



Associate Professor Dr. Sangthong Terathongkum

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Place of Work : Division of Community Health Nursing

Ramathibodi School of Nursing

Faculty of Medicine Ramathibodi Hospital

Mahidol University

Education

Bachelor Degree

Nursing and Midwifery, Bachelor of Science
Mahidol University

Master Degree

Human Reproduction and Population Planning , Master of Science
Mahidol University

Doctoral Degree

Nursing, Doctor Of Philosophy
Virginia Commonwealth University

Bachelor Degree

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Sukhothai Thammathirat Open University

Research of Interest

1. Lifestyle Modification in Patient/ risk group in HT & DM
2. Alternative medicine & Complementary Nursing
- 3.Nursing Law

Research Publication / Journal Articles

National Publications

- Chosivasakul, K., & Terathongkum, S. (2023). Holistic Palliative Care for End-Stage Renal Disease Patients Undergoing Non-Dialysis Treatment: A Case Study. *Journal of Thailand Nursing and Midwifery Council*, 35(4), 5-17.
- Wongson, P., Soontornlimsiri, B., Terathongkum, S., & Bartlett, M.J. (2020). Factors associated with pain of miscarriage women with curettage. *Thai Journal of Nursing and Midwifery Practice*, 7(1), 91-103.
- Nonpanya, U., Terathongkum, S., & Lininger, J. (2020). Effects of Self-Efficacy Enhancement of Foot Care Program on Foot Care Behavior and Insensate Foot among Persons with Type 2 Diabetes. *Thai Journal of Nursing and Midwifery Practice*, 7(2), 76-91.
- Chiaprasert, S., Sakunhongsophon, S., & Terathongkum, S. (2019). Effects of Pressure Sore Prevention Program on Knowledge and Self-Efficacy of Family Caregivers in Decreasing Pressure Sore Risk of Persons with Cerebrovascular Disease. *The Bangkok Medical Journal*, 15(1), 51-56. doi: 10.31524/bkkmedj.2019.02.009.
- Terathongkum, S., & Phonyiam, R. (2019). Effects of Modified Arm Swing Exercise Program on Capillary Plasma Glucose and Body Composition in People with Uncontrolled Type 2 Diabetes. *The Bangkok Medical Journal*, 15(2), 193-197. doi: 10.31524/bkkmedj.2019.09.012.
- Panyatanakun, N., Terathongkum, S., & Sakulhongsophon, S. (2019). Factors Associated with Caregiving Behavior of Family Caregivers of Children with Cerebral Palsy in Bangkok. *Thai Journal of Nursing and Midwifery Practice*, 6(1), 5-18.
- Suanpan, N., Terathongkum, S., & Sakunhongsophon, S. (2017). Factors Predicting Stress on Family Caregivers of Stroke Survivors in Selected Community. *Boromarajonani College of Nursing, Uttaradit Journal*, 11(2), 133-148.
- Ponjuntow, A., Sakunhongsophon, S., & Terathongkum, S. (2019). Effects of Rehabilitation Program of Joints on Knowledge and Practice of Family Caregivers and Range of Motion of Stroke Patients. *Thai Journal of Nursing and Midwifery Practice*, 6(1), 52-67.
- Phonyiam, R., Terathongkum, S., & Lininger, J. (2018). Effects of Arm Swing Exercise Program on Blood Sugar Level, Nutritional status and Perceived Self-Efficacy for Exercise in Persons with Uncontrolled Type 2 Diabetes Mellitus. *The Bangkok Medical Journal*, 14(2), 34-39.
- Wanna, J., Terathongkum, S., & Thipsuwannakool, V. (2018). Effects of Arm Swing Exercise Program on HbA1c and Nutritional Status in Adults with Type 2 Diabetes in Community. *The Bangkok Medical Journal*, 14(1), 23-28.

- Thongsai, P., Terathongkum, S., Piaseu, N., & Kittipimpanon, K. (2018). Relationships among Knowledge, Attitude and Care Practice of Health Care Volunteers for Persons with Pre-diabetes. *Journal of Phrapokklao Nursing College*, 29(1), 148-158.
- Terathongkum, S., Kraithaworn, P., Poolsukkho, P., & Poolsawat, S. (2018). Effects of Health Behavior Change Program with Arm Swing Exercise on Body Mass Index and Capillary Blood Sugar in Pre-diabetes Group. *Thai Journal of Nursing and Midwifery Practice*, 5(1), 19-31.
- Wangpitipanit, S., Terathongkum, S., & Pakpayak, M. (2017). Effects of a RANS 30 Exercise Program on Diabetic Preventive Behavior, Body Mass Index, and Capillary Blood Glucose in Persons with Pre-diabetes. *Ramathibodi Nursing Journal*, 23(3), 358-370.
- Khomsom, S., Terathongkum, S., & Kittipimpanon, K. (2017). Effects of Arm Swing Exercise Program on HbA1c 46 and Nutritional Status in Community Dwelling Older Adults with Type 2 Diabetes. *Thai Journal of Nursing and Midwifery Practice*, 4(2), 46-60.

International Publications

- Fajarina, M., Terathongkum, S., & Lininger, J. (2024). Factors influencing late antenatal care of Muslim pregnant women: A predictive correlational study in Aceh, Indonesia. *Belitung Nursing Journal*, 10(3), 360-367. <https://doi.org/10.33546/bnj.3339>
- Inthaphalan, P., Lininger, J., & Terathongkum, S. (2024). The effectiveness of a health literacy enhancement program on knowledge, self-management behaviors, and clinical outcomes in people with chronic kidney disease: A quasi-experimental study in Thailand. *Belitung Nursing Journal*, 10(6), 635-643. <https://doi.org/10.33546/bnj.3519>
- Terathongkum, S., & Kittipimpanon, K. (2023). Effects of Arm Swing Exercise Program on HbA1C and Nutritional Status in Adults and Older Adults with Type 2 Diabetes: A Quasi-Experimental Study. *Natural and Life Sciences Communications*, 22(3), 1-14. DOI: <https://doi.org/10.12982/NLSC.2023.048>.
- Terathongkum, S., Phonyiam, R., & Koonmee, P. (2021). Effects of Traditional and Modified Arm Swing Exercise Programs on Blood Glucose and Nutritional Status among People with Type 2 Diabetes: A Secondary Data Analysis. *Pacific Rim International Journal of Nursing Research*, 25(3), 452-465.
- Terathongkum, S., Panyatanakun, N., & Vallibhakara, S.A. (2020). Factors Associated with Well-Being of Family Caregivers of Children with Cerebral Palsy in Bangkok. *Journal of the Medical Association of Thailand*, 103(11), 1214-1219. doi: 10.35755/jmedassocthai.2020.11.12256.
- Honey, O.O., Sakunhongsophon, S., & Terathongkum, S. (2019). Factors Related to Health Behaviors in Persons with Hypertension, Myanmar. *Makara Journal of Health Research*, 22(3), 107-114. doi: 10.7454/msk.v22i3.10018.
- Terathongkum, S., Wangpitipanit, S., Kraithaworn, P., & Vallibhakara, S. A. (2018). A community-based lifestyle modification for prevention diabetes in pre-diabetes: A quasi-experimental study. *Journal of*



the medical association of Thailand, 101(3), 297-304.

- Seetee, S., Terathongkum, S., Maneesriwongul, W., & Vallipakorn, S. A. (2016). Effect of Pulmonary Rehabilitation Program with Meditation on Perceived Self-Efficacy, Pulmonary Rehabilitation Behavior, Exercise Tolerance, and Dyspnea in Patients with Chronic Obstructive Pulmonary Disease. Journal of the Medical Association of Thailand, 99(7), 828-838.