

# CONTENTS

## UNIT ONE Basic Concepts and Principles in Pharmacology, 1

- 1 Introduction to Respiratory Care Pharmacology, 2**  
*Douglas S. Gardenhire*  
Pharmacology and the Study of Drugs, 3  
Naming Drugs, 3  
Sources of Drug Information, 5  
Sources of Drugs, 5  
Process for Drug Approval in the United States, 5  
The Prescription, 7  
Respiratory Care Pharmacology: An Overview, 9
- 2 Principles of Drug Action, 11**  
*Douglas S. Gardenhire*  
Drug Administration Phase, 12  
Pharmacokinetic Phase, 14  
Pharmacodynamic Phase, 23  
Pharmacogenetics, 29
- 3 Administration of Aerosolized Agents, 31**  
*Douglas S. Gardenhire*  
Physical Principles of Inhaled Aerosol Drugs, 32  
Aerosol Generators for Drug Delivery, 36  
Selecting an Aerosol Device, 56  
Clinical Application of Aerosol Delivery Devices, 58
- 4 Calculating Drug Doses, 66**  
*Douglas S. Gardenhire*  
Systems of Measure, 66  
Calculating Doses From Prepared-Strength Solutions, 68  
Calculating Doses From Percentage-Strength Solutions, 70
- 5 Central and Peripheral Nervous Systems, 77**  
*Douglas S. Gardenhire*  
Nervous System, 78  
Autonomic Branches, 78  
Parasympathetic Branch, 81  
Cholinergic Agents, 83  
Anticholinergic Agents, 84  
Sympathetic Branch, 85  
Sympathomimetic (Adrenergic) and Sympatholytic (Antiadrenergic) Agents, 89  
Neural Control of Lung Function, 89

## UNIT TWO Drugs Used to Treat the Respiratory System, 96

- 6 Adrenergic (Sympathomimetic) Bronchodilators, 97**  
*Douglas S. Gardenhire*  
Clinical Indications for Adrenergic Bronchodilators, 98  
Specific Adrenergic Agents and Formulations, 98  
Mechanism of Action, 108  
Routes of Administration, 111  
Adverse Side Effects, 113  
Compatibility of Other Agents With Bronchodilators, 117  
 $\beta$ -Agonist Controversy, 117  
Respiratory Care Assessment of  $\beta$ -Agonist Therapy, 118
- 7 Anticholinergic (Parasympatholytic) Bronchodilators, 122**  
*Douglas S. Gardenhire*  
Clinical Indications for Use, 123  
Specific Anticholinergic (Parasympatholytic) Agents, 123  
Clinical Pharmacology, 125  
Mode of Action, 128  
Adverse Effects, 131  
Clinical Application, 132  
Respiratory Care Assessment of Anticholinergic Bronchodilator Therapy, 134
- 8 Xanthines, 138**  
*Douglas S. Gardenhire*  
Clinical Indications for the Use of Xanthines, 139  
Specific Xanthine Agents, 139  
General Pharmacologic Properties, 140  
Titrating Theophylline Doses, 142  
Respiratory Care Assessment of Xanthines, 146
- 9 Mucus-Controlling Drug Therapy, 148**  
*Bruce K. Rubin, Markus Henke*  
Drug Control of Mucus: A Perspective, 149  
Physiology of the Mucociliary System, 150  
Nature of Mucus Secretion, 153  
Physical Properties of Mucus, 156  
Mucoactive Agents, 157  
Mucolytics and Expectorants, 158  
Mucokinetic Agents, 161  
Mucoregulatory Medications, 161  
Other Mucoactive Agents, 162



Gene Therapy, 163  
 Using Mucoactive Therapy With Physiotherapy and  
 Airway Clearance Devices, 163  
 Future Mucus-Controlling Agents, 165  
 Respiratory Care Assessment of Mucoactive Drug  
 Therapy, 165

## 10 Surfactant Agents, 172

*Douglas S. Gardenhire*

Physical Principles, 173  
 Clinical Indications for Exogenous Surfactants, 173  
 Identification of Surfactant Preparations, 174  
 Specific Exogenous Surfactant Preparations, 177  
 Mode of Action, 179  
 Clinical Outcome, 180  
 Hazards and Complications of Surfactant  
 Therapy, 180  
 Future Directions in Surfactant Therapy, 180  
 Respiratory Care Assessment of Surfactant  
 Therapy, 181

## 11 Corticosteroids in Respiratory Care, 183

*Douglas S. Gardenhire*

Clinical Indications for Use of Inhaled  
 Corticosteroids, 184  
 Identification of Aerosolized Corticosteroids, 184  
 Physiology of Corticosteroids, 184  
 Nature of Inflammatory Response, 188  
 Aerosolized Corticosteroids, 190  
 Pharmacology of Corticosteroids, 193  
 Hazards and Side Effects of Steroids, 195  
 Clinical Application of Aerosol Steroids, 197  
 Respiratory Care Assessment of Inhaled  
 Corticosteroid Therapy, 199

## 12 Nonsteroidal Antiasthma Agents, 202

*Douglas S. Gardenhire*

Clinical Indications for Nonsteroidal Antiasthma  
 Agents, 203  
 Identification of Nonsteroidal Antiasthma  
 Agents, 203  
 Mechanisms of Inflammation in Asthma, 203  
 Cromolyn-Like (Mast Cell-Stabilizing)  
 Agents, 206  
 Antileukotriene Agents, 209  
 Respiratory Care Assessment of Nonsteroidal  
 Antiasthma Agents, 216

## 13 Aerosolized Antiinfective Agents, 219

*Douglas S. Gardenhire*

Clinical Indications for Aerosolized Antiinfective  
 Agents, 220  
 Identification of Aerosolized Antiinfective  
 Agents, 220  
 Respiratory Care Assessment of Aerosolized  
 Antiinfective Agents, 233

## 14 Antimicrobial Agents, 238

*Christopher A. Schriever, Susan L. Pendland*

Principles of Antimicrobial Therapy, 239  
 Antibiotics, 244  
 Antimycobacterials, 255  
 Antifungals, 257  
 Antiviral Agents, 260  
 Respiratory Care Assessment of Antibiotic  
 Therapy, 262

## 15 Cold and Cough Agents, 265

*Douglas S. Gardenhire*

Sympathomimetic (Adrenergic) Decongestants, 266  
 Antihistamine Agents, 267  
 Expectorants, 269  
 Cough Suppressants (Antitussives), 271  
 Cold Compounds, 271  
 Respiratory Care Assessment of Cold and Cough  
 Agents, 272

## 16 Selected Agents of Pulmonary Value, 274

*Douglas S. Gardenhire, Lynda T. Goodfellow*

$\alpha_1$ -Proteinase Inhibitor (Human), 275  
 Respiratory Care Assessment of Therapy of  
 $\alpha_1$ -Proteinase Inhibitor (Human), 276  
 Smoking Cessation Drug Therapy, 277  
 Respiratory Care Assessment of Smoking Cessation  
 Drug Therapy, 280  
 Nitric Oxide, 280  
 Respiratory Care Assessment of Nitric  
 Oxide, 283  
 Synthetic Analogs of Prostacyclin, 283  
 Respiratory Care Assessment of Synthetic Analogs  
 of Prostacyclin, 284  
 Insulin Human (rDNA Origin), 284  
 Respiratory Care Assessment of Inhaled  
 Insulin, 284

## 17 Neonatal and Pediatric Aerosolized Drug Therapy, 287

*Diana Marcela Serrato, Ruben D. Restrepo*

Off-Label Use of Drugs in Neonatal and Pediatric  
 Patients, 288  
 Factors Affecting Neonatal and Pediatric Aerosol  
 Drug Delivery, 289  
 Nebulized Drug Distribution, 292  
 Clinical Response to Aerosolized Drugs in Neonatal  
 and Pediatric Patients, 294  
 Selection of Delivery Devices, 294  
 Use of Selective Agents in Neonatal and Pediatric  
 Patients, 296  
 Compliance and Cooperation During Aerosol  
 Therapy, 297  
 Aerosol Administration in Intubated Neonatal and  
 Pediatric Patients, 299  
 Summary, 299

### UNIT THREE Critical Care, Cardiovascular, and Polysomnography Agents, 304

#### 18 Skeletal Muscle Relaxants (Neuromuscular Blocking Agents), 305

*Douglas S. Gardenhire*

Uses of Neuromuscular Blocking Agents, 306

Physiology of the Neuromuscular Junction, 306

Nondepolarizing Agents, 308

Depolarizing Agents, 310

Neuromuscular Blocking Agents and Mechanical Ventilation, 312

Monitoring of Neuromuscular Blockade, 315

Future of Neuromuscular Blocking Agents and Reversal, 316

#### 19 Diuretic Agents, 318

*Ruben D. Restrepo*

Renal Structure and Function, 319

Diuretic Groups, 320

Diuretic Combinations, 325

Drug Interactions, 325

Adverse Effects, 325

Special Situations, 326

#### 20 Drugs Affecting the Central Nervous System, 330

*Douglas S. Gardenhire*

Neurotransmitters, 332

Psychiatric Medications, 333

Ethyl Alcohol, 336

Pain Treatment, 337

Chronic Pain Syndromes, 341

Anesthesia, 342

Central Nervous System and Respiratory Stimulants, 344

#### 21 Vasopressors, Inotropes, and Antiarrhythmic Agents, 347

*Henry Cohen*

Overview of Cardiovascular System, 348

Agents Used in the Management of Shock, 352

Electrophysiology of Myocardium, 354

Pharmacology of Antiarrhythmics, 356

Management and Pharmacotherapy of Advanced Cardiac Life Support, 365

Alternative Routes of Medication

Administration, 368

#### 22 Drugs Affecting Circulation: Antihypertensives, Antianginals, Antithrombotics, 370

*Henry Cohen*

Hypertension, 371

Hypertension Pharmacotherapy, 374

Angina, 385

Antithrombotic Agents, 388

#### 23 Sleep and Sleep Pharmacology, 408

*Ahmed S. BaHammam, David N. Neubauer, Seithikurippu R. Pandi-Perumal*

History of Treatment of Sleep Disorders, 409

Progression of Sleep, 410

Neurophysiologic Mechanisms, 414

Sleep Disorders: Causes and Treatments, 419

### Appendixes

**A** Answers to Self-Assessment Questions and Clinical Scenarios, 427

**B** Units and Systems of Measurement, 450

**C** Acceptable Mixtures of Most Commonly Prescribed Respiratory Care Drugs, 454

**Glossary of Selected Terms, 455**

**Drug Index, 463**

**Index, 479**

**Abbreviations, Inside back cover**