

Curriculum Vitae

Updated Feb 22, 2014

Chatchawan Silpakit

Work address Department of Psychiatry, Faculty of Medicine Ramathibodi Hospital
Mahidol University
270 Rama VI Road,
Ratchathewi, Bangkok 10400

Tel : 66-2-2011275, 66-2-2011929

Fax : 66-2 -3547299

E-mail : chatchawan.sil@mahidol.ac.th

Academic position Associated professor in psychiatry

Interests Mindfulness, Contemplative science, Medical education

Current positions Director: Contemplative Education Center

Education and Training

Year	Qualification	Institute
1998	Ph.D.	Institute of Psychiatry, University of London
1990	Certificate of Thai Board of Psychiatry	Thai Medical Council
1988	Diploma in Clinical Science (Psychiatry)	Faculty of Graduates Study, Mahidol University
1986	M.D.	Faculty of Medicine, Siriraj Hospital, Mahidol University

Professional experience

2001-	Associate professor in psychiatry	Department of Psychiatry, Mahidol University
1994-2000	Assistant professor in psychiatry	Department of Psychiatry, Mahidol University
1990-1994	Instructor in Psychiatry	Department of Psychiatry, Mahidol University

Publications

1. Silpakit O, **Silpakit C**. A Thai Version of Mindfulness Questionnaire: Srithanya Sati Scale. East Asian Arch Psychiatry 2014;24:23-9.
2. Hayakwong A, **Silpakit C**, Komoltri C. Depression and quality of life among adults with pulmonary tuberculosis. Journal of Mental Health of Thailand 2013;21:110-20.
3. **Silpakit C**, Silpakit O, Wisajun P. The validity of Philadelphia Mindfulness Scale Thai version. Journal of Mental Health of Thailand 2011;19:140-47.
4. **Silpakit C**, Silpakit O, Komoltri J, Chomchuen S. Validation of the Srithanya stress scale in adolescents. Journal of Mental Health of Thailand 2010;18:24-35.
5. Burns GL, Desmul C, Walsh JA, **Silpakit C**, Ussahawanitchakit P. A Multitrait (ADHD-IN, ADHD-HI,

- ODD toward Adults, Academic and Social Competence) by multisource (Mothers and Fathers) Evaluation of the invariance and convergence/discriminant validity of the child and adolescent disruptive behavior inventory with Thai adolescents. *Psychol Assess* 2009 Jun;20(2):121-30.
6. Pitaksongkram A, **Silpakit C**, Komoltri C. Stability of Depressive Symptoms and Suicidal ideation among Senior High School Students in Tak Province. *Siriraj Medical Journal* 2009;61(sup 1):39-43
 7. **Silpakit C**, Silpakit O. Mindfulness meditation and mental well-being indicators. *Journal of Mental Health of Thailand* 2008;16:252-9.
 8. Srisurapanont M, Arunpongpaisal S, Chuntaruchikapong S, **Silpakit C**, Khuangsirikul V, Karnjanathanalers N, Samanwongthai U. Cross-cultural validation and inter-rater reliability of the personal and social performance scale, Thai version. *Journal of Medical Association of Thailand* 2008;91:1603-8.
 9. Burns GL, de Moura MA, Walsh JA, Desmul C, **Silpakit C**, Sommers-Flanagan J. Invariance and convergent and discriminant validity between mothers' and fathers' ratings of oppositional defiant disorder toward adults, ADHD-HI, ADHD-IN, and academic competence factors within Brazilian, Thai, and American children. *Psychol Assess* 2008 Jun;20(2):121-30.
 10. Silpakit C, Prasertchai R. The use of Matrix group therapy in alcohol dependent patients: two-year follow-up. *Journal of Mental Health of Thailand* 2007;15:
 11. Kongsakon R., **Silpakit C**, Udomsubpayakul U. Thailand normative data for the SF-36 health survey: Bangkok metropolitan. *The ASEAN Journal of Psychiatry* 2007; 8 (2): 85 – 103.
 12. Phuaphanprasert B, Srisurapanont M, **Silpakit C**, Pannarunothai S, Udomrat P, Geater A, Prapaphom P. Reliability and validity of the Thai Version of the Health of the Nation Outcomes Scales (HONOS). *Journal of the Medical Association of Thailand* 2007;90:2487-2493.
 13. **Silpakit C**, Silpakit O. A review of carbamazepine and valproate use in a psychiatric hospital in Thailand. *ASEAN Journal of Psychiatry* 2007;8(1):9-14.
 14. Hongsanguansri S, **Silpakit C**, Ruangchanasetr S. The development of problem video game playing (PVP) questionnaire Thai version. *Journal of Psychiatric Association of Thailand* 2006;51:315-29.
 15. Sobhonslidsuk A, **Silpakit C**, Kongsakon R, Satitpornkul P, Sripetch C, Khanthavit A. Factor influencing health-related quality of life in chronic liver disease. *World Journal of Gastroenterology* 2006, 12(48), 7786-91.
 16. **Silpakit C**, Sirilertrakul S, Jirajarus M, Sirisinha T, Sirachainan E, Ratanatharathorn V. The European Organization for Research and Treatment of Cancer Quality of Life Questionnaire (EORTC QLQ-30): Validation study of the Thai version. *Quality of life Research* 2006, 15:167-172.
 17. Silpakit O, & **Silpakit C**. Acupuncture and cognitive function: a study of audio-evoked potential P300. *Medical Acupuncture* 2005;16:43-44.
 18. Silpakit O, & **Silpakit C**. Knowledge and attitude towards epilepsy in Thai people. *International Medical Journal* 2004, 11(2), 101-104.
 19. Sobhonslidsuk A, **Silpakit C**, Kongsakon R, Satitpornkul P, & Sripetch C. Chronic liver disease questionnaire: Translation and validation in Thais. *World J Gastroentero* 2004, 10(13), 1954-1957.
 20. Bhatanaprabhabhan D, Kongsakon R, **Silpakit C**, Booncharoen H. Unit cost of bipolar disorder in psychiatric ward, Ramathibodi Hospital. *Journal of Psychiatric Association of Thailand* 2003;48:171-184.
 21. Silpakit O, & **Silpakit C**. A Thai version of a health-related quality of life instrument for epilepsy. *Neurol J Southeast Asia* 2003, 8, 103-107.
 22. Sirisinha T, Ratanatharathorn V, Jirajarus M, Sirilertrakul S, **Silpakit C**, Sirachainan E, Tanvetyanon T: The European Organization for Research and Treatment of Cancer quality of life questionnaire: translation and reliability study of the Thai version. *Journal of Medical Association of Thailand* 2002; 85(11):1210-9.
 23. Kenbubpha K. **Silpakit C**. Association between antipsychotic drug and sudden death in psychotic patient. *International Medical Journal* 2002;9:27-31.
 24. Ratanatharathorn V, Sirilertrakul S, Jirajarus M, **Silpakit C**, Maneechavakajorn J, Sailamai P, Sirisinha T: Quality of life, Functional Assessment of Cancer Therapy-General. *Journal of Medical Association of Thailand* 2001;84(10):1430-42.
 25. Kongsakon R., **Silpakit C**. The Thai version of the MOS 36-item Short Form Health Survey (SF-36): An instrument for measuring clinical results with mental disorder patients. *Ramathibodi Hospital Medical Journal* 2001;23(1):8-19.
 26. **Silpakit C**. Scalability of Brief Disability Questionnaire (BDQ) Thai version. *Siriraj Hospital Gazette*

2000;52:593-598.

27. **Silpakit C**, Marshall R. Development of a short psychiatric screening questionnaire: an application of search partition analysis (SPAN). *Siriraj Hospital Gazette* 2000;52:524-527.
28. **Silpakit C**, Silpakit O, Kumyam S. Treatment of alcohol withdrawal: a fixed schedule regimen versus symptom-triggered regimen. *International Medical Journal* 1999;6:287-289.
29. Saipanish R, Zartrungpak S, **Silpakit C**. A survey of psychotropic drug prescription of general practitioners in primary care settings. *Journal of Psychiatric Association of Thailand* 1998;43:316-24.
30. Saipanish R, Zartrungpak S, **Silpakit C**. A survey of psychiatric practice in primary care settings. *Journal of Psychiatric Association of Thailand* 1998;43:303-15.
31. Putthisri S, **Silpakit C**. The reliability and validity of Thai version of Five-Scale Test of Self-Esteem for children. *Journal of Psychiatric Association of Thailand* 1998;43:358-67.
32. **Silpakit C**. A study of common mental disorder in primary care in Thailand. Ph.D. Thesis, Institute of Psychiatry, University of London. 1998.
33. Zartrungpak S, Saipanish R, **Silpakit C**. Primary care physicians' attitudes towards psychiatry. *Journal of Psychiatric Association of Thailand* 1997;42:197-211.
34. **Silpakit C**. Authorship.(editorial) *Journal of Psychiatric Association of Thailand* 1996; 41:211-213.
35. Eoaskoon W, Sumawong V, **Silpakit C**. Evaluation of training medical students in patient-interviewing skills by three modes of learning. *Journal of Medical Association Thai* 1996; 79:526-530.
36. Nilchaikovit T, Sukying C, **Silpakit C**. Demographic and psychosocial factors correlated with psychiatric illness in a Thai community in Bangkok. *Journal of Psychiatric Association of Thailand* 1996;41:191-202.
37. **Silpakit C**. Mental Health Promotion. *Srithanya Hospital Journal* 1996;4:98-113.
38. Silpakit O, **Silpakit C**. Capgras' Syndrome in an epileptic patient : a case report. *Journal of the Psychiatric Association of Thailand* 1996;41:110-4.
39. Nilchaikovit T, Sukying C, **Silpakit C**. Reliability and Validity of The Thai version of The general Health Questionnaire. *Journal of the Psychiatric Association of Thailand* 1996;41:2-17.
40. Sukying C, Nilchaikovit T, **Silpakit C**. One-month prevalence of psychiatric illness in Nongchok district, Bangkok. *Ramathibodi Medical Journal* 1995;18:253-260.
41. Silpakit O, Kham-on S, **Silpakit C**. An application of TMSE for evaluation of chronic alcoholic patients, *Siriraj Hospital Gazette* 1994;46:773-778.
42. Silpakit O, **Silpakit C**, Phakdeenual P. Screening test for epilepsy. *Siriraj Hospital Gazette* 1994;46:685-698.
43. Sawanpanyalert P, **Silpakit C**, Seresatien P. Diagnostic Interview Schedule (DIS) in a community survey. *Srithanya Hospital Journal* 1994;2:37-49.
44. **Silpakit C**. Psychiatric epidemiological studies in Thailand. *Srithanya Hospital Journal* 1994;2:14-19.
45. **Silpakit C**, Sukanich P. Diagnosis and management of panic patients by non-psychiatrist physicians. *Journal of the Psychiatric Association of Thailand* 1992;37:182-190.
46. Limsuwan N, **Silpakit C**. Adolescence: Borderline syndrome v.s. adjustment reaction. *Journal of the Psychiatric Association of Thailand* 1989;34:109-114.