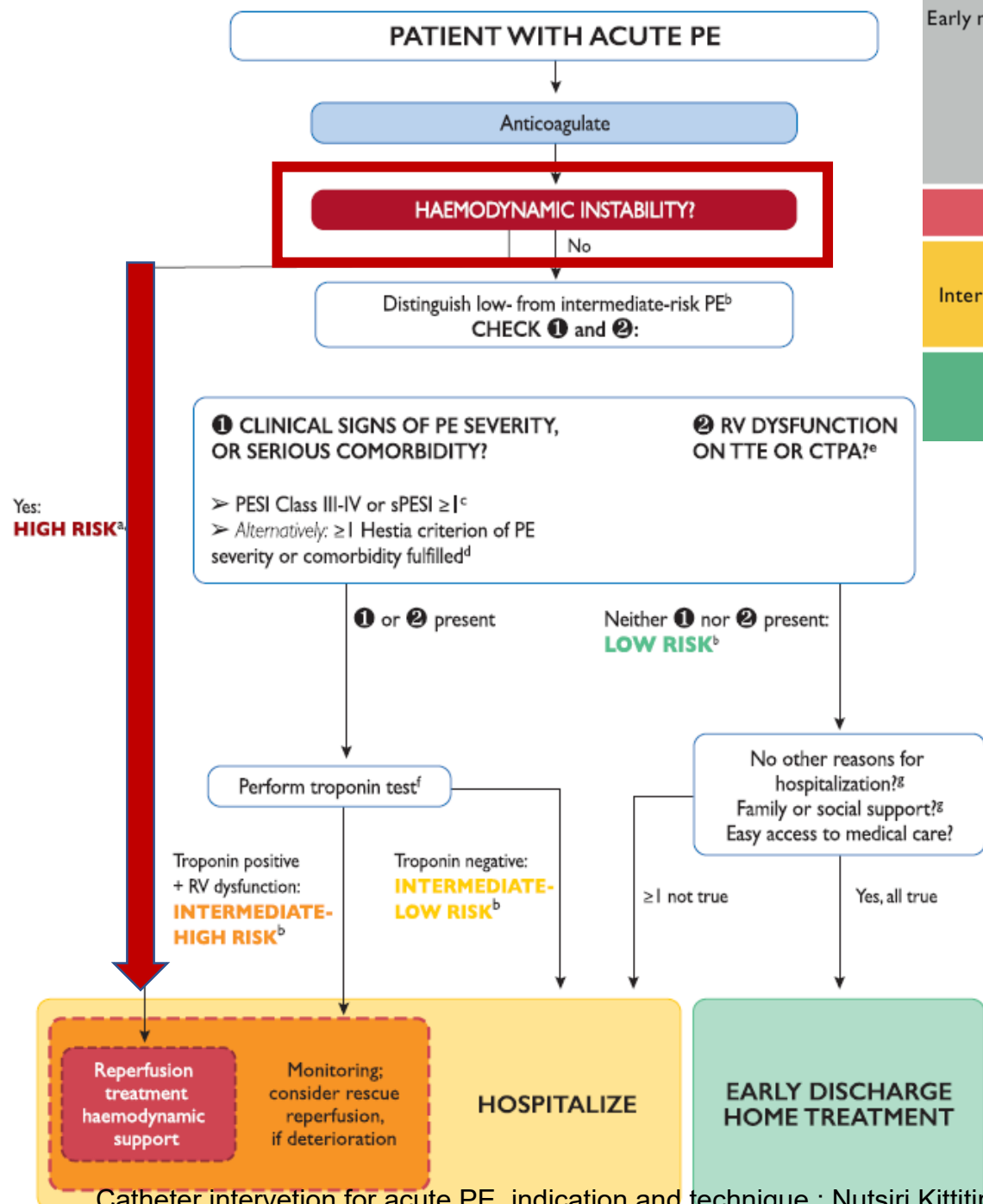
BP = blood pressure; b.p.m. = beats per minute; CI = confidence interval.

^aBased on the sum of points.

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- Elevation of further laboratory biomarkers
 - NT-proBNP ≥ 600 ng/L
 - H-FABP ≥ 6 ng/mL
 - copeptin ≥ 24 pmol/L



| Early mortality risk | | Indicators of risk | | | |
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| Low | | – | – | – | Assesment optional; if assessed, negative |

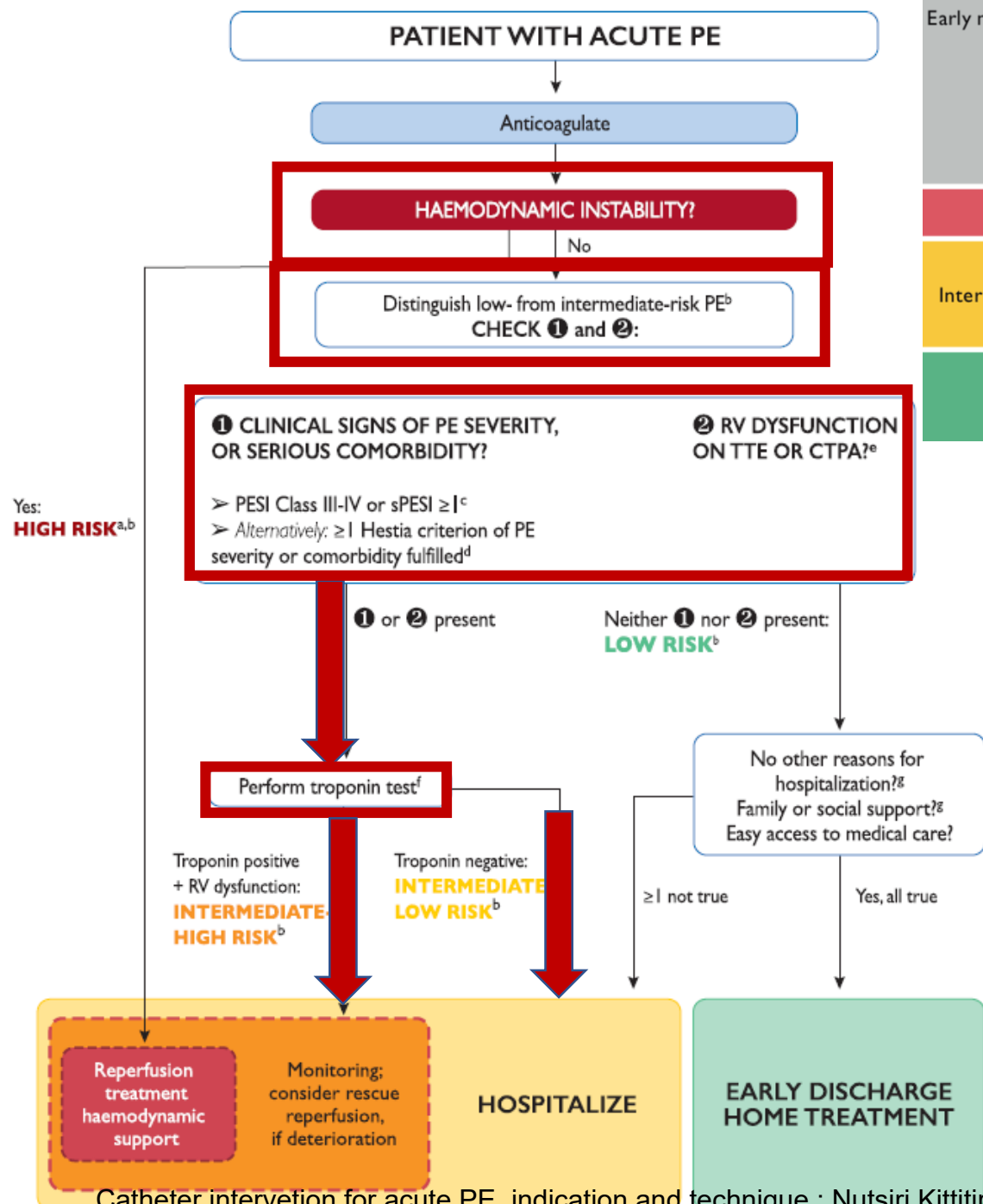
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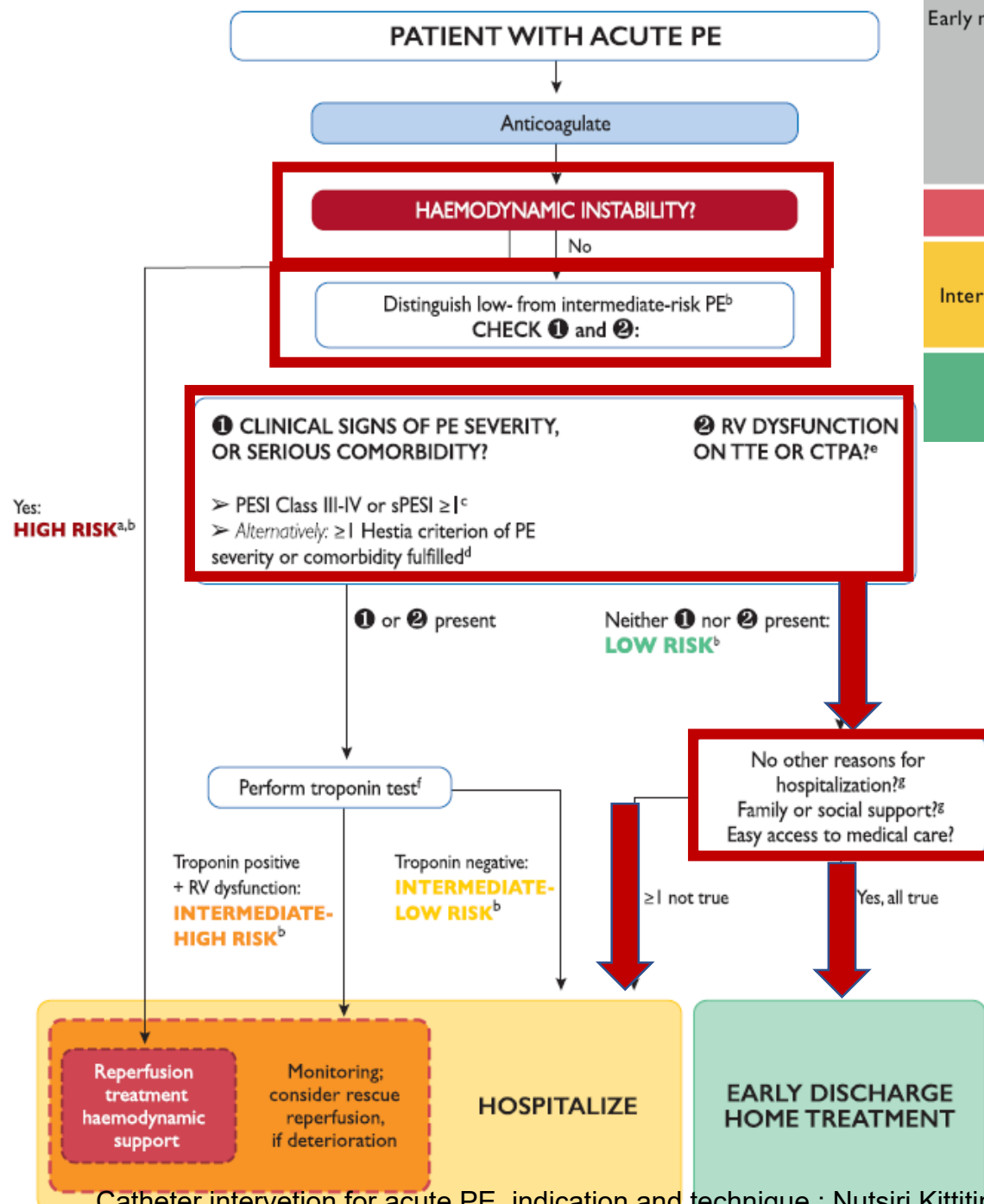
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Early mortality risk

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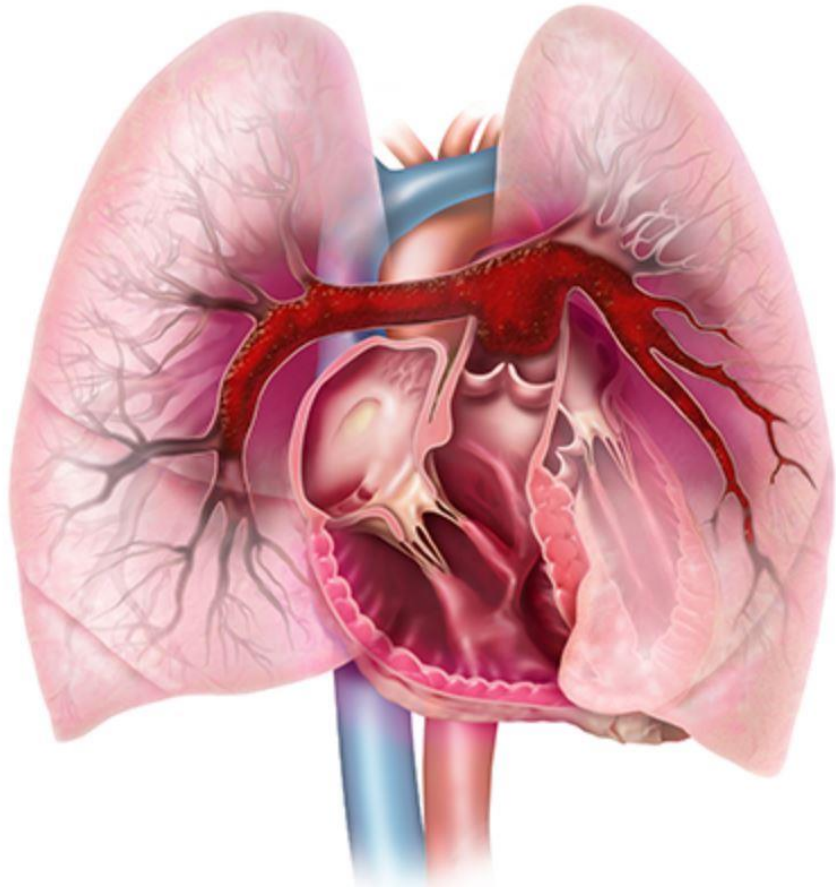
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Who need intervention (catheter-based) ?

6.6 Recommendations for acute-phase treatment of high-risk pulmonary embolism^a

| Recommendations | Class ^b | Level ^c |
|---|--------------------|--------------------|
| Systemic thrombolytic therapy is recommended for high-risk PE. ²⁸² | I | B |
| Surgical pulmonary embolectomy is recommended for patients with high-risk PE, in whom thrombolysis is contraindicated or has failed. ^{d 281} | I | C |
| Percutaneous catheter-directed treatment should be considered for patients with high-risk PE, in whom thrombolysis is contraindicated or has failed. ^d | IIa | C |

Indication for catheter based treatment for High risk PE

- **Contraindication/failed for systemic thrombolysis**

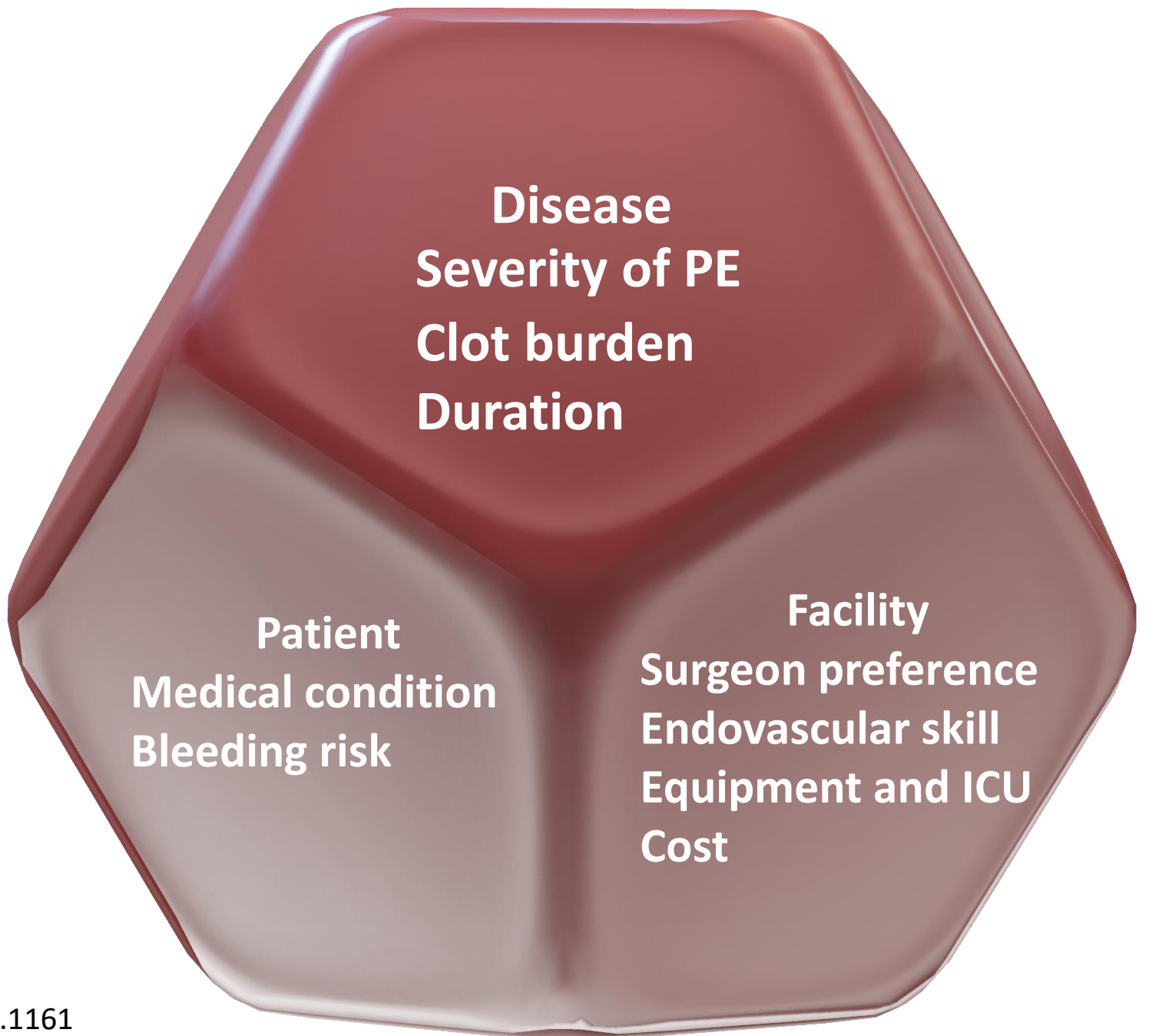
6.7 Recommendations for acute-phase treatment of intermediate- or low-risk pulmonary embolism

| Recommendations | Class ^a | Level ^b |
|--|--------------------|--------------------|
| Reperfusion treatment | | |
| Rescue thrombolytic therapy is recommended for patients with haemodynamic deterioration on anticoagulation treatment. ²⁸² | I | B |
| As an alternative to rescue thrombolytic therapy, surgical embolectomy ^e or percutaneous catheter-directed treatment ^e should be considered for patients with haemodynamic deterioration on anticoagulation treatment. | IIa | C |
| Routine use of primary systemic thrombolysis is not recommended in patients with intermediate- or low-risk PE. ^{c,f 179} | III | B |

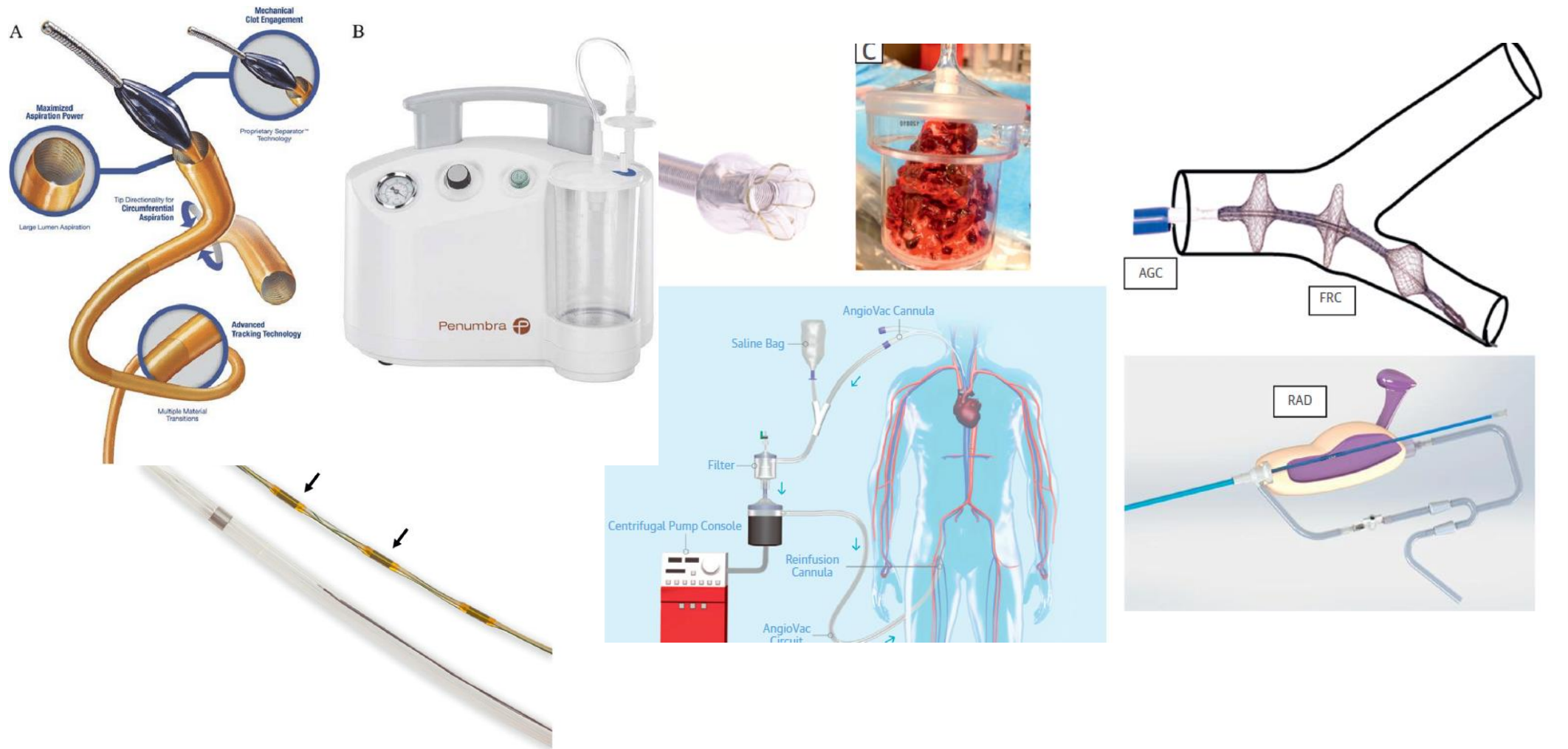
Indication for catheter based treatment for Low or intermediate risk PE

- **Hemodynamic deterioration**
- **intermediate high risk PE**

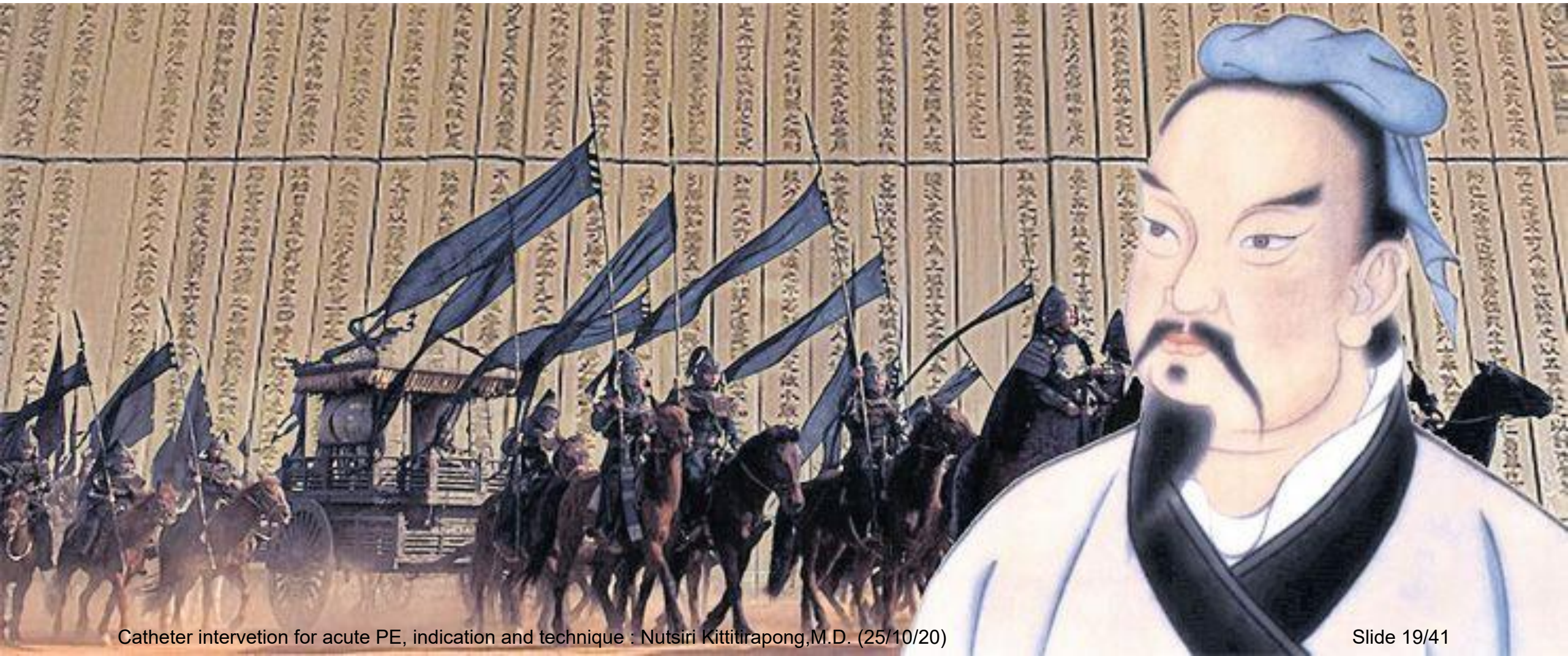
Factors Determine Treatment Options



Technique for Percutaneous catheter-directed treatment



“รู้เขารู้เรา รบร้อยครั้งไม่แพ้ร้อยครั้ง
รู้เราไม่รู้เขา ชนะหนึ่งแพ้หนึ่ง
แต่ถ้าไม่รู้เขาไม่รู้เรา จะแพ้ทุกการรบ”



Known your patients

- Severity of PE
- Hemodynamic status
- Clot burden and duration
- Presence of DVT
- Cause of VTE
- C/I to thrombolysis
- C/I to anticoagulant
- C/I to PA catheterization



Absolute contraindications to pulmonary artery (PA) catheterization

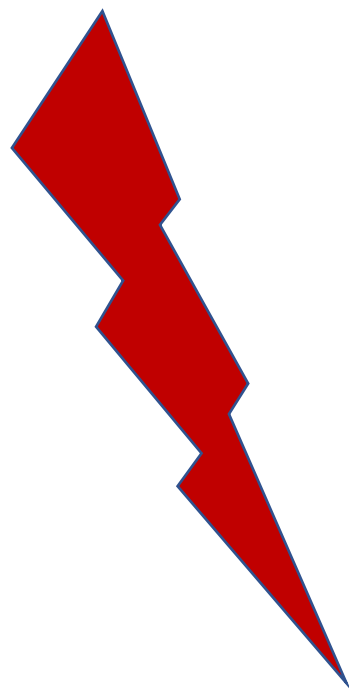
- Tricuspid or pulmonary valve prosthesis or vegetation,
- Recent myocardial infarction
- Left bundle branch block

Relative contraindications

- Contrast allergy
- History of ventricular irritability

Known yourself

- Available facilities
- Available and suitable device including limitation
- Surgeon experience
- Team experience
 - PERT: pulmonary embolism response team
- Available ECMO
- ICU
- Cost



Characteristics of interventional pulmonary embolism devices

| Device | Mechanism | Technical Considerations | Regulatory Status in United States |
|------------------------------|--|---|--|
| EKOsonic | USAT | 5F catheter | 510(k) Clearance for infusion for treatment of PE |
| Unifuse | CDL | 4F–5F catheter | 510(k) Clearance for treatment of peripheral vasculature |
| Cragg-McNamara | CDL | 4F–5F catheter | 510(k) Clearance for treatment of peripheral vasculature |
| Bashir Endovascular Catheter | Pharmacomechanical CDL | 7F catheter with a nitinol-supported infusion basket that is expanded within the thrombus | 510(k) Clearance for use in peripheral vasculature |
| AngioVac | Veno-veno bypass; funnel-shaped inflow tip to engage thrombi | 26F access for inflow, 16F–20F access for outflow; requires perfusion team | 510(k) Clearance for removal of undesirable intravascular material |
| FlowTreiver | Mechanical clot engagement with aspiration with adjunctive nitinol disks engage and mechanically retrieve clot | 20F catheter; must manage blood loss associated with large-bore aspiration | 510(k) Clearance for treatment of PE |
| Indigo System | Mechanical clot engagement with mechanized aspiration | 8F catheter; large size of some proximal PE renders en bloc aspiration difficult with 8F device | 510(k) Clearance for peripheral artery and venous systems |
| AngioJet | Rheolytic thrombectomy with option of thrombolytic vs saline spray | 6F–8F catheters for venous thrombus; can cause hypotension and bradycardia | 510(k) Clearance for peripheral thrombectomy; black-box warning against use in PAs |
| Aspire Max | Suction thrombectomy with specially designed handheld aspirator | 5F–6F catheters | 510(k) Clearance for removal of fresh, soft thrombi, and emboli from the peripheral and coronary vasculature |

+ PE

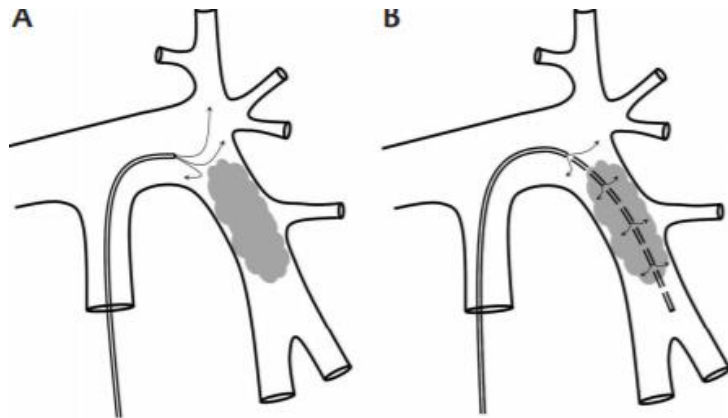
Catheter-based thrombolysis

Catheter-based thrombolysis

| Catheter-directed thrombolysis (CDL/CDT) | Infusion catheter | |
|--|---|---|
| Uni-Fuse (AngioDynamics Inc, Latham, NY) catheters |  |  |
| Cragg-McNamara (ev3 Inc, Plymouth, MN) catheters | | |
| Ultrasound-assisted thrombolysis (USAT) with the EKOSonic endovascular system (EKOS Corp, Bothell, WA) |  | |

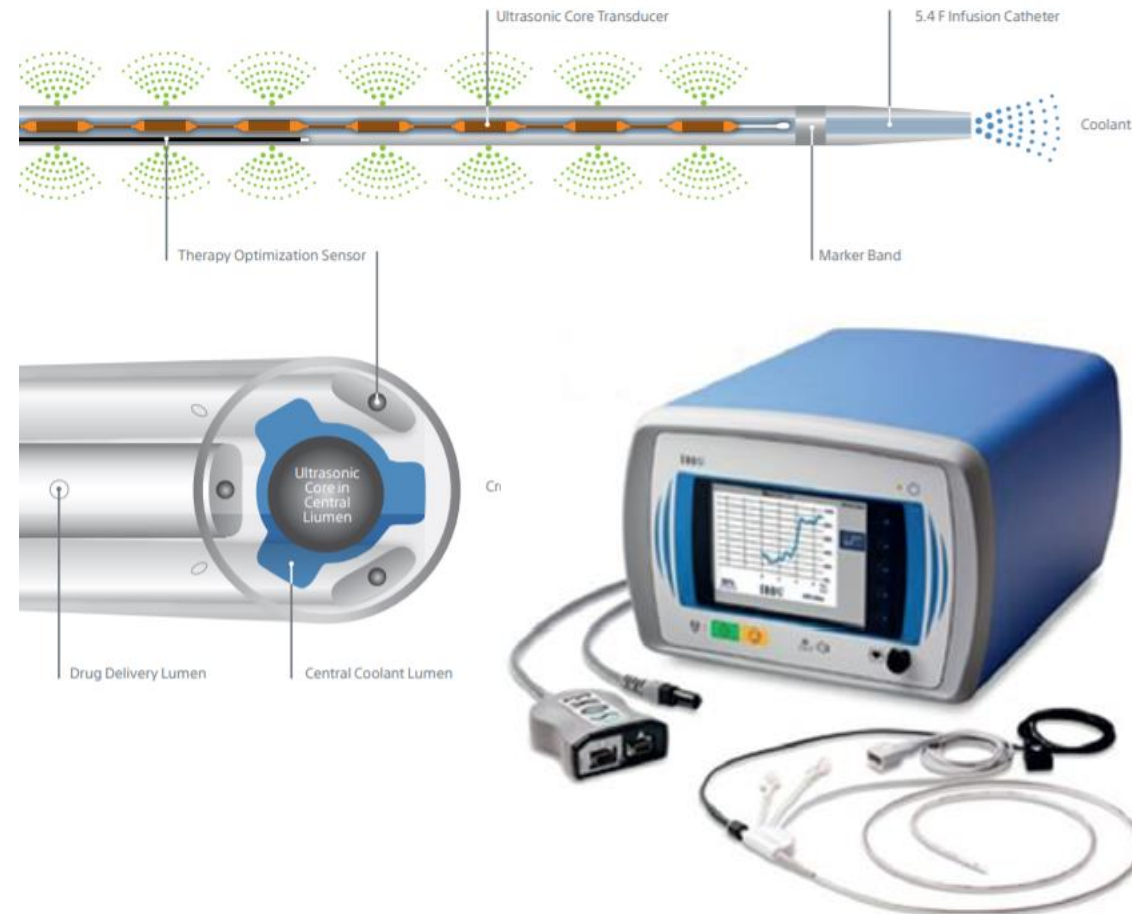
Catheter-directed thrombolysis (CDL/CDT)

- The goals
 - Decrease the rate of major and intracranial bleeding



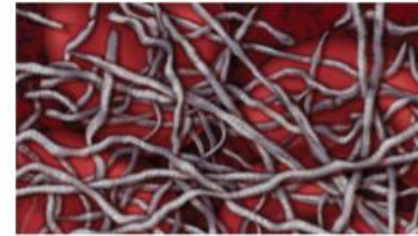
EKOS : EKOSonic endovascular system (EKOS Corp, Bothell, WA)

The EkoSonic™ Endovascular System includes an ultrasonic core within an infusion catheter, and control unit.



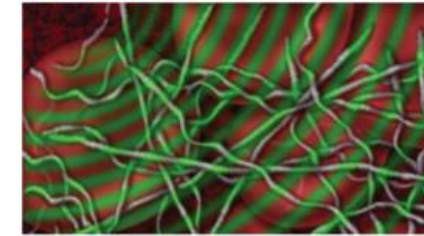
The EKOS System's targeted ultrasound waves accelerate thrombus dissolution by unwinding the fibrin matrix.¹

The Thrombosis Barrier



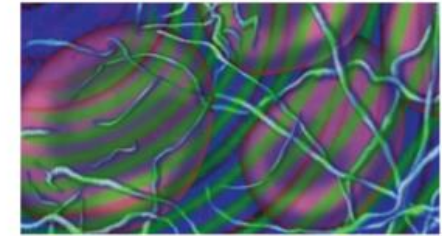
Tightly wound fibrin prevents lytic from reaching receptor sites.

With Acoustic Pulse



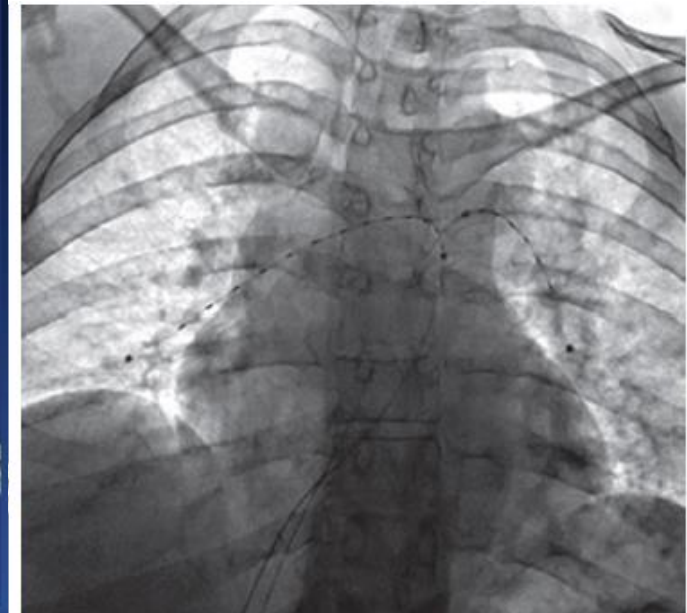
Ultrasonic energy thins fibrin and exposes receptor sites.

With Acoustic Pulse + Lytic



More drug reaches entire thrombus, accelerating absorption.

5.4 fr Intelligent side-hole drug delivery catheter



Catheter-based thrombolysis

CONCLUSION


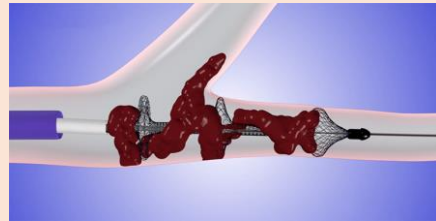

- Hemodynamically unstable PE (high-risk acute PE)
- Intermediate-high risk PE/ Hemodynamic deterioration
- Decrease bleeding risk compared to systemic thrombolysis



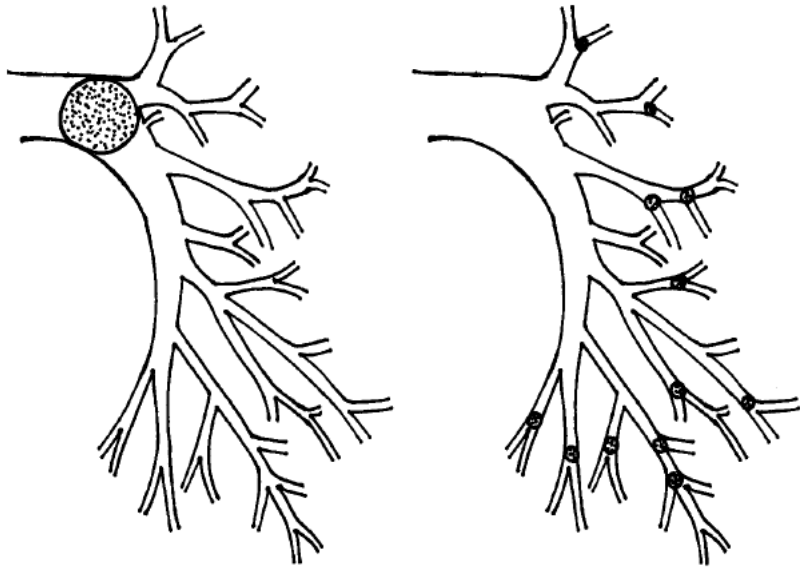
But still remain increased bleeding risk

Catheter-based embolectomy

Catheter-based embolectomy

| | | |
|---|---|---|
| Catheter-Based Thrombus Maceration | Catheter & guidewire |  |
| Rheolytic Thrombectomy | AngioJet catheter (Boston Scientific, Marlborough, MA) |  |
| Large-Bore Embolectomy | The Flow-Triever system (Inari Medical, Irvine, CA) |  |
| Small-Bore Embolectomy | The Indigo Thrombectomy System (Penumbra, Inc, Alameda, CA) |  |

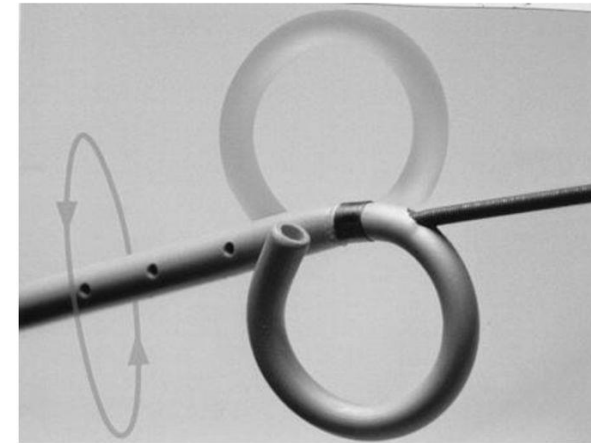
Catheter-Based Thrombus Maceration



Effect of mechanical fragmentation of a total occlusive central thrombus in the pulmonary artery

- Reduce pulmonary artery pressure
- Increase total pulmonary perfusion

**The fragmentation approach:
Pigtail Rotational Catheter**

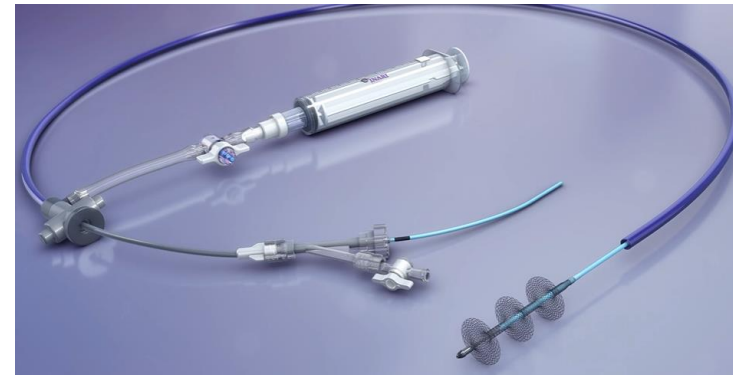
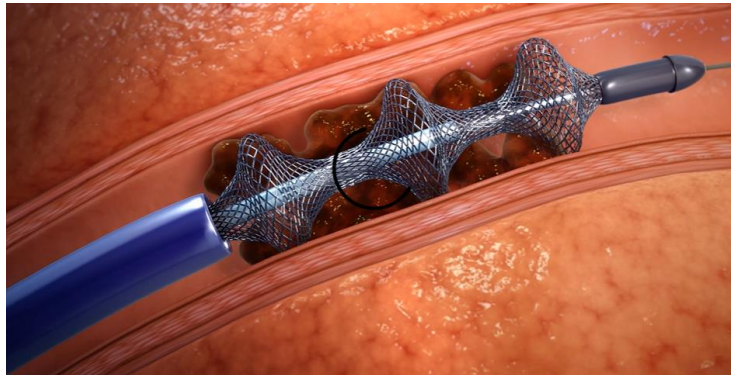


case reports and series

Large-Bore Embolectomy

The Flow-Triever system (Inari Medical, Irvine, CA)

20 F device with three self-expanding nitinol discs entrapping the thrombus with simultaneous aspiration



The FlowTriever is an over-the-wire system designed to:



Remove clot through both mechanical and aspiration mechanisms of action



Capture and Remove large clot burden from big vessels



Treat in a single session



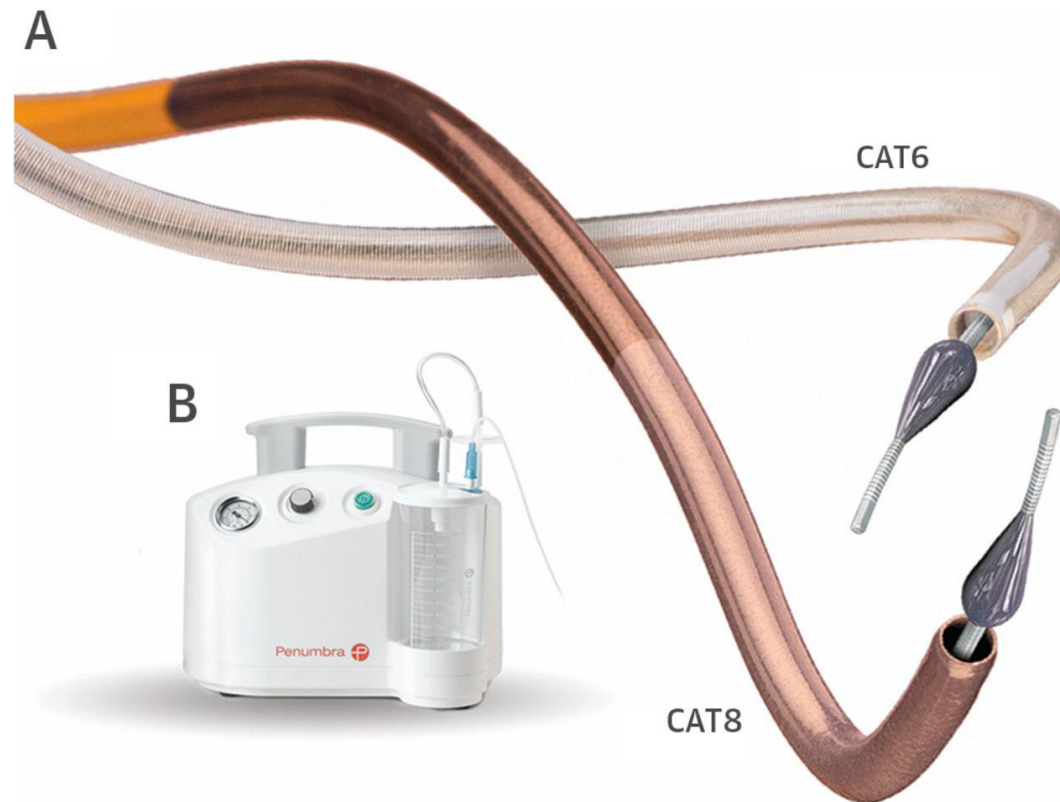
Eliminate the need for thrombolytics



Eliminate ICU Stay

Small-Bore Embolectomy

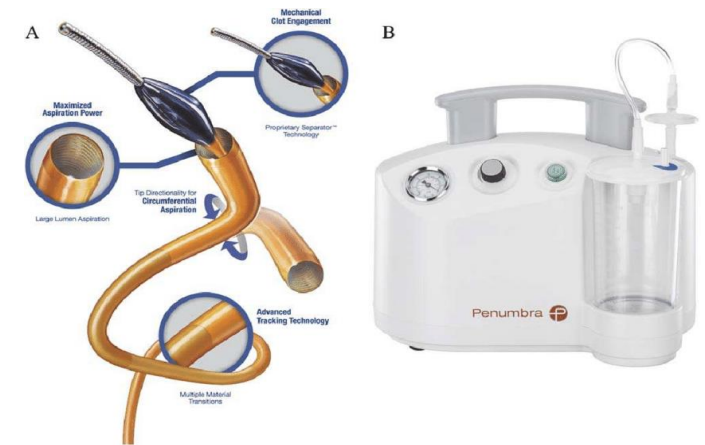
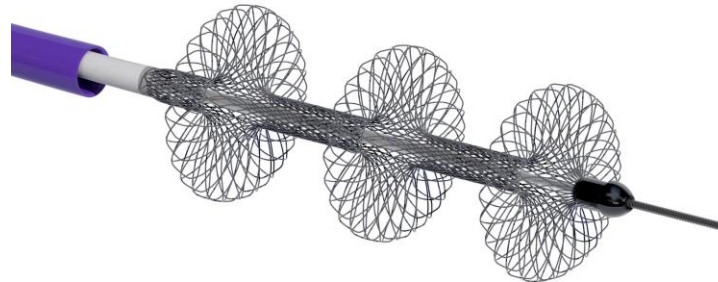
The Indigo Thrombectomy System (Penumbra, Inc, Alameda, CA)



8 F vacuum assisted
aspiration with mechanical
clot engagement

The devices have been cleared by FDA for use in acute PE

- The EKOSonic endovascular system (SEATTLE II, 2014)
- The FlowTriever embolectomy device (FLARE, 2018)
- The Indigo Thrombectomy System (EXTRACT-PE, 2020)



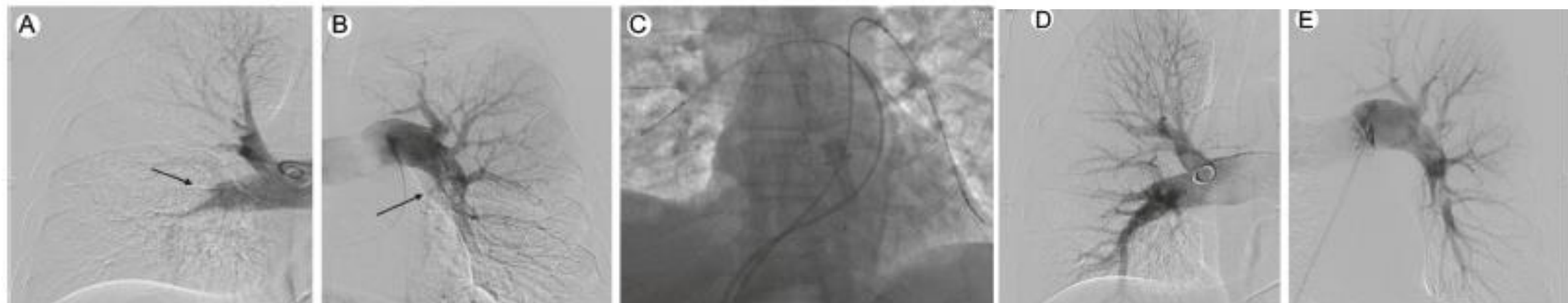
Comparison trials

| | Extract PE (N 119), 2019 | SEATTLE II ¹ (N 150), 2015 | FLARE ² (N 106), 2019 | PEITHO ³ Tenecteplase arm (N 506), 2014 |
|---|---|--|---|---|
| Device, study design | Penumbra (single arm) | EKOS (single arm) | Flow Triever (single arm) | Systemic thrombolysis VS Anticoagulant (RCT) |
| PE risk | Intermediate risk | Intermediate+ high risk | Intermediate risk | Intermediate risk |
| Primary efficacy (Change in RV/LV ratio at 48 hr) | 0.43; p<0.0001 | 0.42; p<0.0001 | 0.38; p<0.0001 | N/A |
| Primary safety | Major Adverse Events within 48 hrs 1.7% | Major bleeding within 72 hrs 10% | Major Adverse Events within 48 hrs 3.8% | Death or hemodynamic decompensation within 7 d 2.6% |
| Major bleeding | Within 48 hrs, 1.7% | Within 72 hrs, 10% | Within 48 hrs, 1.0% | Within 7 d, 11.5% |
| All cause mortality (30 d) | 2.5% | 2.7% | 1.0% | 2.4% |
| Device time | 37 min | 12-24 hrs | 57 min | NA |

1. Piazza et al. JACC Cardiovasc Interv, 2015. 8(10): 1382-922;2

2. Tu et al. JACC Cardiovasc Interv, 2019 May 13;12(9):859-869

3. Meyer et al. N Engl J Med. 2014 Apr 10;370(15):1402-11



Technique

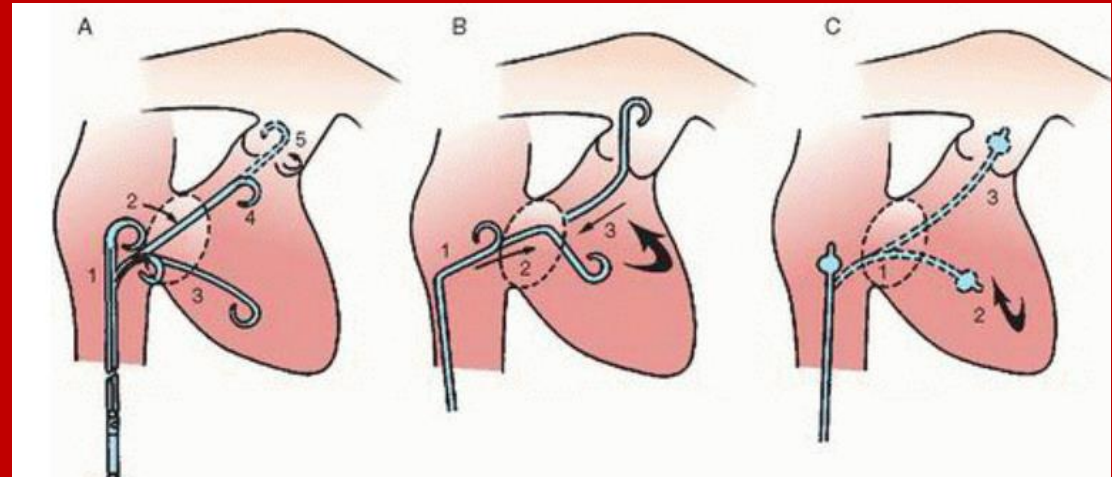
Procedural tips

“Clinical improvement doesn’t correlate to angiographic result”

Pulmonary Artery Catheterization

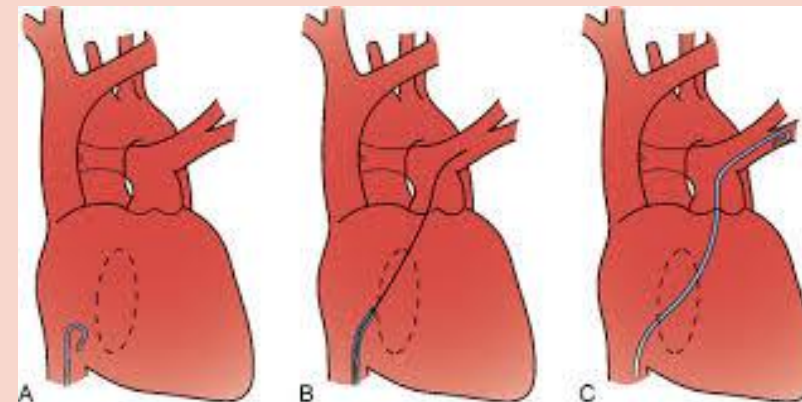
- **Pigtail type**
Pigtail catheter (A)
Grollman pulmonary artery catheter (B)
- **Balloon tip type**
Balloon tipped catheter (C)

Adv : low risk for arrhythmia

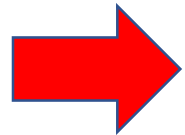


Omniflush catheter (AngioDynamics, Queensbury, NY)

Caution: high risk for arrhythmia



Injection contrast and normal pressure in PA



| Injection rate and quantity of contrast medium | | |
|---|-------------------------|----------------------------------|
| Artery | Injection rate (cc/sec) | Quantity of contrast medium (cc) |
| Rt/Lt pulmonary artery | 25 | 50 |
| Rt/Lt pulmonary artery (pulmonary hypertension) | 15-20 | 30-40 |
| Lobar pulmonary arteries | 15-20 | 30-40 |
| Segmental pulmonary arteries | 5-10 | 15-20 |

| Normal Pressure | | | |
|-----------------|------------|-----------------------|------------|
| RA pressure | 0-5 mmHg | PA pressure systolic | 20-25 mmHg |
| RV pressure | 20-25 mmHg | PA pressure diastolic | 10-15 mmHg |
| | | Mean PA pressure | 9-18 mmHg |

Complications of Catheter-base Tx for PE

- Pulmonary hemorrhage
- Pulmonary artery dissection
- Pulmonary artery perforation
 - Cardiac tamponade
- Bleeding
 - including cerebral hemorrhage
- Transient heart block or Arrhythmias
- CIN / Reactions to contrast media
- Hemolysis
 - Hemoglobinuria
 - Hypotension
 - Pancreatitis
- Hemoptysis
- Vascular access complications
- Death

Conclusion

Understanding of pathophysiology of PE is the key to success.

Catheter-based intervention should be considered in pts with high risk or intermediate-high risk PE who are at risk for thrombolysis.

Determining the factors for the optimal treatment; patient, disease and utility, is important.



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รับสมัครแพทย์ประจำบ้านต่อยอด สาขาศัลยศาสตร์หลอดเลือด

Vascular Surgery Fellowship

ประจำปีการศึกษา 2563 จำนวน 3 อัตรา

(กำหนดการสมัครจะแจ้งให้ทราบภายหลัง)

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สมาคมแพทย์โรคหลอดเลือดแห่งประเทศไทย ร่วมกับ สมาคมแพทย์โรคหลอดเลือดดำ

Thai Venous Forum Basic Course 2020

Venous thromboembolism

Catheter base intervention for PE Indication & Technique



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Ramathibodi hospital, Mahidol university

Catheter intervention for acute PE, indication and technique : Nutsiri Kittitirapong, M.D. (25/10/20)

25th November 2020