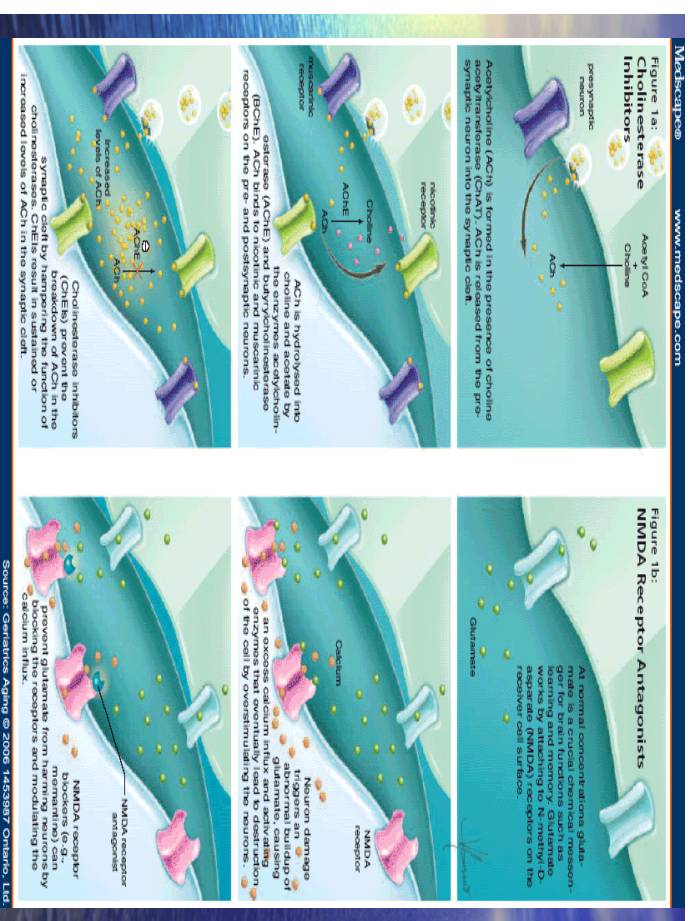


Current Issue in Management of Dementia

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Outlines

- Current medications use in dementia management in Thailand.
- Medications that soon to be used in Thailand.
- Medications and treatment which are in the developing process.

Cholinesterase Inhibitors

- Donepezil
- Rivastigmine
- Galantamine

Table 1. Pharmacological characteristics of cholinesterase inhibitors.

Drug	Mechanism of action	Half-life	Protein-binding capacity	Metabolism
Donepezil	Selective reversible noncompetitive inhibitor of AChE ^a	58–90 hours	96%	CYP 2D6, CYP 3A4 ^b
Rivastigmine	Pseudo-irreversible inhibitor of AChE and BChE ^c	2 hours	40%	Non-hepatic, metabolized by AChE and BChE
Galantamine	Reversible inhibitor of AChE, presynaptic modulator of nicotinic AChE	5–7 hours	18%	CYP 2D6, CYP 3A4

^aAChE = acetylcholinesterase ^bCYP = cytochrome P-450
^cBChE = butyrylcholinesterase Adapted from Hsiang GYR, Loy-Engelsh J¹

Donepezil

- Dosage : 5 mg/day for at least 4 weeks then increase to 10 mg/day
- FDA Approved for mild-moderate-severe stage of dementia, Alzheimer type
- Adverse effects: GI symptoms (nausea/vomiting/diarrhea), bradycardia, vivid dream

Rivastigmine

- Dosage: pill : 1.5 mg bid then increase every 2-4 weeks till reach the dose of 6 mg bid
 : patch : 4.6mg(5mg)/24hrs for 1 month then increase to 9.5mg(10mg)/24 hours
- FDA approved for mild-moderate stage of dementia, Alzheimer type and mild to moderate dementia related with Parkinson's disease
- Adverse effects: nausea, vomiting, rash

TABLE I

Characteristics and Properties of Acetylcholinesterase Inhibitors^a

Drug Name	Starting Dose	Maintenance Dose	Serum Half-life	Taken with Food?	Tipa for Use
Donepezil	5 mg	10 mg 23-mg once-daily tablet after patients are stable on a dose of 10 mg daily for 6 months	70 hours	No	Take in the morning or with lunch to lessen dreams/nightmares
Rivastigmine pill	1.5 mg bid	6 mg bid	2.8 hours	Yes	Must be swallowed whole—do not crush
Rivastigmine patch	4.6 mg/24 hours	9.5 mg/24 hours	N/A	N/A	
Galantamine	4 mg bid or 8 mg ER daily	12 mg bid or 24 mg ER daily	6–8 hours	Yes	Drink with plenty of water; may cause dizziness

^aAbbreviations: bid, twice a day; ER, extended release; N/A, not applicable.
^bContains information from reference 12.

Galantamine

- Dosage: IR: 4 mg bid for 4 weeks then increase to 8 mg bid for 4 weeks then increase to 12 mg bid
: ER: 8 mg/d for 4 weeks then increase to 16 mg/d for 4 weeks then increase to 24 mg/d
- FDA approved for mild-moderate stage of dementia, alzheimer type. Also have several studies on mild-moderate vascular dementia.

Galantamine

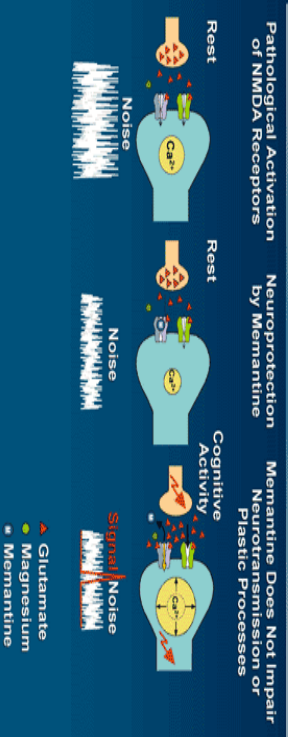
- Adverse effects : GI side effects, bradycardia, syncope

NMDA Antagonist

• Memantine

www.medscape.com

Memantine Selectively Blocks Pathological Activation of NMDA Receptors



Adapted from Parsons CG et al. Neuropharmacology. 1999; 38:735.

Memantine

- Dosage: 5 mg/d for 1 week, then 5 mg bid for 1 week, then 10 mg ac-5 mg pc, then increase to 10 mg bid
- FDA approved for moderate to severe stage of Alzheimer's disease.
- Adverse effects: confusion, dizziness, drowsiness, headache, insomnia, agitation, hallucination

Combination Rx for mod-severe stage of dementia

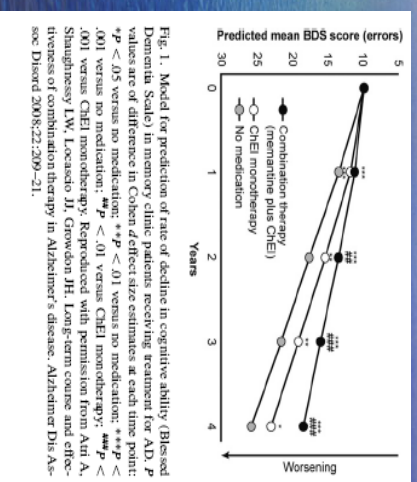


Fig. 1. Model for prediction of rate of decline in cognitive ability (Blessed Dementia Scale) in memory clinic patients receiving treatment for AD. *p* values are of difference in Cohen *d* effect size estimates at each time point: **p* < .05 versus no medication; ***p* < .01 versus no medication; ****p* < .001 versus no medication; **p* < .01 versus ChEi monotherapy; ***p* < .001 versus ChEi monotherapy. Reproduced with permission from Atri A, Shaughnessy LW, Locascio JJ, Growdon JH. Long-term course and effectiveness of combination therapy in Alzheimer's disease. *Alzheimer Dis Assoc Disord* 2008;22:209–21.

Combination Rx for mod-severe stage of dementia

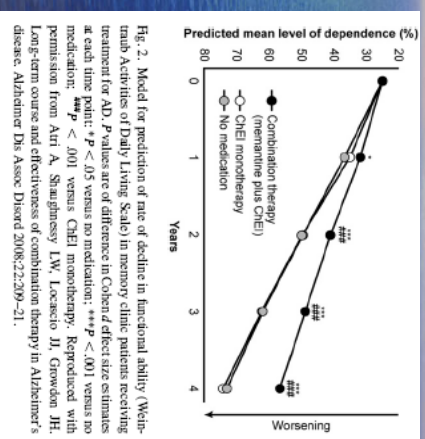


Fig. 2. Model for prediction of rate of decline in functional ability (Weintraub Activities of Daily Living Scale) in memory clinic patients receiving treatment for AD. *p* values are of difference in Cohen *d* effect size estimates at each time point: **p* < .05 versus no medication; ***p* < .01 versus no medication; ****p* < .001 versus no medication; **p* < .01 versus ChEi monotherapy; ***p* < .001 versus ChEi monotherapy. Reproduced with permission from Atri A, Shaughnessy LW, Locascio JJ, Growdon JH. Long-term course and effectiveness of combination therapy in Alzheimer's disease. *Alzheimer Dis Assoc Disord* 2008;22:209–21.

Domino study, NEJM, 2012

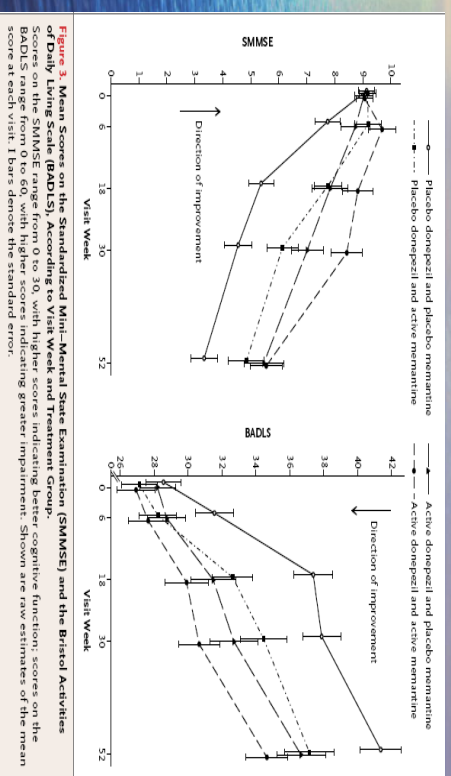


Figure 3. Mean Scores on the Standardized Mini-Mental State Examination (SMMSE) and the Blessed Activities of Daily Living Scale (BADLS). According to Visit Week and Treatment Group. Scores on the SMMSE range from 0 to 30, with higher scores indicating better cognitive function; scores on the BADLS range from 0 to 60, with higher scores indicating greater impairment. Shown are raw estimates of the mean score at each visit. Error bars denote the standard error.

In-coming medications

- Donepezil 23 mg
- Memantine ER
- Medical food : Axona

Donepezil 23 mg

- Patient should be on donepezil 10 mg for at least 3 months.
- Adverse effects : more GI effects compared to donepezil 10 mg, bradycardia, fainting, weight loss, seizure

Table 1 Demographics and baseline characteristics of the intent-to-treat population

Characteristic	Donepezil 23 mg/d	Donepezil 10 mg/d
Age, yr ^a		
Number of patients	909	462
Mean (s.d.)	73.8 (8.48)	73.8 (8.55)
Median	75.0	75.0
Range	47-89	49-90
Gender		
Number of patients	909	462
Males, n (%)	335 (36.9)	175 (37.9)
Females, n (%)	574 (63.1)	287 (62.1)
Weight, kg		
Number of patients	908	462
Mean (s.d.)	66.7 (14.8)	66.2 (14.4)
Median	65.5	64.5
MMSE		
Number of patients	908	462
Mean (s.d.)	13.1 (4.99)	13.1 (4.72)
Median	14.0	14.0
ADCS-ADL-sev		
Number of patients	908	461
Mean (s.d.)	34.1 (10.88)	34.5 (11.19)
Median	36.0	36.0
SIB		
Number of patients	907	462
Mean (s.d.)	74.2 (17.58)	75.6 (16.28)
Median	81.0	82.0
CIBS-pHs		
Number of patients	904	461
Mean (s.d.)	4.42 (0.85)	4.38 (0.89)
Median	4.0	4.0
Duration of previously donepezil 10 mg/d, weeks		
Number of patients	909	462
Mean (s.d.)	11.34 (108.4)	104.9 (99.2)
Median	71.9	66.3

ADCS-ADL-sev = Alzheimer's Disease Assessment Scale-ADL-severe; CIBS-pHs = Clinical Impression-Global Severity of Seizure; pHs = Clinical Impression-Global Severity of Seizure; SIB = Severe Impairment Battery; CIBS-pHs = Clinical Impression-Global Severity of Seizure; s.d. = standard deviation.

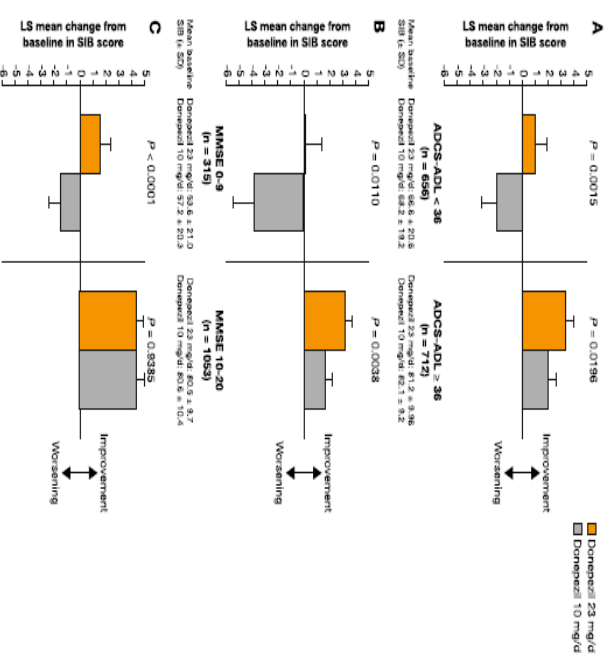


Figure 1 Effect of disease characteristics on the efficacy of donepezil 23 mg/d or 10 mg/d measured by LS mean change in SIB score from baseline to Week 24. A. Functional level. B. Severity. MMSE 0-9 or 10-20. C. Severity. MMSE 0-16 or 17-20.

Memantine ER 28 mg

- Dosage: start at 7 mg/day and increase weekly in 7 mg increment until reach the dose of 28 mg/day.

If a patient is switching from 10 mg twice daily conventional memantine to memantine ER, the patient may transition to the 28-mg dose of memantine ER immediately instead of following the titration schedule.

Adverse effects: headache, somnolence, dizziness

- International, multicenter, randomized, double-blind, placebo-controlled, parallel-group design study of 24 weeks' duration included 667 participants who were at least 50 years of age with a diagnosis of probable Alzheimer's disease with MMSE 3-12.

- 342 patients were randomized to receive memantine ER 28 mg and ChEI; and 335 patients were randomized to receive placebo and ChEI.

- At week 24, patients treated with memantine ER 28 mg/ChEI showed a statistically significant improvement (LOCF) over the placebo/ChEI group on both the SIB ($p = 0.001$) and CIBIC-plus ($p = 0.008$).
- Patients treated with memantine ER 28 mg/ChEI also showed statistically significant benefits at the end of the study versus the placebo/ChEI group on outcomes of behavior as measured by the NPI ($p = 0.005$), and on the verbal fluency test ($p = 0.004$) compared with patients who were receiving placebo/ChEI.

Medical food : Axona

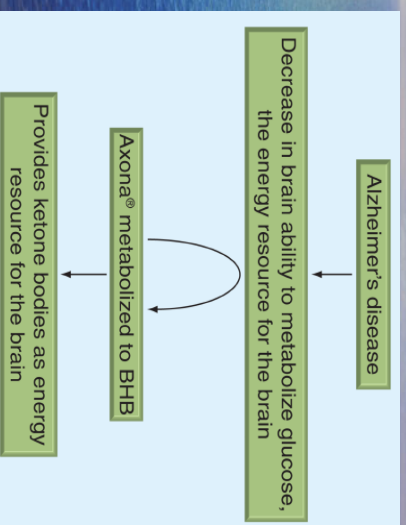


Figure 1
Proposed mechanism of action of Axona®
BHB: β -hydroxybutyrate

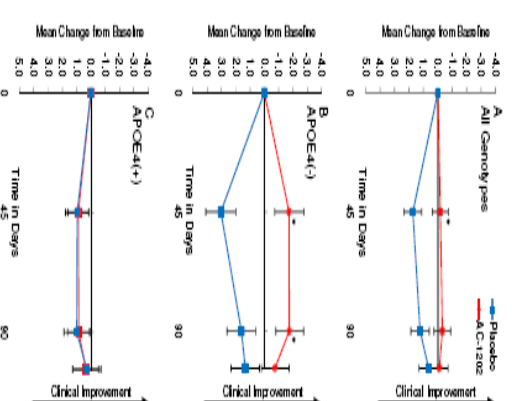
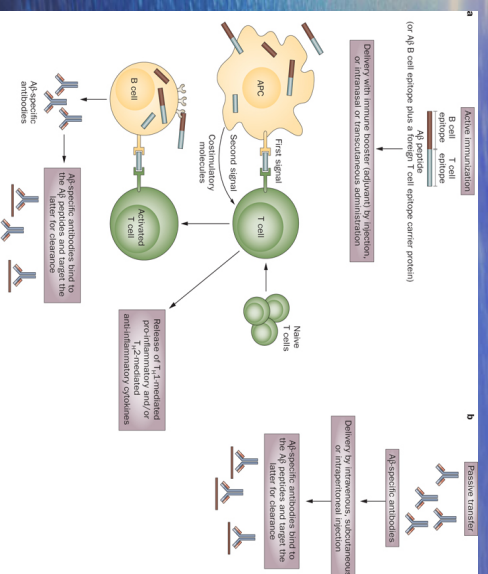


Figure 2
Mean change in ADAS-Cog scores from Baseline in the ITT population w/LOCF and stratified by APOE genotype. A-C-1202 is change from Baseline. X-axis represents time in days. Blue squares and lines represent subjects taking Placebo. Error bars represent standard error of the mean.

Medications and treatment which are in the developing process

- Active Immunotherapy: vaccine
 - Passive Immunotherapy: monoclonal Ab, IVIG
 - Others: Gamma Secretase Inhibition, Metal-protein interaction attenuation, statins, DM drugs, drugs that target tau protein, eternacept, drugs that stimulate cholinergic receptors (M1 receptor agonist, nicotinic receptor agonist) etc.
- As of 2012, >300 clinical trials under way to understand and treat AD and 30 of these were in human phase III trials.

Immunotherapy



Active Immunotherapy

- First vaccine, AN-1792, in 2000, had to be terminated due to meningencephalitis.
- ACC-001, a modified version of AN-1792 is in phase II study.
- Others: CAD-106, ACI-24, UB-31, V950, affitopes AD-01/AD-02 are in early developing phase.

Passive Immunotherapy

- Monoclonal Ab: bapineuzumab, solanezumab, gantenerumab, etc.
- Intravenous Immunoglobulin (IVIG)

