Contents

	face	
1	Principles of abdominal examination:	
1	during pregnancy and labour	1
2	Principles of abdominal examination: during the postnatal period	20
3	Assessment of maternal and neonatal vital signs: temperature measurement	25
4	Assessment of maternal and neonatal vital signs: pulse measurement	39
5	Assessment of maternal and neonatal vital signs: blood pressure measurement	46
6	Assessment of maternal and neonatal vital signs: respiration	61
7	Assessment of maternal and neonatal vital signs: neurological assessment	70
8	Principles of infection control: standard precautions	75
9	Principles of infection control: hand hygiene	81
10	Principles of infection control: principles of asepsis	88
11	Principles of infection control: obtaining swabs	93
12	Principles of hygiene needs:	98
13	Principles of hygiene needs: for the baby .	103
14	Principles of elimination management: micturition and catheterization	116
15	Principles of elimination management: urinalysis	127

16	Principles of elimination management: defaecation
17	Principles of elimination management: obtaining urinary and stool specimens
18	Principles of drug administration: legal aspects, pharmacokinetics and anaphylaxis 143
19	Principles of drug administration: oral administration
20	Principles of drug administration: injection technique
21	Principles of drug administration: administration of medicines <i>per vaginam</i> 167
22	Principles of drug administration: administration of medicines per rectum 171
23	Principles of drug administration: intravenous drug administration
24	Principles of drug administration: inhalational analgesia: Entonox
25	Principles of drug administration: epidural analgesia
26	Principles of drug administration: transcutaneous electrical nerve stimulation 200
27	Facilitation of skills related to childbearing: optimal fetal positioning
28	Facilitation of skills related to childbearing: Cusco speculum use
29	Facilitation of skills related to childbearing: membrane sweep
30	Principles of intrapartum skills: first-stage issues
31	Principles of intrapartum skills: second-stage issues

Contents

32	Principles of intrapartum skills: third-stage issues
33	Principles of intrapartum skills: examination of the placenta
34	Principles of intrapartum skills: perineal repair
35	Principles of intrapartum skills: management of birth at home
36	Principles of intrapartum skills: management of labour and birth in water 286
37	Assessment of the baby: assessment at birth 292
38	Assessment of the baby: daily examination 301
39	Assessment of the baby: capillary sampling 307
40	Assessment of the baby: developmental dysplasia of the hips
41	Principles of infant nutrition: breastfeeding 321
42	Principles of infant nutrition: cup feeding 328
43	Principles of infant nutrition: decontamination of feeding equipment331
44	Principles of infant nutrition: formula feeding
45	Principles of infant nutrition: nasogastric feeding

46	Principles of phlebotomy and intravenous therapy: maternal venepuncture	346
47	Principles of phlebotomy and intravenous therapy: intravenous cannulation	351
48	Principles of phlebotomy and intravenous therapy: intravenous infusion	358
49	Principles of phlebotomy and intravenous infusion: blood transfusion	367
50	Principles of manual handling	373
51	Principles of perioperative skills	382
52	Principles of wound management: healing and care	390
53	Principles of restricted mobility management: pressure area care	400
54	Principles of restricted mobility management: prevention of venous thromboembolism	408
55	Principles of cardiopulmonary resuscitation: maternal resuscitation	417
56	Principles of cardiopulmonary resuscitation: neonatal resuscitation	429
	ssaryex	