



Assistant Professor Dr. Wilai Napa

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Place of Work : Division of Psychiatric and Mental Health Nursing

Ramathibodi School of Nursing

Faculty of Medicine Ramathibodi Hospital

Mahidol University

Education

Bachelor Degree

Bachelor of Nursing Science

Mahidol University

Master Degree

Psychiatric Mental Health Nursing, Master of Nursing Science

Mahidol University

Doctoral Degree

Nursing, Doctor of Philosophy

Chiang Mai University

Research of Interest

Family caregiving



Research Publication / Journal Articles

National Publications

- Kantawong, N., Thawee, T., & Napa, W. (2025). Relationships between perceived stress, relationship with friends, parenting styles, and psychological well-being of vocational students in Bangkok. *The Journal of Psychiatric Nursing and Mental Health*, 39(2), 1-19.
- Napa, W., Tungpunkom, P., & Pothimas, N. (2017). Effectiveness of family interventions on psychological distress and expressed emotion in family members of individuals diagnosed with first-episode psychosis: a systematic review. *Joanna Briggs Institute Database Systemic Reviews and Implementation Reports*, 15(4), 1057-1079. doi: 10.11124/JBISRIR-2017-003361.
- Chaiyasuk Mollerup, T., Nintachan, P., Sangon, S., & Napa, W. (2021). Factors Related to Stress in Registered Nurses Responsible for Psychiatric and Mental Health Nursing in Sub-District Health Promotion Hospital. *The Journal of Psychiatric Nursing and Mental Health*, 35(3), 82-106.
- Panpayak, S., Nintachan, P., Sangon, S., & Napa, W. (2021). Relationships of Demographic Factors, Stress, Resilience and Social Support to Mental Health in Thai Traffic Police Officers. *The Journal of Psychiatric Nursing and Mental Health*, 35(2), 15-34.
- Kiangpha, W., Nintachan, P., Sangon, S., & Napa, W. (2020). Selected factors related to psychological distress in family caregivers of persons with schizophrenia. *The Journal of Psychiatric Nursing and Mental Health*, 34(3), 77-101.
- Napa, W., Tungpunkom, P., & Pothimas, N. (2017). Effectiveness of family interventions on psychological distress and expressed emotion in family members of individuals diagnosed with first-episode psychosis: a systematic review. *Joanna Briggs Institute Database Systemic Reviews and Implementation Reports*, 15(4), 1057-1079. doi: 10.11124/JBISRIR-2017-003361.
- Kejkornkaew, S., Boonrin, P., & Napa, W. (2018). Motivation Process for Becoming Professional Nurse in Nursing Students: A Grounded Theory. *Ramathibodi Nursing Journal*, 24(3), 249-263.
- Napa, W., Tungpunkom, P., Sethabouupha, H., Klunklin, A., & Fernandez, R. (2017). A Grounded Theory Study of Thai Family Caregiving Process for Relatives with First Episode Psychosis. *Pacific Rim International Journal of Nursing Research*, 21(2), 158-170.

International Publications

- Attasara, P., Thawee, T., & Napa, W. (2025). Perceived stress, loneliness, and resilience in relation to game addiction among adolescents in Bangkok during the COVID-19 pandemic transition period. *Journal of Child and Adolescent Psychiatric Nursing*, 38(4), e70044.
<https://doi.org/10.1111/jcap.70044>
- Chutiyami, M., Cutler, N., Sangon, S., Thawee, T., Nintachan, P., Napa, W., Kraithaworn, P., &



River, J. (2025). Community-engaged mental health and wellbeing initiatives in under-resourced settings: A scoping review of primary studies. *Journal of Primary Care & Community Health*, 16, 1–22. <https://doi.org/10.1177/21501319251332723>

- Rujilekpanya, C., Napa, W., & Thaweepon, T. (2025). Caregivers' experiences taking care of children and teenagers with autism spectrum disorders during the COVID-19 pandemic in Thailand: A qualitative approach. *Journal of Child and Adolescent Psychiatric Nursing*, 38(4), e70036. <https://doi.org/10.1111/jcap.70036>

- Granger, J., Napa, W., Buadong, D., & Punyoo, J. (2024). Social processes influencing nursing students in passing the nursing licensure examination: A grounded theory approach. *Nursing Open*, 11(4), 1-8. <https://doi.org/10.1002/nop2.2148>

- Napa, W., Neelapaichit, N., Kongsakon, R., Chotivitayataragorn, S., & Udomsubpayakul, U. (2023). Impacts of COVID-19 on family violence in Thailand: prevalence and influencing factors. *BMC Women's Health*, 1-9. DOI: <https://doi.org/10.1186/s12905-023-02440-x>.

- Yagi, S. R., Napa, W., Awirutworakul, T., Ittasakul, P., Yagi, N. & Hartelius, G. (2023). Effects of a brief interpersonal mindfulness program embedded in a psychiatric nursing practicum: A controlled pilot study. *Journal of Professional Nursing*, 47, 46-55. DOI: <https://doi.org/10.1016/j.profnurs.2023.04.005>.

- Napa, W., Granger, J., Kejkornkaew, S., & Phuagsachart, P. (2020). Family happiness among people in a Southeast Asian city: Grounded theory study. *Nursing & Health Sciences*, 22(2), 292-299. doi: [10.1111/nhs.12688](https://doi.org/10.1111/nhs.12688).

- Grange, J., Napa, W., Singhasai, L., & Chantarachot, J. (2019). A Social Process of School-Aged Children Becoming Overweight. *Pacific Rim International Journal of Nursing Research*, 23(4), 384-397.

- Napa, W., Tungpunkom, P., & Pothimas, N. (2017). Effectiveness of family interventions on psychological distress and expressed emotion in family members of individuals diagnosed with first-episode psychosis: a systematic review. *Joanna Briggs Institute Database Systemic Reviews and Implementation Reports*, 15(4), 1057-1079. doi: [10.11124/JBISRIR-2017-003361](https://doi.org/10.11124/JBISRIR-2017-003361).