



Introduction and research highlights

This program is committed to enhancing the discipline of family medicine and primary care through original evidence to address important knowledge gaps of older adults.

Our staffs address topics pertaining to multi-morbidity, undifferentiated presentations, and organization of care as well as research on the diagnosis, treatment and management of health problems; prevention and health promotion; family and community interventions; access to services; and the three “C’s” of high quality primary care: continuity, coordination and comprehensiveness.

This is done through the development and use of different research methodologies that equally value qualitative and quantitative evidence.

- ▶ Elder Care in Family Practice focused in improving functional status and quality of life in elderly and their families
- ▶ Organization of health care system for the elderly population
- ▶ Home Care and Community long term care



Figure 1. Geriatric Home Care



Figure 2. Comprehensive care for Dementia and Falling



Figure 3 Family medicine resident in elder club

Research area I

Health Promotion and Prevention in Older Adults

- Fall Prevention
- Exercise in Healthy Aging
- Health-related quality of life
- Nutrition in Aging
- Sarcopenia

Research area II

Community-based practice to develop care plan for older adults

- Raising awareness and attitude toward fall prevention program
- Comprehensive care for Dementia and Fallings
- Intermediate & long term care

Research area III

Health Education Program Development

- Program to improve drug compliance
- Impact of social media to health awareness
- Understand living will and rights in end of life



Contact

Contact person : Assoc. Prof. Chitima Boongird, M.D.
Chakri Naruebodindra Medical Institute (CNMI)
Division of Family Medicine

Email: chitima.bg111@gmail.com, chitima.amo@mahidol.ac.th

Phone: 081-8211209