

# Contents

**Preface** .....vii  
**Contributors** ..... ix

**PART I Impact of the Disease  
to the Individual  
and Family** **1**

**Chapter 1 Chronicity**..... **3**  
Introduction.....3  
Impact of Chronic Illness.....5  
Interventions.....10  
Summary.....16

**Chapter 2 The Illness Experience** ..... **19**  
Introduction.....19  
Impact of Chronic Illness on the  
Patient and Family .....20  
Interventions.....29  
Outcomes.....33

**Chapter 3 Psychosocial  
Adjustment** ..... **39**  
Introduction.....39  
Impact.....41  
Interventions.....44  
Outcomes.....51

**Chapter 4 Social Isolation** ..... **57**  
Introduction.....57  
Interventions.....69  
Future Trajectory.....74

**Chapter 5 Spirituality**..... **81**  
Introduction.....81  
Issues.....89  
Spiritual Assessment.....90  
Spirituality Measures and Tools.....92  
Nursing Spiritual Interventions.....93  
Nursing Education in Spiritual Care .....95  
Spirituality and Research.....96  
Outcomes.....99

**Chapter 6 Uncertainty** ..... **107**  
Introduction..... 107  
Impact ..... 110  
Interventions for Managing Uncertainty ..... 117  
Outcomes..... 124

**Chapter 7 Quality of Life** ..... **129**  
Introduction..... 129  
Interventions..... 141  
Outcomes..... 153

**Chapter 8 Adherence** ..... **159**  
Introduction..... 159  
Adherence and Chronic Illness..... 160  
Interventions to Enhance Adherence  
Behavior..... 176  
Outcomes..... 182  
Acknowledgment ..... 183

**Chapter 9 Family Caregiving** ..... **191**  
Introduction..... 191  
Problems and Issues..... 198

Interventions .....	207
Outcomes .....	217

### **Chapter 10 Intimacy.....227**

Introduction .....	227
Issues in Intimacy and Chronic Illness .....	229
Interventions .....	234
Outcomes .....	238

### **Chapter 11 Powerlessness.....243**

Introduction .....	243
Problems and Issues Associated with Powerlessness .....	249
Interventions .....	256
Outcomes .....	263

### **Chapter 12 Loss.....271**

Introduction .....	271
Issues .....	273
Responses to Loss: Patients, Families, and Healthcare Professionals .....	279
Outcomes .....	282

### **Chapter 13 Culture and Diversity .....287**

Introduction .....	287
Impact .....	294
Interventions .....	298
Outcomes .....	306

### **Chapter 14 Self-Management.....311**

Introduction .....	311
The Meaning of Self-Management .....	317
Nursing Interventions .....	320
Outcomes .....	324
Summary .....	326
Acknowledgment .....	328

## **PART II Impact of the System 333**

### **Chapter 15 Client and Family Education.....335**

Introduction .....	335
Influences on Teaching and Learning .....	343
Educational Interventions for the Client and Family .....	353
Outcomes .....	357

### **Chapter 16 Health Promotion.....365**

Introduction .....	365
Issues and Impact .....	368
Interventions .....	379
Outcomes .....	384

### **Chapter 17 The Advanced Practice Registered Nurse in Chronic Illness Care.....391**

Introduction .....	391
Primary Care .....	392
Summary .....	406
Contributions of APRNs in Chronic Illness Care .....	406
Improving APRN Delivered Primary Care for Patients with Chronic Illnesses .....	410
Conclusions .....	412

### **Chapter 18 Complementary and Integrative Health .....423**

Introduction .....	423
Impact .....	426
Issues .....	432
Interventions .....	435
Outcomes .....	437

**Chapter 19 Models of Care .....443**

Introduction..... 443  
Impact ..... 444  
Interventions ..... 445  
Outcomes..... 462

**Chapter 20 Home Health Care .....469**

Introduction..... 469  
Interventions for Home Care..... 476  
Outcomes and Quality Management ..... 483

**Chapter 21 Long-Term Care .....491**

Introduction..... 491  
Problems and Issues in LTC..... 498  
Interventions ..... 508  
Outcomes ..... 516

**Chapter 22 Palliative Care .....525**

Introduction..... 525  
Issues and Barriers to Palliative Care ..... 530

Interventions ..... 532  
Outcomes..... 539  
Acknowledgment ..... 541

**Chapter 23 Health Policy .....547**

Introduction..... 547  
Key Issues ..... 548  
Interventions: Engaging in Health  
Policy Discussions..... 555  
Outcomes..... 558

**Chapter 24 Rehabilitation .....561**

Introduction..... 561  
Rehabilitation Issues and Challenges..... 574  
Interventions ..... 578  
Outcome Measurement and Performance  
Improvement..... 588

**Index ..... 595**