

Contents

1	Aging and Non-communicable Disease	1
1.1	Critical to Healthcare Spending	1
1.2	Grasped by Two Parameters	2
1.3	That Clarify Some Scenarios	5
1.4	And the Potential Choices for Policy	9
1.5	But It Takes a While to See How	13
	References	20
2	The Epidemiologic Transition	25
2.1	Seen as Regimes	25
2.2	And in Data Over at Least Two Centuries	27
2.3	That Show the Main Features of the Regimes	28
2.4	As well as of the Paradox of Aging	39
	References	44
3	The Profiles of Aging	47
3.1	Across Generations	47
3.2	Expose Key Features of Aging	49
3.3	And Clarify the Debate About Its Prospects	57
3.4	As Do the Sub-categories of Non-communicable Diseases	60
3.5	So, Too, the Childhood Growth the Profiles Had Trailed	64
	References	70
4	Resolving the Paradox of Aging	73
4.1	Requires Linking Cohort-Profiles to the Aggregate	73
4.2	And Simulating the Aggregate's Path	77
4.3	Which Exposes the Source of the Paradox	83
4.4	And the Shortfalls of Period-Profiles	83
4.5	Shedding More Light on the Outlooks of Aging	88
	References	90

5	Most Infectious Diseases Diminished with Age	91
	References	96
6	The Macro Backdrop for Children	99
6.1	Was of Economic Growth	99
6.2	Together with Severe Fiscal Constraints	101
6.3	And of Vast Economic Inequality	103
6.4	Together with Large Physiological Gaps	105
6.5	And of Embedded Political Inequality	109
6.6	Its Reform Reveals a Natural Experiment	114
	References	116
7	In the Natural Experiment	121
7.1	The Selection Bias Likely Dissipates	121
7.2	And the Reforms May Have Boosted Aging Potentials	125
7.3	Though the Internal Validity of the Results Is Poor	130
	References	130
8	The Signals from the Childhood Years	131
8.1	When Initial States, Too, May Tilt the Slope	131
8.2	As Could Proxies for the Childhood Years	133
8.3	Alongside Macro Variables	135
8.4	Average Stature Had a Long Reach	136
8.5	As Did Infectious Disease in Childhood	141
8.6	Pregnancy Complications Reached Long, Too	142
8.7	They Yield Similar, but Distinct, Long-Reaching Signals	144
	References	154
9	Aging in Healthcare Policy	157
9.1	A Red Herring?	157
9.2	No—And Not the Source of a Free Lunch Either	163
9.3	What Is the Role of ‘Income Elasticity’?	171
	References	179
10	The Transitions of Aging	183
10.1	Seen as Profiles of Illness and Deaths	183
10.2	That Shed Light on a Historical Debate	191
10.3	Norms and Technology Boost Spending	194
10.4	As Does Prevention, but Differently	200
10.5	Pure Compression Shrinks Spending	202
10.6	Intertemporal and Life-Course Channels Show the Way	203
10.7	Perhaps Even in the Ongoing Transition	209
	References	212
	Appendix	215
	References	222
	Index	223