

Contents

Notes on Contributors	ix
Acknowledgements	xi
About the Companion Website	xii
Introduction	xiii
<i>Dilyse Nuttall and Jane Rutt-Howard</i>	
1 Prescribing in Context	1
<i>Dilyse Nuttall</i>	
The prescribing journey	1
Defining non-medical prescribing	2
The non-medical prescribing vision	3
Changes in clinical practice	6
The economic context	7
The private sector	8
The public health context	9
Need and expectations	10
Differentiating between prescribers	11
Nurse non-medical prescribers	19
Pharmacist non-medical prescribers	23
Allied health professional non-medical prescribers	24
Access to education programmes	27
Summary of the context of prescribing	29
References	31
2 Professional, Legal and Ethical Issues in Prescribing Practice	35
<i>Ruth Broadhead</i>	
Part 1: Professional issues	36
The regulatory framework for prescribing	36
Part 2: Legal issues	47
The UK legal system	47
Part 3: Ethical issues	77
Conclusion	82
Table of cases	84

References	84
Acts and statutory instruments	88
3 Factors Influencing Prescribing	89
<i>Val Lawrenson</i>	
The prescriber	89
The patient	96
The product	102
References	110
4 Effective Consultations and ‘the Consultation Umbrella’	113
<i>Jane Rutt-Howard</i>	
Presenting the consultation umbrella	114
The value of therapeutic communication	115
Consultation models in context	124
The consultation umbrella – a consultation model	126
CDM	138
Conclusion	144
References	145
5 Essential Pharmacology: Therapeutics and Medicines Management for Non-medical Prescribers	148
<i>Jane Alder, Alison Astles, Anne Bentley, Janice Davies, David Kelly and Samir Vohra</i>	
Pharmacology as part of prescribing practice	149
Brief introduction to pharmacological terms	150
Guide through processes to build and develop one’s own formulary, with examples	160
BNF: Practise using this essential resource	165
Prescribing in co-morbidity	165
Management and avoidance of drug interactions	167
Management and avoidance of adverse medicine reactions	169
Drugs with a narrow therapeutic index or range	174
Medicines management	177
Medicines optimisation	178
Other resources to support your learning	179
References	180
6 The Multidisciplinary Prescribing Team	183
<i>Dawn Eccleston</i>	
Defining ‘the multidisciplinary prescribing team’	183
The benefits to prescribing	185
Understanding roles	188
Non-medical prescribing lead	194

The multidisciplinary non-medical prescribing team	194
Commissioning and the MDPT	197
Education and learning	200
Conclusion	200
References	203
7 Clinical Skills	205
<i>Jane Rutt-Howard</i>	
Vital signs	206
Conscious level	206
Respiratory rate	207
Temperature	210
Pulse rate	211
Blood pressure	213
Additional vital signs	214
Clinical examination	216
Examination of body systems	218
Numeracy skills	232
Medication review	235
Conclusion	237
References	239
8 Prescribing for Specific Groups	241
<i>Janice Davies and Dilyse Nuttall</i>	
Prescribing in liver disease	241
Prescribing in renal disease	247
Prescribing in pregnancy	251
Prescribing for older people	257
Prescribing for children and young people	262
Other groups	268
References	272
9 Enhancing Non-medical Prescribing	277
<i>Jean Taylor and Anne Lewis</i>	
Current practice in prescribing	277
UK history of prescribing	278
Non-medical prescribing in other countries	280
The impact of prescribing	281
Issues emerging from the introduction of non-medical prescribing	284
Medicines management	298
Conclusion	298
References	300

Patient Case Studies	305
Case study 1: Harold	305
Case study 2: Barbara	306
Case study 3: Meihui	306
Case study 4: Julie	307
Case study 5: Annette	307
Case study 6: Yasmin	307
Case study 7: Amy	308
Case study 8: Louis	308
Case study 9: Viktor (with clinical management plan)	308
Health Professional Case Studies	310
Case study A: Debbie	310
Case study B: Mark	311
Case study C: Sabina	311
Case study D: Farhad	312
Case study E: David	312
Case study F: Andrew	313
Case study G: Andrea	313
Case study H: Lisa	313
Case study I: Christine	314
Case study J: Simon and Janice	314
Index	315