



## Assistant Professor Dr. Wilai Napa

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Place of Work : Division of Psychiatric and Mental Health Nursing

Ramathibodi School of Nursing

Faculty of Medicine Ramathibodi Hospital

Mahidol University

## Education

### Bachelor Degree

Bachelor of Nursing Science

Mahidol University

### Master Degree

Psychiatric Mental Health Nursing, Master of Nursing Science

Mahidol University

### Doctoral Degree

Nursing, Doctor of Philosophy

Chiang Mai University

## Research of Interest

Family caregiving



## Research Publication / Journal Articles

### National Publications

- Kantawong, N., Thaweekoon, T., & Napa, W. (2025). Relationships between perceived stress, relationship with friends, parenting styles, and psychological well-being of vocational students in Bangkok. *The Journal of Psychiatric Nursing and Mental Health*, 39(2), 1-19.
- Napa, W., Tungpunkom, P., & Pothimas, N. (2017). Effectiveness of family interventions on psychological distress and expressed emotion in family members of individuals diagnosed with first-episode psychosis: a systematic review. *Joanna Briggs Institute Database Systemic Reviews and Implementation Reports*, 15(4), 1057-1079. doi: 10.11124/JBISRIR-2017-003361.
- Chaiyasuk Mollerup, T., Nintachan, P., Sangon, S., & Napa, W. (2021). Factors Related to Stress in Registered Nurses Responsible for Psychiatric and Mental Health Nursing in Sub-District Health Promotion Hospital. *The Journal of Psychiatric Nursing and Mental Health*, 35(3), 82-106.
- Panpayak, S., Nintachan, P., Sangon, S., & Napa, W. (2021). Relationships of Demographic Factors, Stress, Resilience and Social Support to Mental Health in Thai Traffic Police Officers. *The Journal of Psychiatric Nursing and Mental Health*, 35(2), 15-34.
- Kiangpha, W., Nintachan, P., Sangon, S., & Napa, W. (2020). Selected factors related to psychological distress in family caregivers of persons with schizophrenia. *The Journal of Psychiatric Nursing and Mental Health*, 34(3), 77-101.
- Napa, W., Tungpunkom, P., & Pothimas, N. (2017). Effectiveness of family interventions on psychological distress and expressed emotion in family members of individuals diagnosed with first-episode psychosis: a systematic review. *Joanna Briggs Institute Database Systemic Reviews and Implementation Reports*, 15(4), 1057-1079. doi: 10.11124/JBISRIR-2017-003361.
- Kejkornkaew, S., Boonrin, P., & Napa, W. (2018). Motivation Process for Becoming Professional Nurse in Nursing Students: A Grounded Theory. *Ramathibodi Nursing Journal*, 24(3), 249-263.
- Napa, W., Tungpunkom, P., Sethabouppha, H., Klunklin, A., & Fernandez, R. (2017). A Grounded Theory Study of Thai Family Caregiving Process for Relatives with First Episode Psychosis. *Pacific Rim International Journal of Nursing Research*, 21(2), 158-170.

### International Publications

- Attasara, P., Thaweekoon, T., & Napa, W. (2025). Perceived stress, loneliness, and resilience in relation to game addiction among adolescents in Bangkok during the COVID-19 pandemic transition period. *Journal of Child and Adolescent Psychiatric Nursing*, 38(4), e70044.  
<https://doi.org/10.1111/jcap.70044>
- Chutiyami, M., Cutler, N., Sangon, S., Thaweekoon, T., Nintachan, P., Napa, W., Kraithaworn, P., &



- River, J. (2025). Community-engaged mental health and wellbeing initiatives in under-resourced settings: A scoping review of primary studies. *Journal of Primary Care & Community Health*, 16, 1–22. <https://doi.org/10.1177/21501319251332723>
- Rujilekpanya, C., Napa, W., & Thaweekoon, T. (2025). Caregivers' experiences taking care of children and teenagers with autism spectrum disorders during the COVID-19 pandemic in Thailand: A qualitative approach. *Journal of Child and Adolescent Psychiatric Nursing*, 38(4), e70036. <https://doi.org/10.1111/jcap.70036>
  - Granger, J., Napa, W., Buadong, D., & Punyoo, J. (2024). Social processes influencing nursing students in passing the nursing licensure examination: A grounded theory approach. *Nursing Open*, 11(4), 1-8. <https://doi.org/10.1002/nop2.2148>
  - Napa, W., Neelapaichit, N., Kongsakon, R., Chotivitayataragorn, S., & Udomsubpayakul, U. (2023). Impacts of COVID-19 on family violence in Thailand: prevalence and influencing factors. *BMC Women's Health*, 1-9. DOI: <https://doi.org/10.1186/s12905-023-02440-x>.
  - Yagi, S. R., Napa, W., Awirutworakul, T., Ittasakul, P., Yagi, N. & Hartelius, G. (2023). Effects of a brief interpersonal mindfulness program embedded in a psychiatric nursing practicum: A controlled pilot study. *Journal of Professional Nursing*, 47, 46-55. DOI: <https://doi.org/10.1016/j.profnurs.2023.04.005>.
  - Napa, W., Granger, J., Kejkornkaew, S., & Phuagsachart, P. (2020). Family happiness among people in a Southeast Asian city: Grounded theory study. *Nursing & Health Sciences*, 22(2), 292-299. doi: 10.1111/nhs.12688.
  - Grange, J., Napa, W., Singhasai, L., & Chantarachot, J. (2019). A Social Process of School-Aged Children Becoming Overweight. *Pacific Rim International Journal of Nursing Research*, 23(4), 384-397.
  - Napa, W., Tungpunkom, P., & Pothimas, N. (2017). Effectiveness of family interventions on psychological distress and expressed emotion in family members of individuals diagnosed with first-episode psychosis: a systematic review. *Joanna Briggs Institute Database Systemic Reviews and Implementation Reports*, 15(4), 1057-1079. doi: 10.11124/JBISRIR-2017-003361.