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Section for Clinical Epidemiology and Biostatistics

# Systematic Review and Meta-analysis

## Tropical Medicine

### March, 18<sup>th</sup> 2019

Ammarin Thakkinstian, Ph.D.

Section for Clinical Epidemiology and Biostatistics

e-mail: [ammarin.tha@mahidol.ac.th](mailto:ammarin.tha@mahidol.ac.th)

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# Outline of talk

- **Review methodology**
  - Identifying studies
  - Selection of studies
  - Risk of bias assessment
  - Data extractions
  - Protocol registration





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# Outline of talk

- **Meta-analysis:**
  - Dichotomous outcome
  - Continuous outcome
  - Pooling prevalence/mean





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# What is a systematic review

- A review that has been conducted using a systematic approach in order to minimise biases and random error





# Why do we need a systematic review

- Tool for

- health care practitioners,
- researchers,
- policy makers,
- consumers

who want to keep up with the evidences that are accumulated in their area of interests





# Rationale

- More objective appraisal of the evidence than traditional narrative reviews

## Narrative review

- Subjective selection of studies
- Limitation of single or few studies
- Selection bias
- Unhelpful descriptions, e.g., no clear evidence
- A weak relationship, a strong relationship.

## Systematic review

- Objective selection
- Include identified studies as many as possible, less bias
- More transparent appraisal of evidence
- Allow reader to replicate
- Quantitative conclusion





# Rationale

- **Meta-analysis:**
  - Estimates treatment effects
  - Leading to reduces probability of false negative results (increase power of test)
  - Potentially to a more timely introduction of effective treatments.





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# Rationale

- **Exploratory analyses:**
  - Subgroups of patients who are likely to respond particularly well to a treatment (or the reverse)
- **Systematic review may demonstrate**
  - A lack of adequate evidence
  - A gap of knowledge
  - Thus, identify the area where further studies are needed





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# Terminology

- Systematic review
- Overview
- Meta-analysis
- Research synthesis
- Summarizing
- Pooling





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# Review proposal

- Introduction & background & rationale
- Research question/objective
- Review methods
  - Locating studies
  - Selecting studies
    - Inclusion/exclusion criteria
  - Data extraction forms and process
  - Risk of bias assessment
  - Statistical analysis plan
    - Dummy tables/figures
  - Time frame
  - Budget





# Rationale

- Why do we need to perform the review
- How were results of previous individual and review studies (if any)
  - Positive results
  - Negative results
- **Methodological issues**
  - Sample size/Power of test
  - Previous reviews
    - Narrative reviews?
      - Selective bias
      - Publication bias
      - Pooling effect sizes?





# Rationale

- Previous systematic review/s with meta-analysis
  - Methods
    - Selection bias?
    - Pooling appropriately?
    - Number of studies?
    - Number of relevant outcomes?
    - Number of treatments?
  - Number of publications since previous published?





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# **Management of Chronic Prostatitis/ Chronic Pelvic Pain Syndrome**

## A Systematic Review and Network Meta-analysis

Anothaisintawee T, Attia J, Nickel JC, Thammakraisorn S, Numthavaj P, McEvoy M,  
Thakkestian A. *JAMA* 2011; 305 (5): 78





# Magnitude of problem

- Prostatitis is a common condition, with an estimated prevalence in the community of about 9%,<sup>[1](#)</sup> and accounts for nearly 2 million ambulatory care encounters annually in the United States.<sup>[2](#)</sup>
- Symptoms of CP/CPPS can diminish quality of life and impair physical and psychological function.<sup>[5](#)</sup>





- The etiology of CP/CPPS is uncertain but may include inflammatory or noninflammatory etiologies.[6,7,8](#)
- An inciting agent may cause inflammation or neurological damage in or around the prostate and lead to pelvic floor neuromuscular and/or neuropathic pain.
- Predisposing factors for CP/CPPS may include heredity, infection, voiding abnormalities, hormone imbalance, intraprostatic reflux, immunological or allergic triggers, or psychological traits.





- A wide variety of therapies including  $\alpha$ -blockers, antibiotics, anti-inflammatory medications, and other agents (eg, finasteride, phytotherapy, and gabapentinoids) are routinely used.

## Rationale

- However, the efficacy of these treatments is controversial, [9](#),[10](#),[11](#),[12](#),[13](#),[14](#),[15](#) partly because many clinical trials testing these therapies have been small, with little statistical power to detect treatment effects
- To date, only 1 systematic review<sup>[6](#)</sup> and 1 meta-analysis<sup>[16](#)</sup> of  $\alpha$ -blockers vs placebo of which we are aware have been performed for treatment of CP/CPPS.





- We therefore performed a systematic review and network meta-analysis mapping all treatment regimens, with 2 aims.
  - To compare total symptom, pain, voiding, and quality-of-life scores at the end of therapy with  $\alpha$ -blockers (the most commonly evaluated therapy for CP/CPPS), other active drugs, or placebo.
  - To compare rates of responses to therapies available for treating CP/CPPS.





# Good research question

- Evidence-base Medicine (EBM)
  - Patient/Population
  - Intervention/Exposure
  - Comparator
  - Outcome
  - PICO





# Research question

## Treatments

- CP/CPPS
  - Is alpha-blocker is better in improving total symptom, pain, voiding, and quality of life than placebo, antibiotics, and other treatments in CP/CPPS patients?
  - Among active treatments, which treatment regimens are better in improving symptoms in CP/CPPS patients?

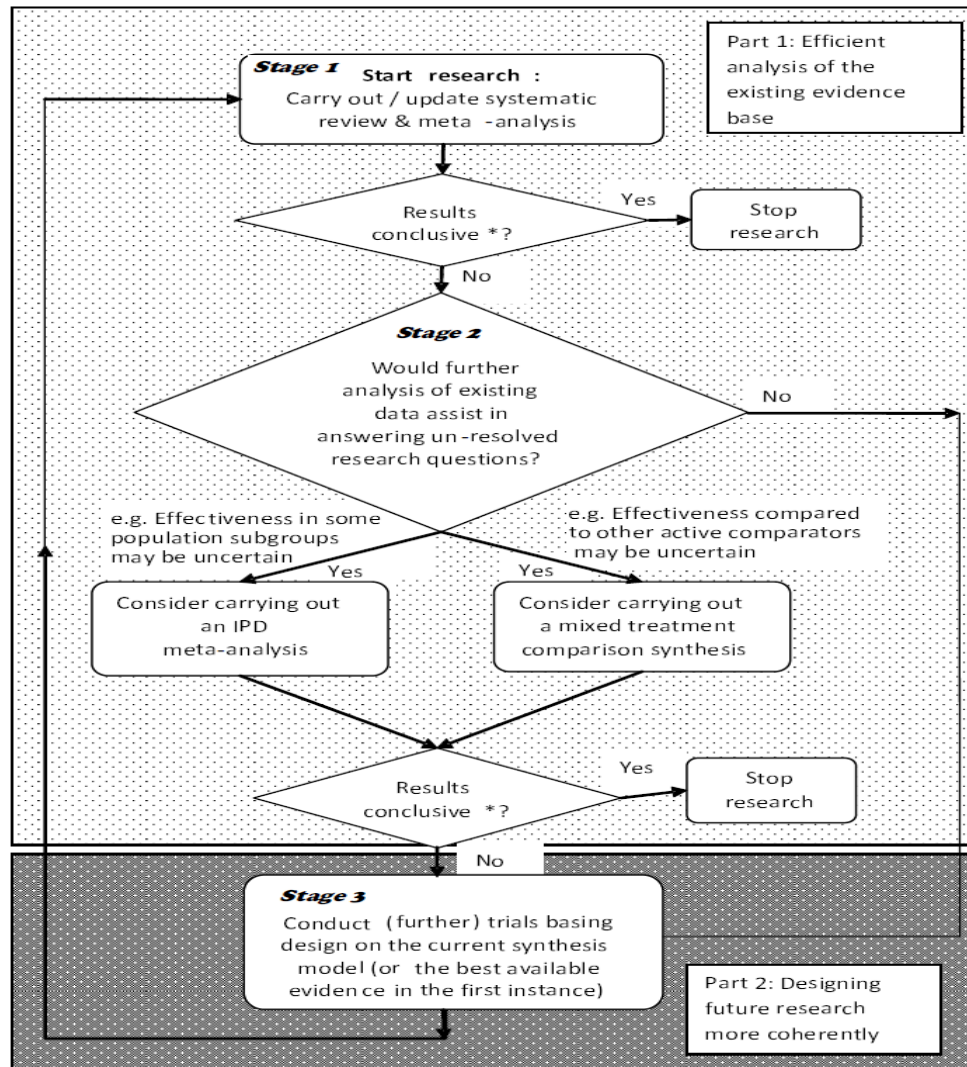




# Research question

- Diagnostic studies
  - How are performances of Berlin and Stop-Bang questionnaires comparing with the standard polysomnography in screening obstructive sleep apnea in pregnancy
- Observational studies
  - Does sleep duration associate with type two diabetes and its progression in general adults?
  - Is there association between VDR and BMD/osteoporosis in women?





Flow diagram of applying systematic review & meta-analysis for conducting further study

From BMC medical research methodology. 2009;9:29.





# Locate studies

## 1. Defines source of database

- **MEDLINE**

- 1949 to present
- Over 16 million references
- Completed references are added each day from Tuesday through Saturday
- Cover 5200 worldwide journals in 40 languages
- Uses medical subject heading (MeSH) for index
- Includes biomedicine and health science journals
  - English abstracts for 79% on references
  - 90% are English language articles
  - 47% of journals covered are published in the US
- PubMed available free of charge

From <http://www.nlm.nih.gov/pubs/factsheets/medline.html>





# Defines source of databases

## EMBASE

- Over 12 million records from 1974-present
- More than 600,000 records added annually
- Covers over 4,800 active peer-reviewed journals published in > 70 countries/ 30 languages
- uses EMTREE for indexing
- includes English abstracts for 80% of references
- daily update, within two weeks of receipt of the original journal
- Produced by Elsevier, no free version available





# Defines source of databases

## Scopus (launched in November 2004 )

- 18,000 titles
  - 16,500 peer-reviewed journals (1,200 Open Access journals )
  - 600 trade publications
  - 350 book series
  - 3.6 million conference papers (~10%) from proceedings and journals
    - Medical Science ~2.9%
    - Biological Science ~ 2.7%
    - Chemical Science ~ 1.9%





- **41 million records**
  - 21 million records with references back to 1996
  - 20 million records 1823-1996
- **318 million scientific web pages**
- **23 million patent records from five patent offices**
  - World Intellectual Property Organization (WIPO)
  - European Patent Office
  - US Patent Office
  - Japanese Patent Office
  - UK Intellectual Property Office





- “Articles-in-Press” from over 3,000 journals
  - Cambridge University Press
  - Elsevier
  - Springer / Kluwer
  - Karger Medical and Scientific Publishers
  - Nature Publishing Group (NPG)
  - The Institute of Electrical and Electronics Engineers (IEEE)
  - BioMed Central (BMC)
  - Lippincott, Williams & Wilkins (LWW)





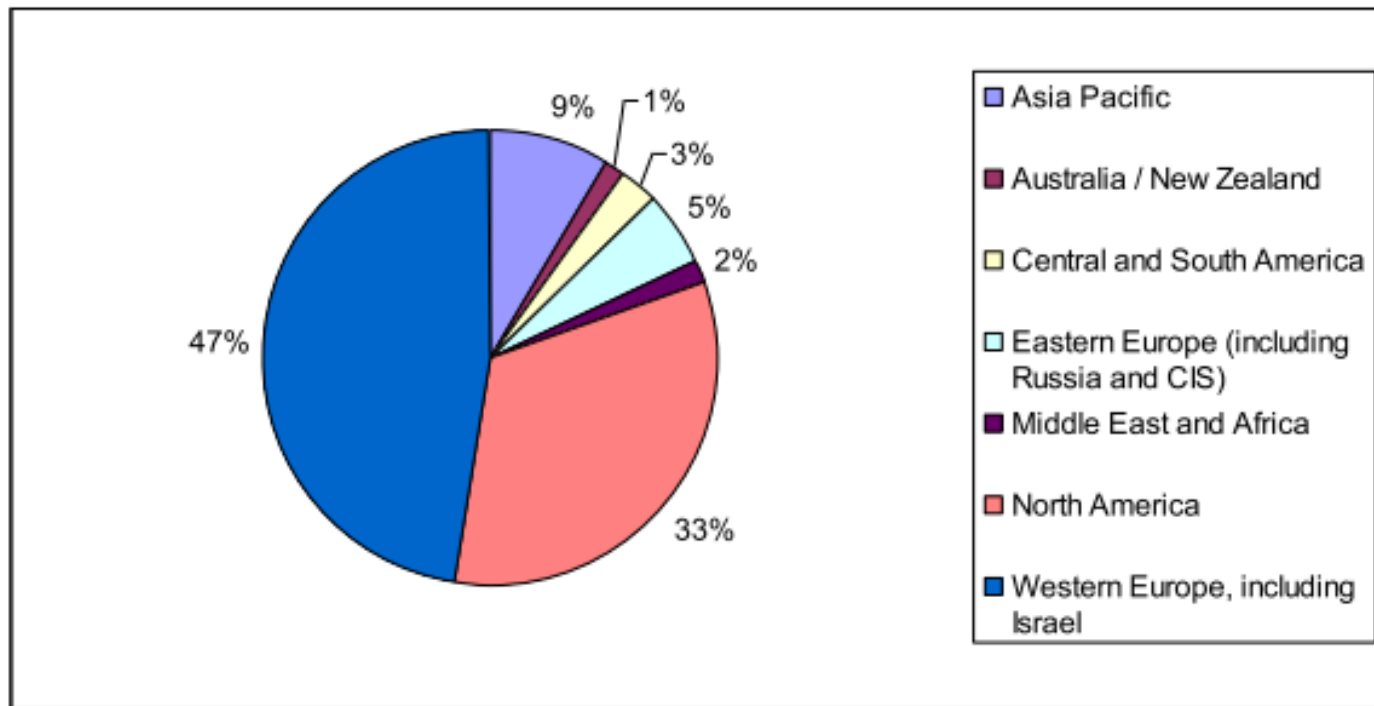
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# Coverage by region

Number of Scopus titles by geographical region (October 2009)



Percentage of journals in Scopus based on geographical regions (January 2010)



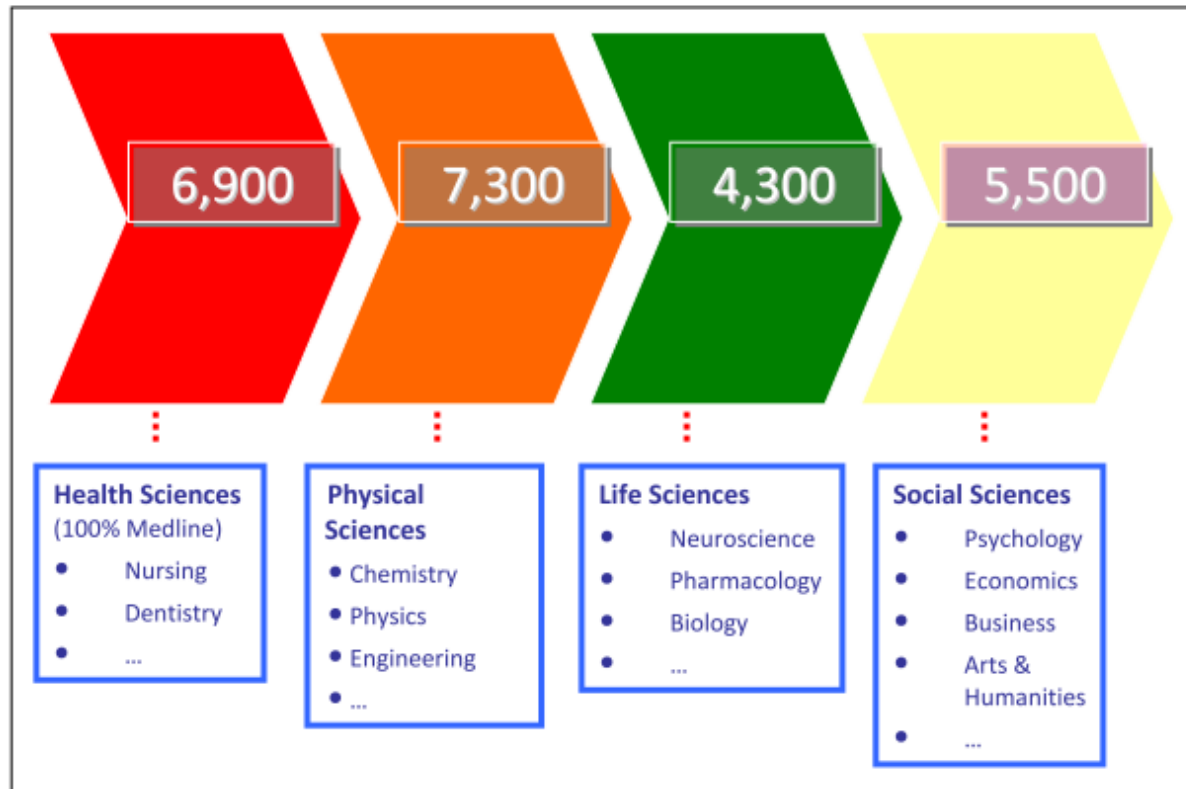


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# Coverage across subject areas



Number of journal titles by broad subject area.

Note: Journal titles may belong to more than one subject area.





# Defines source of database

- The Cochrane Controlled Trials Register (CCTR)
- ClinicalTrials.gov
- HUGE NET Review
- Reference lists
- Personal communication with expert in the field





# Define source of database

- Gray literatures
  - Information that falls outside the mainstream of published journal and monograph literature, not controlled by commercial publishers
- Sources from NSH library:  
<http://nihlibrary.campusguides.com/content.php?pid=252593&sid=2085946>
  - [WorldCat](#) - 1.5 billion items in this collection of library catalogs
  - [Google Scholar](#) - Search scholarly literature across many disciplines and sources, including theses, books, abstracts and articles.





# Gray literatures

- [Gray Source Index](#)
- [AHRQ](#) - agency for healthcare research and quality
- [World Health Organization](#) - providing leadership on global health matters, shaping the health research agenda, setting norms and standards, articulating evidence-based policy options, providing technical support to countries and monitoring and assessing health trends.
- [List Gray Literature Producing Organizations](#) - from the New York Academy of Medicine, includes government and private sector





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# Locate studies

## 2. Define the software & version used for searching

- PubMed
- Ovid
- Scopus





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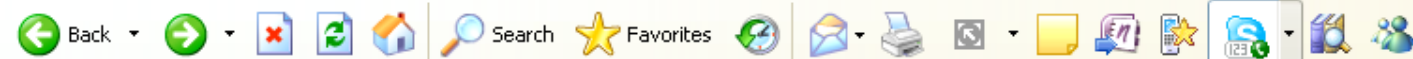
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<a href="#">(FTO AND (gene OR allele OR genotype)) AND (adi...</a>		0 yesterday
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 Association between SLE nephritis and polymorphic variants of the CRP and FcgammaR3a genes. *Rheumatology (Oxford)*. 2007 Sep;46(9):1417-21. Epub 2007 Jun 27. PMID: 17596285 [PubMed - indexed for MEDLINE]


2: [Kobayashi T, Ito S, Yasuda K, Kuroda T, Yamamoto K, Sugita N, Tai H, Narita I, Gejyo F, Yoshie H.](#)

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 The combined genotypes of stimulatory and inhibitory Fc gamma receptors associated with systemic lupus erythematosus and periodontitis in Japanese adults.  
J Periodontol. 2007 Mar;78(3):467-74.  
PMID: 17335370 [PubMed - indexed for MEDLINE]

3: Harley JB, Kelly JA, Kaufman KM.

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 Unraveling the genetics of systemic lupus erythematosus.  
Springer Semin Immunopathol. 2006 Oct;28(2):119-30. Epub 2006 Sep 22. Review.  
PMID: 17021721 [PubMed - indexed for MEDLINE]

4: Ye D, Pan F, Zhang K, Li X, Xu J, Hao J.

[Related Articles](#), [Links](#)

 A novel single-nucleotide polymorphism of the Erythropoietin receptor IIIa gene is associated with genetic susceptibility to systemic

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☐ 1 [Role of LINGO1 polymorphisms in Parkinson's disease](#)

Haubenberger D., Hotzy C., Pirker W., Katzenschlager R., Brücke T., Zimprich F., Auff E., Zimprich A.

**Movement Disorders** 2009 24:16 (2404-2407)

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☐ 2 [Relationship between glucose-6-phosphate dehydrogenase gene mutations and neonatal jaundice in Nanning, Guangxi](#)

Zhong D.-N., Gao Z.-Y., Liu Y.-N., Liu Y., Wei L.-M.

**Chinese Journal of Contemporary Pediatrics** 2009 11:12 (970-972)

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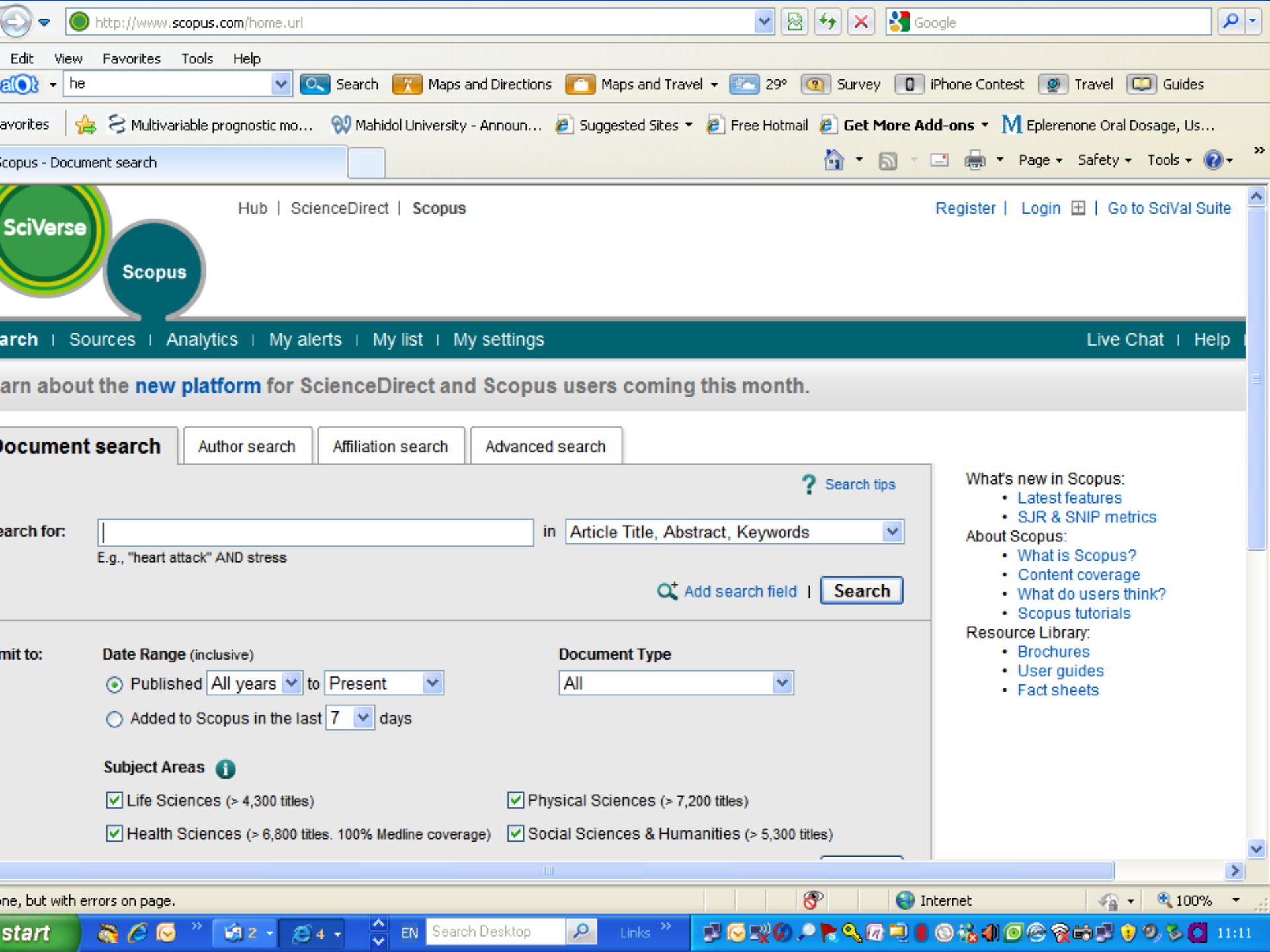
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## 3. Defines searching terms

- Combinations of search terms based on PICO
  - Patient
  - Intervention: treatment/study factor
  - Comparator
  - Outcome of interest
- Specify period of searching
- Plan for update searching





# Example

- VDR& BMD/Osteoporosis (J Bone Miner Res. 2004;19(3):419-28.) Intervetion/exposrue
- P
  - Women
  - Females
- I/E
  - Vitamin D receptor
  - VDR
  - Genotype
  - Allele
  - Polymorphism
  - Locus





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# Outcome

- Bone mineral density
- BMD
- Bone density
- Osteoporosis
- Fracture



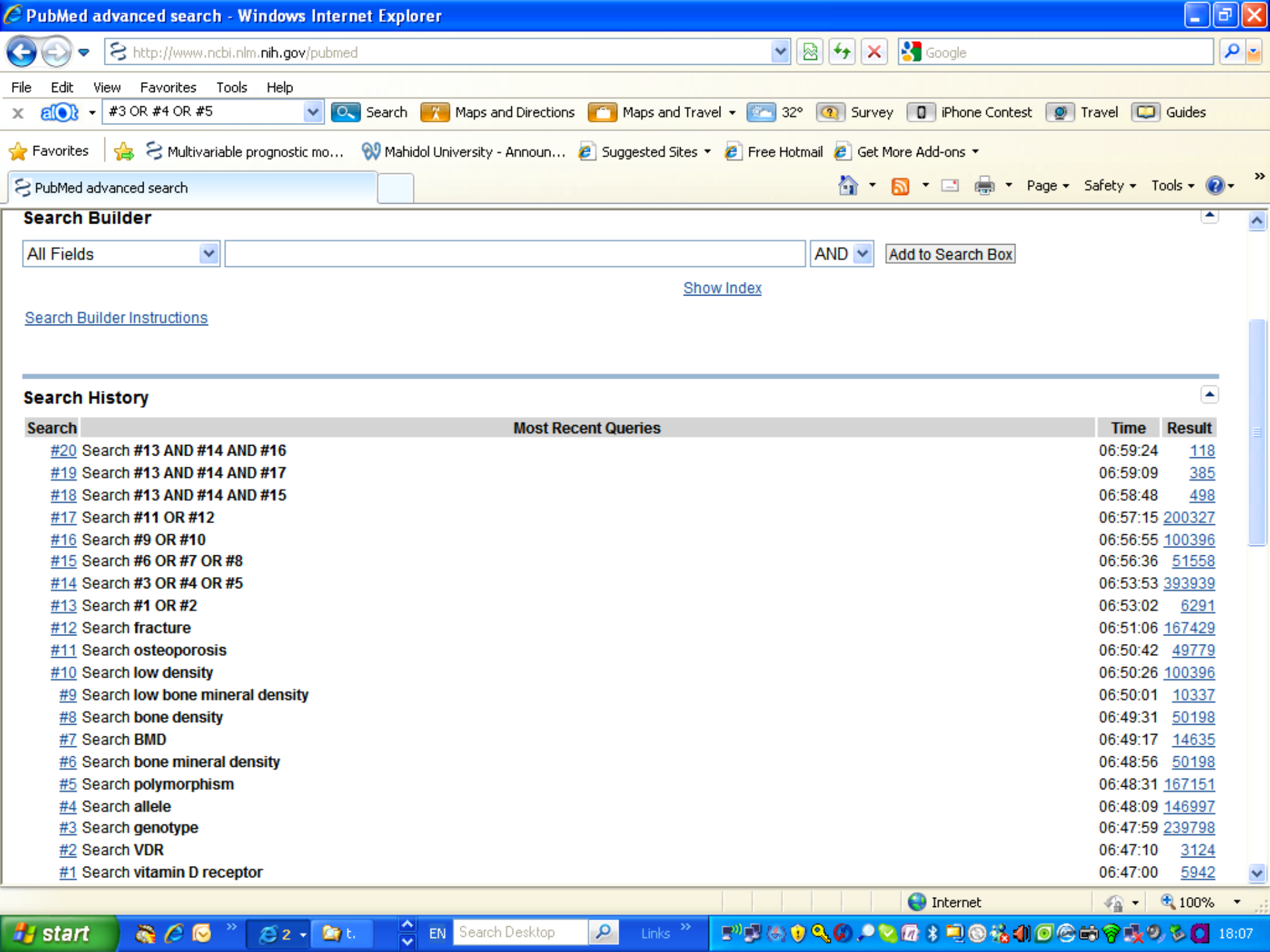


# Example

- VDR& BMD/Osteoporosis(J Bone Miner Res. 2004;19(3):419-28.)

1. vitamin D receptor or VDR (MeSH)
2. genotype(s) or allele(s) or polymorphism(s) (MeSH)
3. bone mineral density or BMD or bone density (MeSH)
4. low bone mineral density or low density (textword)
5. osteoporosis (MeSH)
6. fracture (MeSH)
7. 1 and 2 and 3
8. 1 and 2 and 4
9. 1 and 2 and 5
10. 1 and 2 and 6







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# Selecting studies

- Clearly define inclusion & exclusion criteria
- Inclusion criteria base on PICO
  - Type of subjects (P)
    - Children, adults
    - Specific type of disease
      - T2D, CKD , CP/CPPS IIIA
  - Treatment or exposure or gene (I)
  - Comparator (if needed)
  - Outcome





# General criteria

- **Study design**
  - randomized controlled trial
  - observational studies (cohort, case-control, cross-sectional studies)
- **Full paper Languages**
  - English, French, others
- **Multiple publications of the same studies, choose the recent one or the one has provided more completeness of data**





# Exclusion

- Incompleteness of information
  - Contact authors at least two times for incomplete data

## Design coding for ineligibility criteria

- Not studied patients
- Not the outcome/intervention of interests
- Study design
  - Not comparative studies, no control group
  - Not RCTs
- Review studies
  - Narrative review, systematic review





# Selecting studies

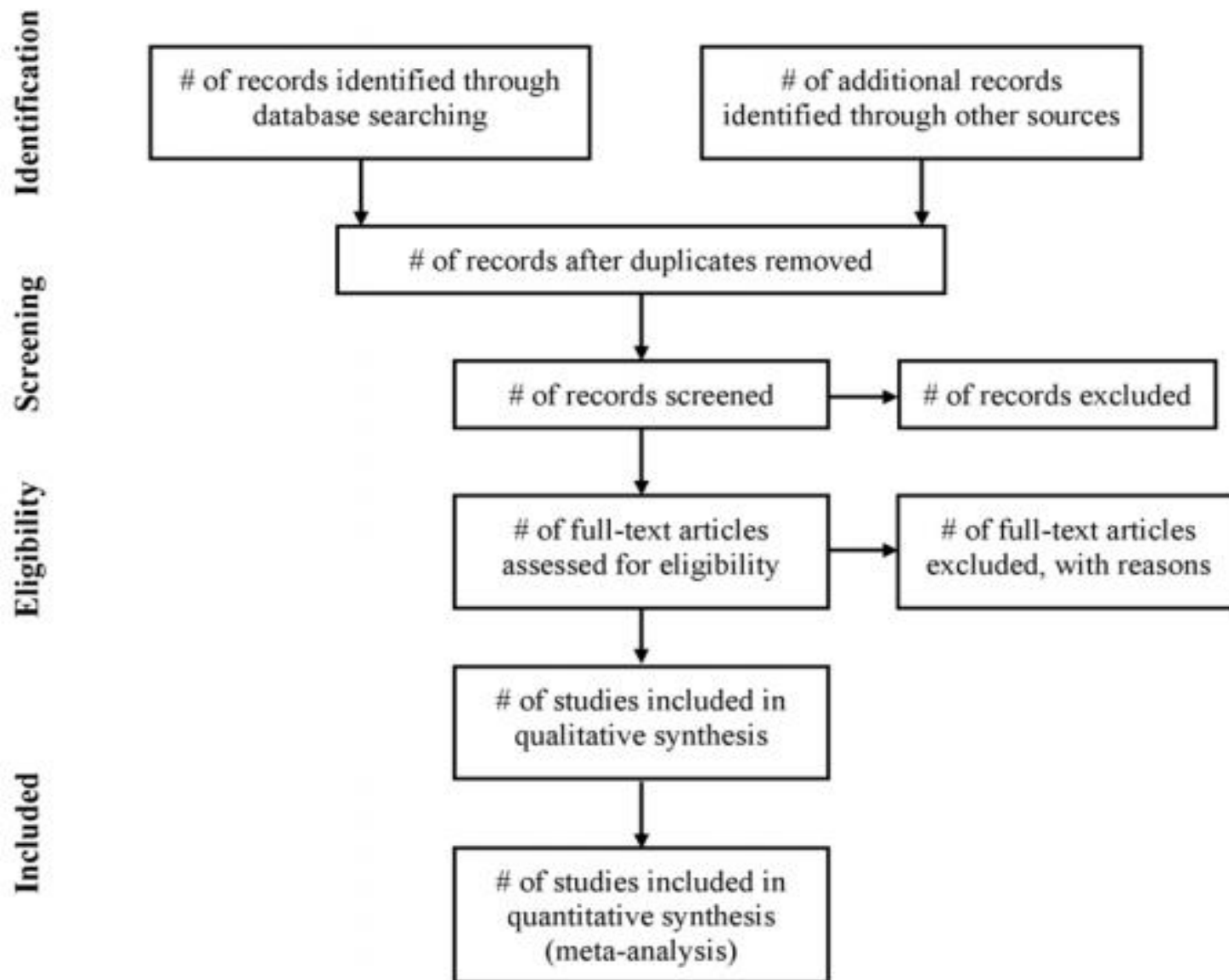
- Merge studies identified from databases using reference manager (e.g. Endnote)
  - Remove duplicates
- **Two reviewers independently select studies**
  - Screen title/abstract to remove non-relevant studies base on eligibility criteria
  - Access full papers
  - Computerize review results





- Examine other sources of studies
- Contact author if needed
- Final decision
- Perform searching every 1-3 months while doing a review





**Figure 1. Flow of information through the different phases of a systematic review.**  
doi:10.1371/journal.pmed.1000097.g001





## Example: Study selection

- Participants with CP/CPPS categories IIIA or IIIB
- Any pair of the following interventions:
  - $\alpha$ -blockers,
  - antibiotics,
  - steroidal and nonsteroidal anti-inflammatory drugs,
  - finasteride, glycosaminoglycans, phytotherapy, gabapentinoids, and placebo.
- Any of the following outcomes:
  - pain scores, voiding scores, quality-of-life scores, and total symptom scores.





- The full article could be retrieved
- Had sufficient data for extraction, including number of patients, means and standard deviations of continuous outcomes in each group, and/or numbers of patients per group for dichotomous outcomes.
- For trials with multiple publications, we selected the publication with the most complete information.
- Disagreements in selection were resolved by discussion and consensus.



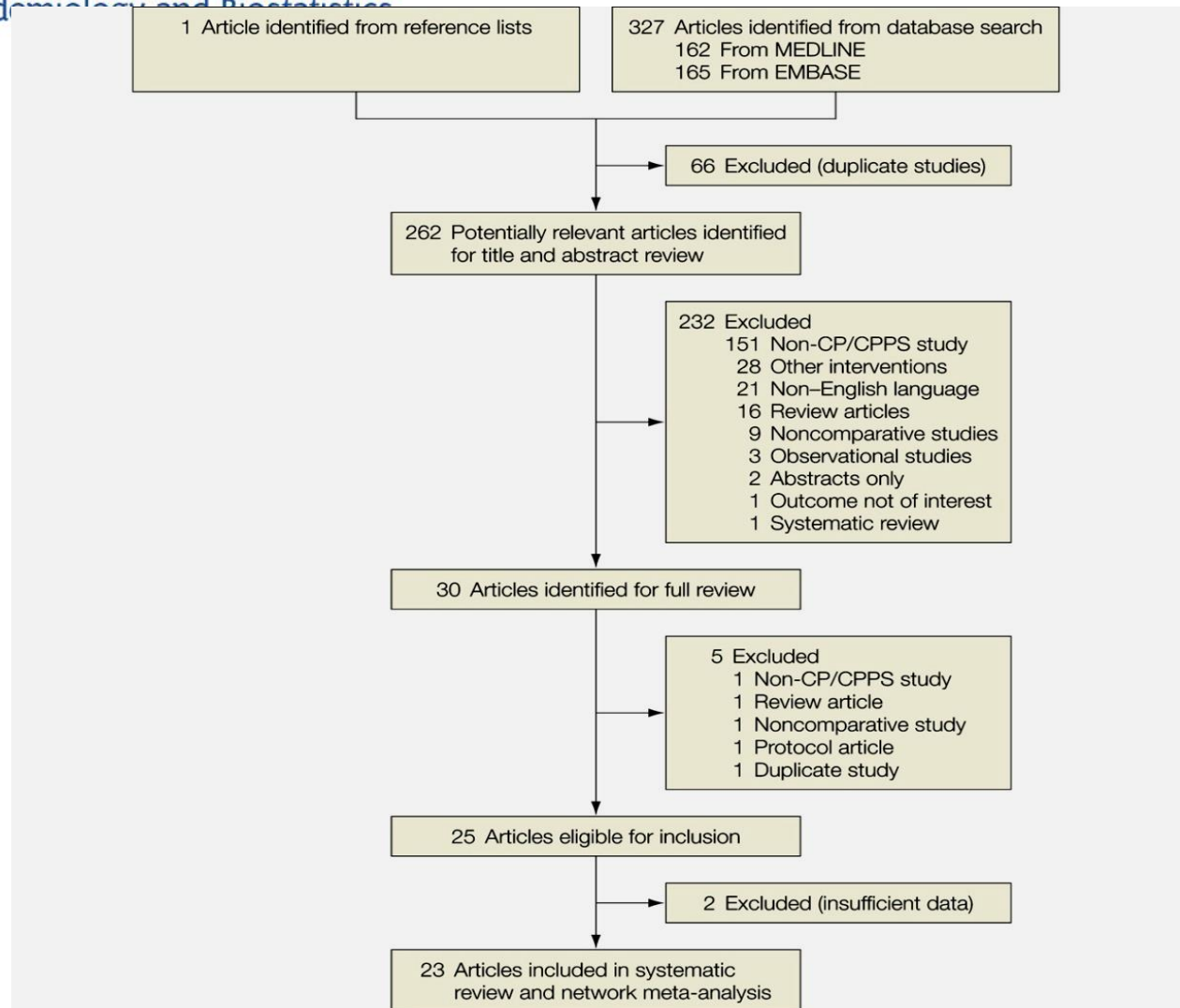


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## Figure. Study Selection



Anothaisintawee, T. et al.  
JAMA 2011;305:78-86

**JAMA**





# Data extraction (DE)

- At least two reviewers
- Design DEF, pilot, & revise DEF
- General characteristics of article
  - Study ID,
  - First Author's & corresponder's surnames
  - Year & source of publication
- Characteristics of studies
  - Setting/country
  - Study design (RCT, CS, CC, CrS)
  - Type of studied patients
    - Ethnicity, setting
    - Children, adults, pregnancy
    - Postmenopause, premenopause





- **Patients**

- Demographic and clinical features of studied participants that might associate with outcomes

- mean age, gender, BMI, smoking, underlying diseases

- **Methods/criteria used for measurement**

- Outcome
  - Studied factor

- **Interventions/exposure/test**

- Treatments
    - Dosage/day, period of treatments, course of treatments, route
  - Scanners
    - Version
  - Lab tests
  - Questionnaire & cutoff





# Data for pooling

- Frequency data
  - Contingency table of studied factors/interventions versus outcomes (rxc)

Treatment groups	Disease			
	Yes	No	n	Incidence
Rx (Exp+)	A	b	$n_1$	$a/n_1$
Placebo (Exp-)	c	d	$n_2$	$c/n_2$

- Summary statistic data
  - OR (95% CI), RR (95% CI), HR (95% CI)





# Data for pooling

- Continuous outcome
  - Summary data
    - $n$ , mean, SD

Group	$n$	mean	SD
A	$n_1$	$\text{mean}_1$	$\text{SD}_1$
B	$n_2$	$\text{mean}_2$	$\text{SD}_2$

- Summary statistic data
  - Mean difference & 95% CI





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# Risk of bias in individual studies

- Quality Assessment (QA)
- Consider internal & external validity





# Risk of bias (cont.)

- RCT
  - The Cochrane Collaboration's tool for assessing risk of bias 2009
    - Preferred reports of items for systematic review and meta-analysis-PRISMA guideline
    - RoB 2.0 : <https://sites.google.com/site/riskofbiastool/>





Domain	Description	Review authors' judgement
Sequence generation.	Describe the method used to generate the allocation sequence in sufficient detail to allow an assessment of whether it should produce comparable groups.	Was the allocation sequence adequately generated?
Allocation concealment.	Describe the method used to conceal the allocation sequence in sufficient detail to determine whether intervention allocations could have been foreseen in advance of, or during, enrolment.	Was allocation inadequately concealed?





Domain	Description	Review authors' judgement
<b>Blinding of participants, personnel and outcome assessors</b> <i>Assessments should be made for each main outcome (or class of outcomes).</i>	Describe all measures used, if any, to blind study participants and personnel from knowledge of which intervention a participant received. Provide any information relating to whether the intended blinding was effective.	Was knowledge of the allocated intervention adequately prevented during the study?
<b>Incomplete outcome data</b> <i>Assessments should be made for each main outcome (or class of outcomes).</i>	Describe the completeness of outcome data for each main outcome, including attrition and exclusions from the analysis. State whether attrition and exclusions were reported, the numbers in each intervention group (compared with total randomized participants), reasons for attrition/exclusions where reported, and any re-inclusions in analyses performed by the review authors.	Were incomplete outcome data adequately addressed?





Domain	Description	Review authors' judgement
Selective outcome reporting.	State how the possibility of selective outcome reporting was examined by the review authors, and what was found.	Are reports of the study free of suggestion of selective outcome reporting?
Other sources of bias.	State any important concerns about bias not addressed in the other domains in the tool.  If particular questions/entries were pre-specified in the review's protocol, responses should be provided for each question/entry.  Trial methodology  Statistical analysis	Was the study apparently free of other problems that could put it at a high risk of bias?  Premature trial termination  Post-randomization exclusion  Unbalance baseline characteristics  Adequately describe methods of data analysis  -use per-protocol analysis, modified ITT





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# Risk of bias assessment

Author	Adequate sequence generation	Adequate allocation concealment	Blinding	address incomplete outcome data	Selective outcome report	Free of other bias	Description of other bias





# Risk Of Bias

- **Non-RCT**

- For intervention studies where interventions are not randomly allocated.
- Non-randomised Studies-of Interventions (ROBINS-I)
- Seven domains are considered
  - Before interventions
    - Confounding
    - Selection of patients into the study
  - At interventions
    - Classification of interventions





# ROBINS-I

- After interventions
  - Deviation from intended interventions
  - Missing data
  - Measurements of outcomes
  - Selective outcome report
- The first three domains are totally different from assessments of RCT because randomisation can protect against bias before/at randomization
- The last four domains overlapped with RCT because RCT could not protect bias after randomisation





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# ROBINS-I

- Response options for each domain
  - Yes, Probably yes
  - No, Probably no
  - No information
- Overall risk of bias judgment
  - Low risk
    - All seven domains are low risk of bias





- Moderate risk
  - The study is judged to be low and moderate risks for all domains
- Serious risk
  - The study is judged to be serious risk of bias at least one of all domains
- Critical risk
  - The study is judged to be critical risk of bias at least one of all domains





# Observational studies

- NEWCASTLE - OTTAWA QUALITY ASSESSMENT SCALE (NOS)
- Risk/association studies
- Cohort studies
  - Selection of cohorts
  - Comparability of cohorts
  - Assessment of outcome
- Items
  - Selection (4)
  - Comparability (1)
  - Exposure (3)

Wells G, Shea B, O'Connell J, Robertson J, Peterson V, Welch V, et al.

The Newcastle-Ottawa Scale (NOS) for Assessing the Quality of Nonrandomized Studies in Meta-Analysis.

Available from: [http://www.evidencebasedpublichealth.de/download/Newcastle\\_Ottawa\\_Scale\\_Pope\\_Bruce.pdf](http://www.evidencebasedpublichealth.de/download/Newcastle_Ottawa_Scale_Pope_Bruce.pdf).





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# NOS

- Case-Control studies
  - Selection of case and controls
  - Comparability of cases and controls
  - Ascertainment of exposure
- Items
  - Selection (4)
  - Comparability (1)
  - Exposure (3)





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# Grading

- Grade 'high' quality as a 'star'
- A maximum of one 'star' for each item within the 'Selection' and 'Exposure/Outcome' categories; maximum of two 'stars' for 'Comparability'





- **Prognostic studies**

- Quality in prognostic study (QUIPS)

**Ann Intern Med. 2013;158:280-286**

- Study participants
    - Study attrition
    - Prognostic factor measurement
    - Outcome measurement
    - Study confounding
    - Statistical analysis and report
    - Each domain is graded as low, moderate, and high risk of bias



Variable	Bias Domains			
	1. Study Participation	2. Study Attrition	3. Prognostic Factor Measurement	4. Outcome Measurement
Optimal study or characteristics of unbiased study	The study sample adequately represents the population of interest	The study data available (i.e., participants not lost to follow-up) adequately represent the study sample	The PF is measured in a similar way for all participants	The outcome of interest is measured in a similar way for all participants
Prompting items and considerations†	a. Adequate participation in the study by eligible persons	a. Adequate response rate for study participants	a. A clear definition or description of the PF is provided	a. A clear definition of the outcome is provided
	b. Description of the source population or population of interest	b. Description of attempts to collect information on participants who dropped out	b. Method of PF measurement is adequately valid and reliable	b. Method of outcome measurement used is adequately valid and reliable
	c. Description of the baseline study sample	c. Reasons for loss to follow-up are provided	c. Continuous variables are reported or appropriate cut points are used	c. The method and setting of outcome measurement is the same for all study participants
	d. Adequate description of the sampling frame and recruitment	d. Adequate description of participants lost to follow-up	d. The method and setting of measurement of PF is the same for all study participants	
	e. Adequate description of the period and place of recruitment	e. There are no important differences between participants who completed the study and those who did not	e. Adequate proportion of the study sample has complete data for the PF	
	f. Adequate description of inclusion and exclusion criteria		f. Appropriate methods of imputation are used for missing PF data	



### 5. Study Confounding

Important potential confounding factors are appropriately accounted for

- a. All important confounders are measured
- b. Clear definitions of the important confounders measured are provided
- c. Measurement of all important confounders is adequately valid and reliable
- d. The method and setting of confounding measurement are the same for all study participants

### 6. Statistical Analysis and Reporting

The statistical analysis is appropriate, and all primary outcomes are reported

- a. Sufficient presentation of data to assess the adequacy of the analytic strategy
- b. Strategy for model building is appropriate and is based on a conceptual framework or model
- c. The selected statistical model is adequate for the design of the study
- d. There is no selective reporting of results





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e. Appropriate methods are used  
if imputation is used for  
missing confounder data

f. Important potential  
confounders are accounted  
for in the study design

g. Important potential  
confounders are accounted  
for in the analysis

The observed effect of the PF  
on the outcome is very likely  
to be distorted by another  
factor related to PF and  
outcome

The reported results are very  
likely to be spurious or biased  
related to analysis or reporting

The observed effect of the PF  
on outcome may be distorted  
by another factor related to  
PF and outcome

The reported results may be  
spurious or biased related to  
analysis or reporting

The observed effect of the PF  
on outcome is unlikely to be  
distorted by another factor  
related to PF and outcome

The reported results are unlikely  
to be spurious or biased  
related to analysis or reporting





# Risk of bias assessment for genetic association studies

- Selection bias
- Information bias
- Confounding bias
- Multiple testing
- Selective reporting
- HWE
- Yes, low/no risk of bias; No, possible/high risk of bias; unclear

Thakkestian et al, Am J Epidemiol. 2011 Jun 15;173(12):1365-79





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Domain	Item	Low risk of bias
Selection bias	Representativeness of cases	
	A. Consecutive/randomly selected from cases population with clearly defined random frame	Yes
	B. Consecutive/randomly selected from cases population without clearly defined random frame or with extensive inclusion criteria	No
	C. Spectrum of diseases Select on advance (atrophy or neovascular) or mild AMD	
	A. Not describe method of selection	
	Representativeness of controls	
	A. Controls were consecutive/randomly drawn from area (ward/community) as cases with the same criteria	Yes
	B. Controls were consecutively/randomly drawn from different areas as cases	No
	C. Not describe	No
	Differential participation in case and control	
	Non-participant rate is small (< 10%) and similar (to rates?) between case and control groups	Yes
	Incomplete participant rates are different	NO
	- Refusal or inability to provide data	
	- Refusal or inability to provide biological specimens	
	- Insufficient amount quality of data/ quality of DNA	





Information bias	Ascertainment of AMD	
	- Clearly described objective criteria of diagnosis of AMD	Yes
	- Not describe/unclear definition	No
	Ascertainment of control	
	- Controls were non-case that proved by ocular examination	Yes
	- Just mentioned that controls were subjects who did not have AMD without ocular examination	No
	- Not describe	No
	Ascertainment of genotyping examination	
	- Genotyping done under “blind” condition of case and control specimens	Yes
	- Genotyping of cases & controls were performed together	Yes
	- Genotyping error rate < 5%	Yes
	- Quality control procedure e.g., reanalysis of random specimens, using different genotyping methods for analysis, analysis if replicate sample	Yes
	- Unblind or	No
	- Not mention what was done	No
	- No quality control check	No





Confounding bias	Population stratification	
	- No difference in ethnic origin between cases and controls	Yes
	- Use of controls who were not related to cases	Yes
	- Use of some controls who came from the same family what was done	No
	- Other confound	Yes
	- Use of genomic controls	No
	- Not report bias	
	- Controls for confounding variables (e.g., age, gender, smoking) in analysis	
Multiple testing & Selective reporting (for replication studies)	- Not controlled /not mentioned (or, no control/ no mention)	
	How many polymorphisms have been studied	
	- Adjustment for multiple tests	Yes
	- Report results of all polymorphisms mentioned in objectives, non-significant or not	Yes
HWE	- Report results of only significant polymorphisms	No
	- HWE in control group	Yes
	- HW disequilibrium in control group	No
	- Not check HWE	No





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# Statistical analysis plan

- **Describe what and how to pool data**
- What's to pool
  - Dichotomous outcome
    - Pool OR, RR, HR
  - Continuous outcome
    - Unstandardised mean difference
    - Standardised mean difference
- Pooling methods
  - Fixed-effect model
  - Random-effect model





- Check heterogeneity
- Explore possible sources if presence of heterogeneity
  - Factors
  - Graph
  - Meta-regression
- Subgroup analysis
- Assess reporting bias
  - Graph & test
- Sensitivity analysis
- Statistical software & level of significance





# Time plan

Activities	Time									
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct
Develop review proposal	→									
Register proposal		→								
Select studies		→								
Data extraction			→	→						
RBA			→	→						
Data management					→					
Data analysis						→	→			
Writing manuscript							→	→	→	
Submission										→





# Register review proposal

Why do we need to register

- Establish that we are doing this review
- May reduce the risk of multiple reviews addressing the same question
- Increases potential communication with interested researchers
- Promote transparency of the methods
- Allows your peers to review how you will extract data for quantitative poolings
- Serve as a road map for our review





- What do we need in hands for registration
  - Research questions & specific objectives
  - Review methods,
    - How to identify studies
    - Selection of studies
    - Data extractions & risk of bias assessment
    - Interventions/Exposure
    - Outcomes of primary interest
    - Statistical analysis plan
    - Time schedule





# Where to register

- National Institute of Health (NIH):

<http://nihlibrary.campusguides.com/content.php?pid=252593&sid=2085601>

- [Campbell Collaboration](#) - produces systematic reviews of the effects of social interventions
  - <http://www.campbellcollaboration.org/>
- [Cochrane Collaboration](#) - international organization, produces and disseminates systematic reviews of health care interventions
  - <http://www.cochrane.org/>
- [PROSPERO](#) - international prospective register of systematic reviews
  - <http://www.crd.york.ac.uk/PROSPERO/>





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# Network



- Cochrane collaboration
  - RCT
  - Diagnostic studies



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Example: *(colchicine AND liver) AND (fibrosis OR cirrhosis)*

Tip No. 2:

The AND operator is used by default between search terms. The string *brain stem* will match records where both words are included in any order or proximity. Search for exact phrases by enclosing a string in quotation marks.  
Example: *"clodronate therapy"* matches that exact term

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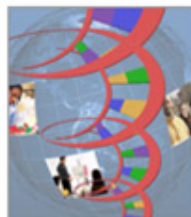
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## Renal Disease

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- ▶ **Cytokine gene polymorphisms and adverse outcomes in renal transplantation**

Ammarin Thakkestian, Mark McEvoy, Steve Bowe, and John Attia  
(University of Newcastle, Australia)

## Women's Health

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- ▶ **Genetics of Preeclampsia**

Yves Giguere (Hôpital ST-François d'Assise, Quebec, Canada)

## Other Health Associations

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- ▶ **Complement factor H polymorphism and age-related macular degeneration**

Ammarin Thakkestian, Pearline Han, Mark McEvoy, Wayne Smith, John Attia  
(University of Newcastle, Australia)

- ▶ **Head and Neck**

Marko Lens (Imperial College London, UK)


[International Collaborative Study on Genetic Susceptibility to Environmental Carcinogens](#) 

- ▶ **Y chromosome microdeletions in male infertility**

Borut Peterlin (UMC Ljubljana, Slovenia)



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# Meta-analysis

- **Pooling effect sizes**
  - OR, RR, RD for dichotomous outcome
  - Un/standardised mean difference for continuous outcome
- **No variation between studies (Homogeneity)**
  - Fixed effect model
    - Mantel-Haenzel
    - Peto
    - Inverse variance
- **Variations between studies (Heterogeneity)**
  - Random effect model
    - Der-Simonian and Laird
    - Bayes method





# Dichotomous outcome

Group	Disease		
	Yes	No	n
Treatment	A	b	$n_1$
Placebo	C	d	$n_2$





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# Mantel-Haenzel

$$\ln \hat{OR}_{MH} = \frac{\sum_{i=1}^k w_i \hat{\theta}_i}{\sum_{i=1}^k w_i}$$

$$\theta_i = \ln \hat{OR}_i = \ln\left(\frac{a_i d_i}{c_i b_i}\right)$$

$$w_i = \frac{1}{\text{var}_i} = \frac{b_i c_i}{N_i}$$





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# Inverse variance

$$\ln \hat{OR}_{IV} = \frac{\sum_{i=1}^k w_i \ln \hat{OR}_i}{\sum_{i=1}^k w_i}$$

$$\ln \hat{OR}_i = \ln\left(\frac{a_i d_i}{b_i c_i}\right)$$

$$w_i = \frac{1}{\text{var}(\ln \hat{OR}_i)}$$

$$\text{var}(\ln \hat{OR}_i) = \frac{1}{a_i} + \frac{1}{b_i} + \frac{1}{c_i} + \frac{1}{d_i}$$





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# Pooled RR

$$\ln \hat{RR}_{iv} = \frac{\sum_{i=1}^k w_i \ln \hat{RR}_i}{\sum_{i=1}^k w_i}$$

$$\ln \hat{RR}_i = \ln\left(\frac{a_i / n_{1i}}{c_i / n_{2i}}\right)$$

$$w_i = \frac{1}{\text{var} \ln \hat{RR}_i}$$

$$\text{var} \ln \hat{RR}_i = \frac{1}{a_i} - \frac{1}{n_{1i}} + \frac{1}{c_i} - \frac{1}{n_{2i}}$$





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# Heterogeneity test

$$Q = \sum_{i=1}^k w_i (\hat{\theta}_i - \hat{\theta}_p)^2$$

$$\hat{\theta}_i = \ln \hat{O}R_i \text{ (or } \ln \hat{R}R_i, \ln \hat{H}R_i \text{)}$$

$$\hat{\theta}_p = \ln \hat{O}R_{iv}$$

$$Q \sim \chi^2 \text{ with } df = k - 1$$





# Degree of heterogeneity

$$I^2 = [Q-(k-1)]/Q \times 100$$

< 25% = low

25% - 75% = moderate

> 75% = high

- Declaring for heterogeneity
  - Q test significance
  - $I^2$  = moderate or higher





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# Random-effect model Der-Simonian and Laird

$$\ln \hat{OR}_{DL} = \frac{\sum_{i=1}^k w_i^* \hat{\theta}_i}{\sum_{i=1}^k w_i^*}$$

$$\ln \hat{OR}_i = \ln\left(\frac{a_i d_i}{b_i c_i}\right)$$

$$w_i^* = \frac{1}{\text{var}_i + \tau^2}$$

$$\text{var}_i = \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}$$





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# Between study variation (Tau<sup>2</sup>)

$$\tau^2 = \frac{Q - (k - 1)}{\sum w_i - \frac{\sum w_i^2}{\sum w_i}}$$





# Example: CP/CPPS

**Table 3.** Treatment Response Rates for  $\alpha$ -Blockers and Anti-inflammatory Drugs

Source	Definition of Treatment Response	Active Treatment		Placebo		RR (95% CI)
		No. of Responses	No. of Nonresponses	No. of Responses	No. of Nonresponses	
<b><math>\alpha</math>-Blockers</b>						
Nickel et al, <sup>9</sup> 2008	4-point decrease in NIH-CPSI	68	70	66	68	1.0 (0.8-1.3)
Tuğcu et al, <sup>10</sup> 2007	50% decrease in NIH-CPSI	20	10	10	20	2.0 (1.4-3.5)
Alexander et al, <sup>21</sup> 2004	4-point decrease in NIH-CPSI	12	33	11	34	1.1 (0.5-2.3)
Nickel et al, <sup>24</sup> 2004	50% decrease in NIH-CPSI	9	18	5	25	2.0 (0.8-5.2)
Cheah et al, <sup>33</sup> 2003	50% decrease in NIH-CPSI	24	19	14	29	1.6 (1.0-2.6)
Mehik et al, <sup>38</sup> 2003	33% decrease in NIH-CPSI	13	4	4	16	2.5 (1.4-4.5)
Pooled RR						1.6 (1.1-2.3)





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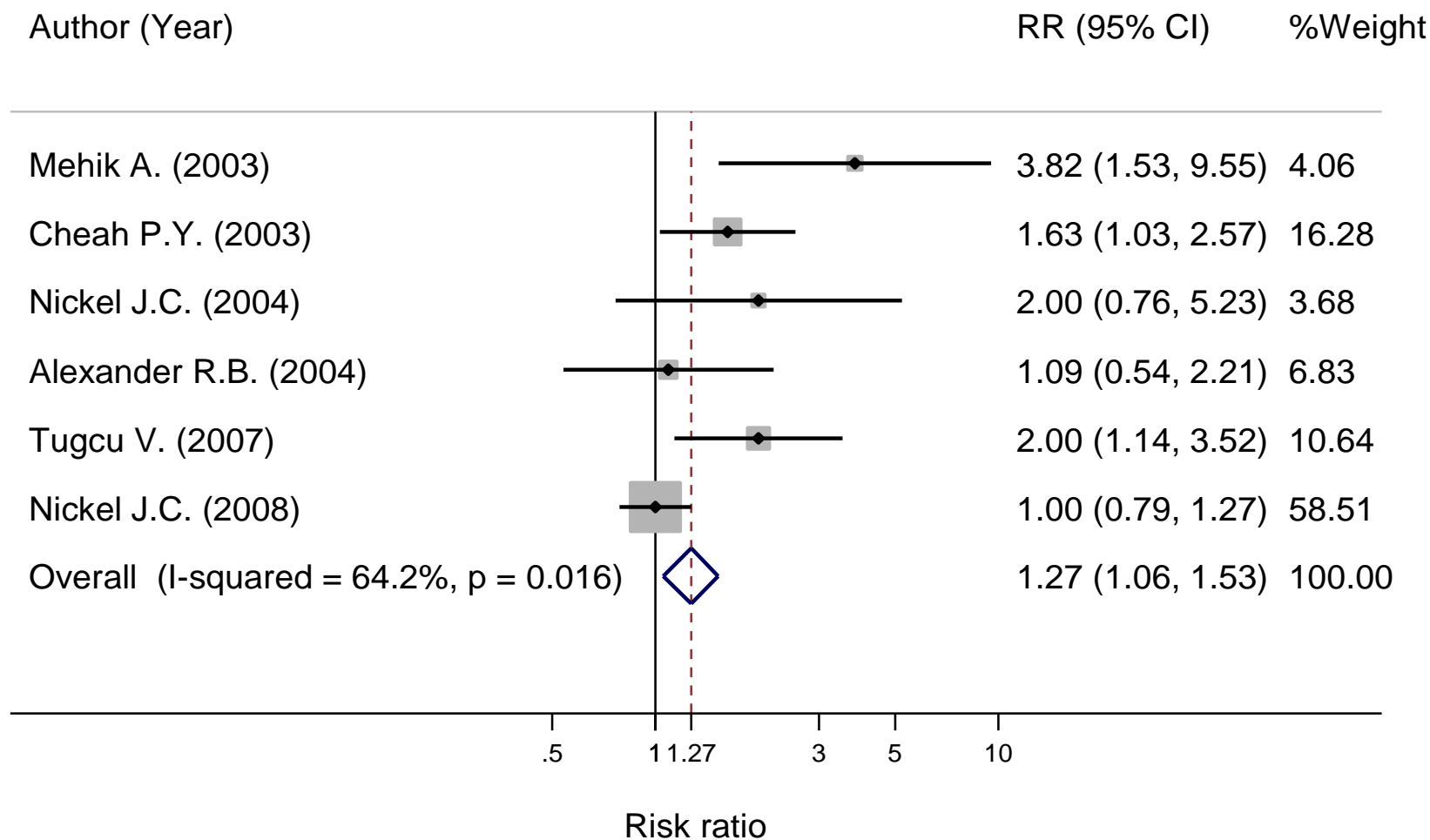
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# Assess heterogeneity

$$H_0 : \ln RR_1 = \ln RR_2 = \dots = \ln RR_k$$



Figure 2. Treatment responsiveness in CP/CPPS patients:  
Alpha-blockers versus placebo







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# Heterogeneity test

$$H_0 : \ln RR_1 = \ln RR_2 = \dots = \ln RR_k$$

$H_a$  : At least one pair of  $RR_j$  is different





```
metan res_al non_al res_pl non_pl, fixedi rr label(namevar=author,
yearvar=year) sortby(year)
```

Study		RR	[95% Conf. Interval]		% Weight
-----+					
Mehik A. (2003)		3.824	1.531	9.550	4.06
Cheah P.Y. (2003)		1.625	1.029	2.567	16.28
Nickel J.C. (2004)		2.000	0.765	5.232	3.68
Alexander R.B. (2004		1.091	0.538	2.210	6.83
Tugcu V. (2007)		2.000	1.136	3.522	10.64
Nickel J.C. (2008)		1.000	0.786	1.273	58.51
-----+					
I-V pooled RR		1.270	1.056	1.527	100.00
-----+					

Heterogeneity chi-squared = 13.95 (d.f. = 5) p = 0.016

I-squared (variation in RR attributable to heterogeneity) = 64.2%

Test of RR=1 : z= 2.54 p = 0.011





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# Pooling with a random effect model

```
metan res_al non_al res_pl non_pl, rr randomi label(namevar=author, yearvar=year)
      sortby(year) xlabel(0.5,1,1.57,3,5,10)
```

Study		RR	[95% Conf. Interval]		% Weight
-----+					
Mehik A. (2003)		3.824	1.531	9.550	10.87
Cheah P.Y. (2003)		1.625	1.029	2.567	20.53
Nickel J.C. (2004)		2.000	0.765	5.232	10.20
Alexander R.B. (2004		1.091	0.538	2.210	14.56
Tugcu V. (2007)		2.000	1.136	3.522	17.74
Nickel J.C. (2008)		1.000	0.786	1.273	26.10
-----+					
D+L pooled RR		1.571	1.073	2.300	100.00
-----+					

Heterogeneity chi-squared = 13.95 (d.f. = 5) p = 0.016

I-squared (variation in RR attributable to heterogeneity) = 64.2%

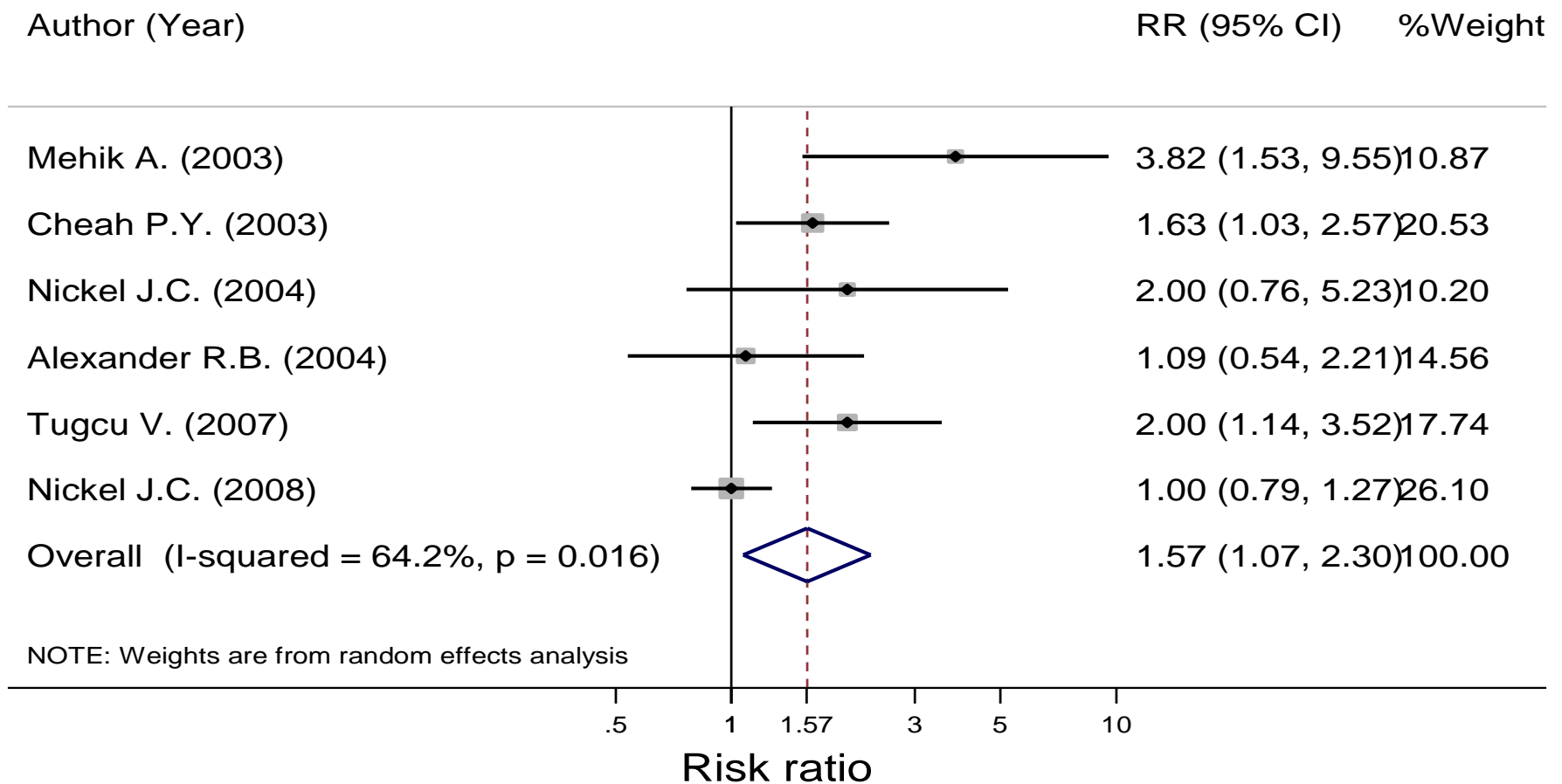
Estimate of between-study variance Tau-squared = 0.1296

Test of RR=1 : z= 2.32 p = 0.020





Figure 3. Effects of alpha-blockers on treatment responsiveness:  
The random effect model







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## Meta-regression

$$\ln(EF) = a + bx_1 [w = w_i] + \zeta_i + \varepsilon_i$$





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# Meta-regression

```
xi: metareg lnrr , wsse(se) mm
```

```
Meta-regression                                Number of obs   =           6
Method of moments estimate of between-study variance tau2                =       .1296
% residual variation due to heterogeneity        I-squared_res   =   64.16%
With Knapp-Hartung modification
```

-----						
lnrr_alpha	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
-----+-----						
_cons	.4518712	.19438	2.32	0.068	-.0477985	.951541
-----						





# Fitting duration of receiving treatments

```
xi: metareg lnrr i.dur_gr, wsse(se) mm
```

```
i.dur_gr          _Idur_gr_13-14      (naturally coded; _Idur_gr_13 omitted)
```

Meta-regression	Number of obs	=	6
Method of moments estimate of between-study variance	tau2	=	.01413
% residual variation due to heterogeneity	I-squared_res	=	12.79%
Proportion of between-study variance explained	Adj R-squared	=	89.10%

With Knapp-Hartung modification

-----						
lnrr_alpha	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]	
-----+-----						
_Idur_gr_14	.6108463	.2414253	2.53	0.065	-.0594579	1.281151
cons	.0741644	.1513441	0.49	0.650	-.3460341	.4943628





# Fitting use of definition

```
xi: metareg lnrr i.define_gr, wsse(se) mm
```

```
i.define_gr      _Idefine_gr_1-2      (naturally coded; _Idefine_gr_1 omitted)
```

Meta-regression	Number of obs	=	6
Method of moments estimate of between-study variance	tau2	=	.01413
% residual variation due to heterogeneity	I-squared_res	=	12.79%
Proportion of between-study variance explained	Adj R-squared	=	89.10%

With Knapp-Hartung modification

lnrr_alpha	Coef.	Std. Err.	t	P> t	[95% Conf. Interval]
-----+-----					
_Idefine_g~2	-.6108463	.2414253	-2.53	0.065	-1.281151 .0594579
_cons	.6850107	.1880988	3.64	0.022	.1627646 1.207257





# Sensitivity analysis: Exclude Mehik A

```
metan lnrr selnrr if ~inlist(Study,5), eform randomi label(namevar=author,
yearvar=year) sortby(year)
```

Study		ES	[95% Conf. Interval]		% Weight
-----+					
Cheah P.Y. (2003)		1.625	1.029	2.567	23.26
Nickel J.C. (2004)		2.000	0.765	5.232	9.13
Alexander R.B. (2004)		1.091	0.538	2.210	14.31
Tugcu V. (2007)		2.000	1.136	3.522	18.76
Nickel J.C. (2008)		1.000	0.786	1.273	34.53
-----+					
D+L pooled ES		1.376	0.991	1.910	100.00
-----+					

Heterogeneity chi-squared = 8.15 (d.f. = 4) p = 0.086

I-squared (variation in ES attributable to heterogeneity) = 50.9%

Estimate of between-study variance Tau-squared = 0.0660

Test of ES=1 : z= 1.91 p = 0.057



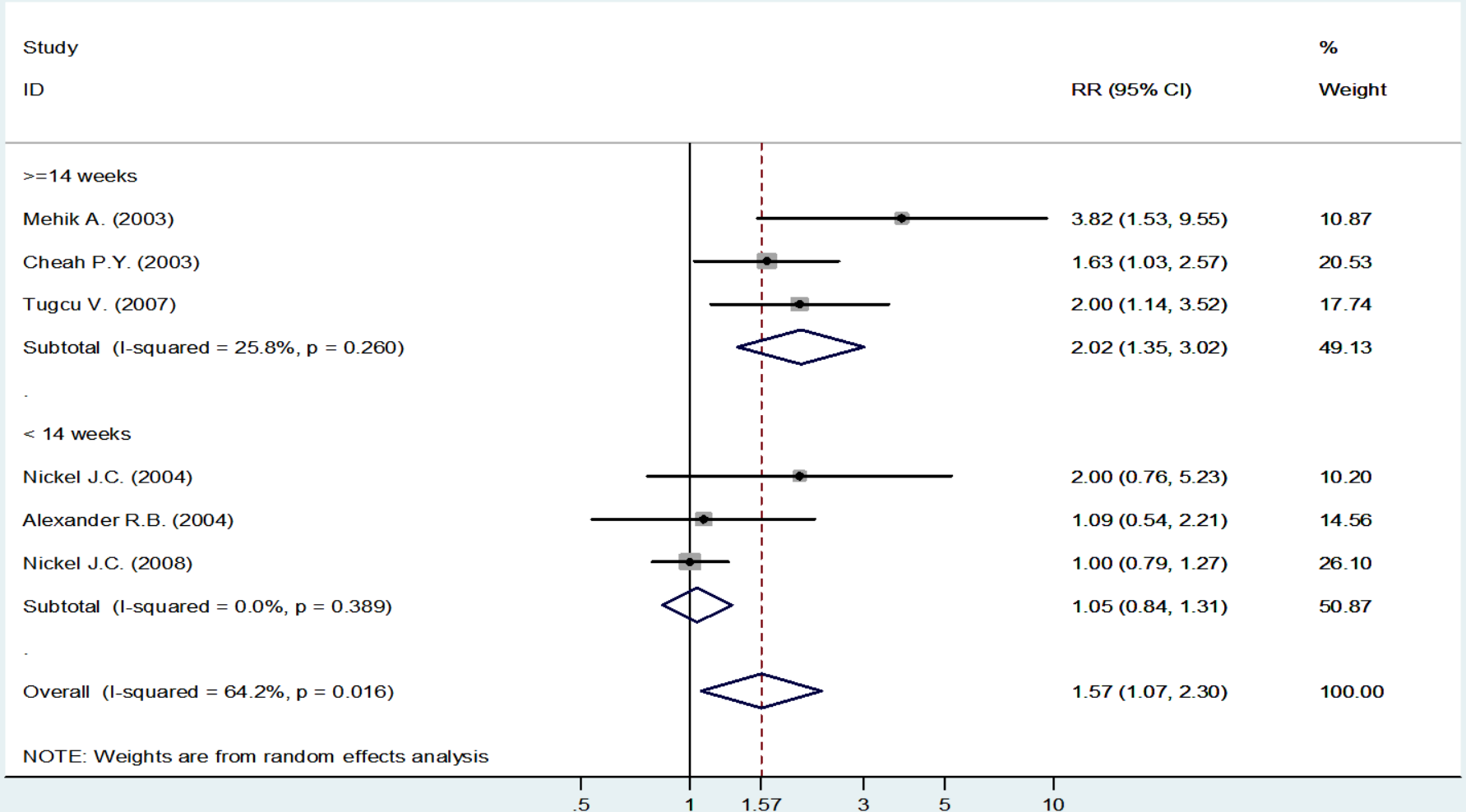


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## Subgroup analysis: duration







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# Publication bias

- Egger's test
- Funnel plot





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# Continuous outcome

Groups	n	mean	SD
Treatment	$n_1$	$\text{mean}_1$	$\text{SD}_1$
Placebo	$n_2$	$\text{mean}_2$	$\text{SD}_2$





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# Methods of pooling

- **Standardised mean difference (SMD)**
  - Different scale of measurements  
Pain (VAS vs WOMAC), depression score
- **Unstandardised mean difference (USMD)**
  - The same scale of measurements





## SMD

$$\hat{D} = \frac{\sum_{i=1}^k w_i d_i}{\sum_{i=1}^k w_i}$$

$$w_i = \frac{1}{\text{var}(d_i)}$$

$$d_i = \frac{\bar{x}_{1i} - \bar{x}_{2i}}{sd_i}$$

$$sd_i = \sqrt{\frac{(n_{1i} - 1)sd_{1i}^2 + (n_{2i} - 1)sd_{2i}^2}{(n_{1i} + n_{2i} - 2)}}$$

$$\text{var}(d_i) = \frac{n_i}{n_{1i}n_{2i}} + \frac{d_i^2}{2(n_i - 2)} \dots (\text{Cohen's method})$$





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# USMD

$$d_i = (\bar{x}_{1i} - \bar{x}_{2i})$$

$$\text{var}(d_i) = \frac{sd_{1i}^2}{n_{1i}} + \frac{sd_{2i}^2}{n_{2i}}$$





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# Heterogeneity test

$$H_0: D_1 = D_2 = \dots, D_k$$

$$Q = \sum_i^k w_i (d_i - \hat{D})^2$$

$$\hat{D} = \frac{\sum_{i=1}^k w_i d_i}{\sum_{i=1}^k w_i}$$

$$w_i = \frac{1}{\text{var}(d_i)}$$





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# Example

- CP/CPPS
- Total symptom score between alpha-blocker versus placebo





Author	Year	Scale	Alpha-blockers			Placebo		
			N	Mean	SD	N	Mean	SD
Evliyaoglu Y	2002	IPSS	30	10.47	4.44	30	16.17	5.7
Cheah PY	2003	NIH-CP/CPPS	43	10.8	9	43	17	12.1
Alexander RB	2004	NIH-CP/CPPS	45	20.2	12.18	45	21.6	9.84
Tugcu V	2006	NIH-CP/CPPS	30	10.7	1.3	30	21.9	1.2
Nickel JC	2008	NIH-CP/CPPS	138	16.7	14.92	134	18.6	14.05





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```
metan n_alpha mean_total_al sd_total_al n_placebo mean_total_pl
sd_total_pl, label(namevar=author, yearid=year ) sortby(year) cohen
```

Study		SMD	[95% Conf. Interval]	% Weight
-----+-----				
Evliyaoglu Y (3)		-1.116	-1.661 -0.570	10.32
Cheah PY (1)		-0.581	-1.013 -0.150	16.47
Alexander RB (10)		-0.126	-0.540 0.287	17.94
Tugcu V (2)		-8.953	-10.659 -7.247	1.05
Nickel JC (5)		-0.131	-0.369 0.107	54.21
-----+-----				
I-V pooled SMD		-0.399	-0.574 -0.224	100.00
-----+-----				

Heterogeneity chi-squared = 110.43 (d.f. = 4) p = 0.000

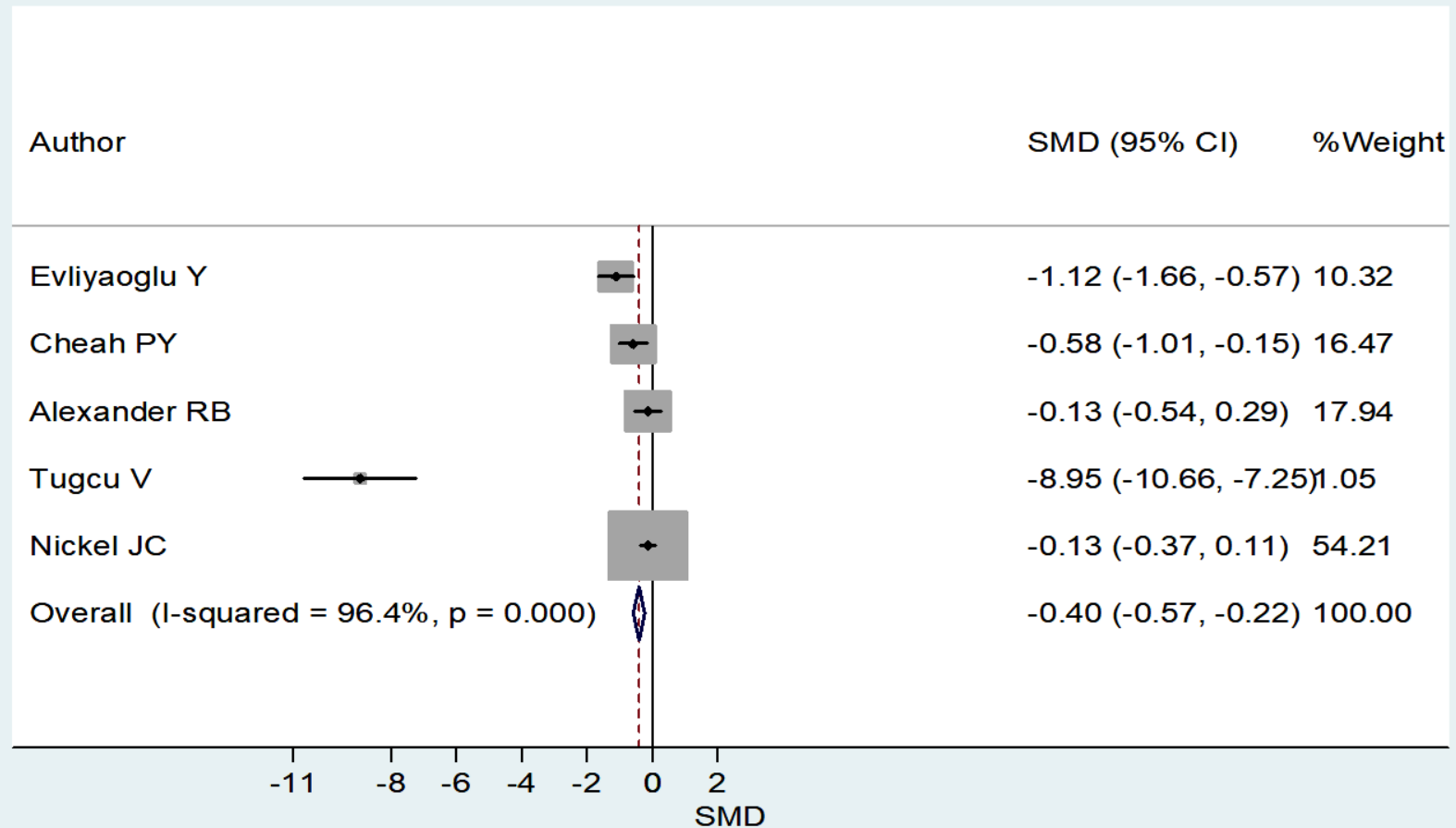
I-squared (variation in SMD attributable to heterogeneity) = 96.4%

Test of SMD=0: z= 4.46 p= 0.000





Figure 6. Pooling standardized mean difference using fixed effect model:  
Alpha-blockers versus placebo







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```
metan n_alpha mean_total_al sd_total_al n_placebo mean_total_pl sd_total_pl,
      randomI label(namevar=author)^sortby(year)
```

Study		SMD	[95% Conf. Interval]		% Weight
-----+-----					
Evliyaoglu Y(3)		-1.116	-1.661	-0.570	20.98
Cheah PY(1)		-0.581	-1.013	-0.150	21.42
Alexander RB(10)		-0.126	-0.540	0.287	21.48
Tugcu V(2)		-8.953	-10.659	-7.247	14.17
Nickel JC(5)		-0.131	-0.369	0.107	21.95
-----+-----					
<b>D+L pooled SMD</b>	<b> </b>	<b>-1.683</b>	<b>-2.751</b>	<b>-0.615</b>	<b>100.00</b>
-----+-----					

Heterogeneity chi-squared = 110.43 (d.f. = 4) p = 0.000

I-squared (variation in SMD attributable to heterogeneity) = 96.4%

Estimate of between-study variance Tau-squared = 1.3372

Test of SMD=0 : z= 3.09 p = 0.002