The win ratio approach for composite endpoints

Nantharat Apiwantanakul

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The win ratio: a new approach to the analysis of composite endpoints in clinical trials based on clinical priorities

Stuart J. Pocock*, Cono A. Ariti, Timothy J. Collier, and Duolao Wang

Department of Medical Statistics, London School of Hygiene and Tropical Medicine, Keppel Street, London WC1E 7HT, UK

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CLINICAL REVIEW

Ischaemic Heart Disease

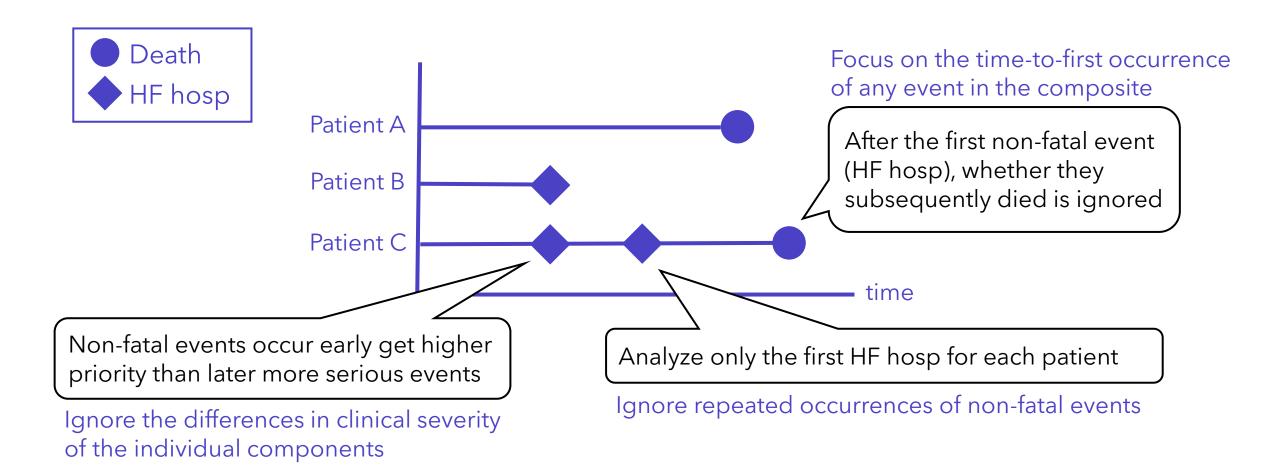
The win ratio approach for composite endpoints: practical guidance based on previous experience

Björn Redfors (10 1,2,3), John Gregson (10 4), Aaron Crowley (10 1, Thomas McAndrew (10 1, Ori Ben-Yehuda^{1,2}), Gregg W. Stone (10 1,5), and Stuart J. Pocock⁴*

¹Clinical Trials Center, Cardiovascular Research Foundation, New York, NY, USA; ²Division of Cardiology, NewYork-Presbyterian Hospital/Columbia University Irving Medical Center, New York, NY, USA; ³Department of Cardiology, Sahlgrenska University Hospital, Gothenburg, Sweden; ⁴Department of Medical Statistics, London School of Hygiene and Tropical Medicine, London WC1E7HT, UK; and ⁵The Zena and Michael A. Wiener Cardiovascular Institute, Icahn School of Medicine at Mount Sinai, New York, NY, USA

Described 44 May 2020, united 4 lists 2020, adjusted destrine 25 lists 2020, assessed 20 lists 2020, auditor bright about 45 bits 2020, adjust 2020.

Analysis of the composite outcome



Analysis of the composite outcome

| Methods | Description |
|-------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Conventional time to first event Focuses on the time until the first event occurs. Ignores subsequences in clinical severity | |
| Differentially Weighting | Assigns different weights to event types based on clinical importance |
| Win ratio method | Rank-based approach pairing patients based on the superiority of endpoint composites |

Win ratio

- was introduced in 2012 for examining composite endpoints
- Step1 Form patient-to-patient pair
- Step 2 Evaluate each pair
 - 'win'; if the patient on the new treatment has the better outcome
 - 'loss'; if the control patient does better
 - 'tie'; otherwise
 - Evaluate first based on the most important outcome (e.g. death) and secondly on the lesser event (e.g. HF hosp)
- Step 3 Calculate win ratio (WR)
 - The win ratio is the number of pairs of treated-patient "wins" divided by number of pairs of treated-patient "loses"

Step 1 - Form patient-to-patient pair

- Unmatched approach
- Matched pairs approach

Unmatched approach

- Every patient in the Treatment group is compared with <u>every</u> patient in the Control group.
 - N_T = the number of patients in the Treatment group
 - N_C = the number of patients in Control group
 - $N_T \times N_C = all paired comparisons$

Treatment arm Control arm

302 patients 312 patients

Matched pairs approach

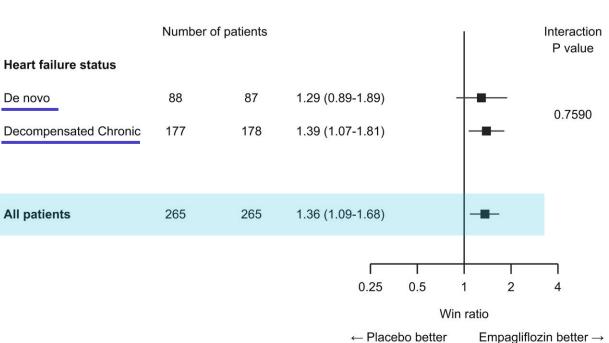
- Patients are formed into matched pairs based on their risk profiles
 - Avoid pairwise comparisons between patients with different baseline risk
 - Try to ensure that each matched pair of patients have a similar prognosis, thereby making all paired comparisons intrinsically fair (attempt to account for each patient's underlying risk)
- Using a **risk score**
 - Based on <u>a pre-existing risk score obtained from an earlier study</u>, not necessarily on the same composite outcome
 - Obtained from the trial data themselves with appropriate modelling of <u>pre-defined</u> <u>predictors</u> of the composite outcome

Matched pairs approach

- There will usually be slightly unequal patient numbers in the two groups, <u>leaving</u> <u>a small number of patients unmatched</u> in the larger group
- Example
 - 2737 patients in total
 - 1364 patients on eplerenone
 - 1373 patients on placebo
 - Get equal-sized groups by <u>randomly removing nine patients</u> from the placebo group
 - Risk-matches each eplerenone patient with each placebo patient using their risk scores.
- Unfortunately, experience has shown that it is difficult to objectively define the matching process in advance, and it is often not possible to match all patients.

Unmatched with stratification

- Attempts to control for known prognostic variables
 - <u>Dividing patients into strata</u> based on prognostically meaningful variables
 - Perform pairwise comparison within the same strata
 - Count the wins and losses within each stratum
- Stratified win ratio
- The influence of the stratification variables on prognosis can be reduced



Empagliflozin Placebo Win ratio (95% CI)

- Composite outcome
 - Time to death
 - HF hospitalization





Assess who dies first?

(C died first)

T wins

- Composite outcome
 - Time to death
 - HF hospitalization





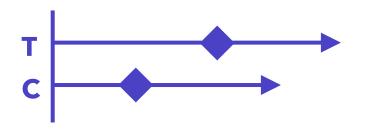
Assess who dies first?

- Treated patient had death only after the control patient was lost to follow-up
- That death should not be considered
- a 'tie' would be declared for this comparison

Each patient pair can only be compared for the shared follow-up duration they both achieved

- Composite outcome
 - Time to death
 - HF hospitalization





Assess who dies first?

Neither of the patients dies

Assess who had HF hosp first?

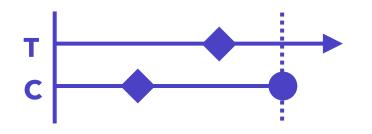
(C had HF hosp first) **T wins**

Accounts for clinical priorities

Evaluates the component outcomes in <u>descending</u> <u>order of importance</u> until one of the pair shows a better outcome compared with the other.

- Composite outcome
 - Time to death
 - HF hospitalization





Assess who dies first?

Assess who had HF hosp first?

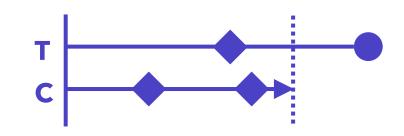
(C died first)

T wins

- Evaluates the component outcomes in descending order of importance
- Uses information from all deaths
- Ignore death that occurred after HF hosp (if in conventional time-to-first event)

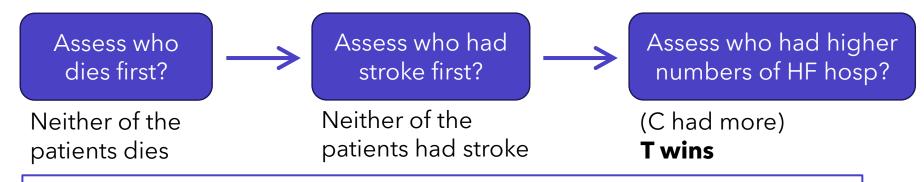
- Composite outcome
 - Time to death
 - Stroke

Death
Stroke
HF hosp



Number of HF hospitalization

can be extended to a composite with <u>three or more</u> components with sensible ranking of the components



Can combine the time to death with the number of occurrences of HF hosp in a single hierarchical composite endpoint

Guidance on how to compare individual components

- When conducting the win ratio analysis, we must decide whether to compare patients in regard to
- (i) simply whether they experienced the event
 - We <u>discourage</u> simply comparing patients in regard to whether they had the event (option i), since <u>ignoring information on timing or frequency of events</u> omits important information.
- (ii) how soon they experienced the event
- (iii) how many events they experienced
- (iv) how severe the events were

Guided by clinical reason

| Trial | Compare two coronary stent types | Examining the effect of two therapies for HF | Examining the effect of cerebral protection devices |
|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| Outcome | Target vessel revascularization (TVR) | Recurrent HF hospitalization | Ischemic stroke |
| Prioritize | (ii) how soon they experienced the eventWho had TVR first | (iii) how many events they experienced The number of HF Hosp is strongly associated with prognosis in patients with HF | (iv) how severe the events were More meaningful to compare patients with regard to the severity of the stroke |
| Rather than | (iii) how many events they experienced Any subsequent TVR of the same vessel may be related to the second procedure rather than the study stent | (ii) how soon they experienced the event | (ii) how soon they experienced the event (iii) how many events they experienced |

- Composite outcome
 - Time to death
 - Stroke
 - Number of HF hospitalization
 - Kansas City Cardiomyopathy Questionnaire (KCCQ)
 - Index of cardiac function (E.g. Left ventricular ejection fraction)

Patient reported outcomes

Pathophysiological measures

Can incorporate patient-reported outcomes or pathophysiological measures which is quantitative variable

 Including quantitative variables can be useful because their diversity of values means that most pairwise comparisons identify a winner.

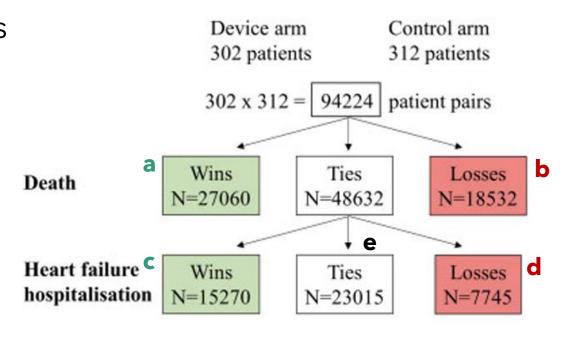
- Composite outcome
 - Time to death
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Patient reported outcomes

Pathophysiological measures

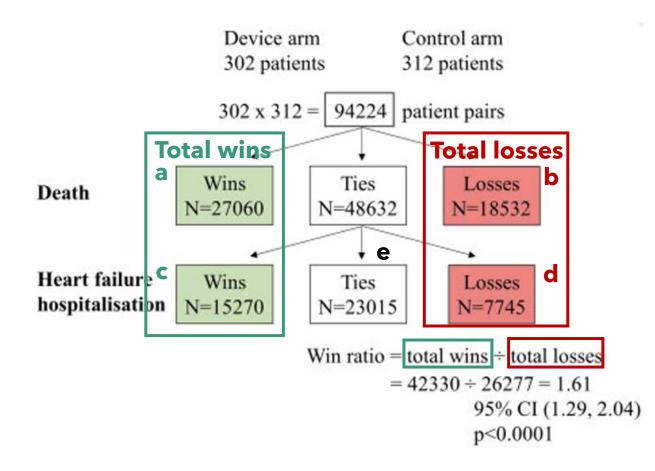
| To declare a winner or loser | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|--|
| Any difference No matter how small to discriminate | | |
| Use margin of clinically meaningful win or loss meaningful quantity Clinically meaningful win or loss Lower the number of decisions made at that level | | |
| Categorize | Patients can be classified into those that responded or worsened to therapy | |

- Each pair is classified into one of categories
 - (a) Control patient had death first (T wins)
 - (b) Treated patient had death first (T losses)
 - (c) Control patient had HF hosp first (T wins)
 - (d) Treated patient had HF hosp first (T losses)
 - (e) None of the above (**Tie**)
 - Neither patient had an event (event-free)
 - One patient had an event, but the others' follow up time was shorter
 - 'unused' death
 - 'unused' HF hosp



Step 3 - calculate win ratio

- $N_{win} = N_a + N_c$; the number of 'winners' for the new treatment
- $N_{Loss} = N_b + N_d$; the number of 'losers' for the new treatment
- Win ratio = $\frac{N_{win}}{N_{Loss}}$; overall
- WR >1 reflects a better outcome in the therapeutic group
- Patients with ties do not contribute to win ratio
- $P_{win} = \frac{N_{win}}{N_{win} + N_{Loss}}$; proportion of wins
- $P_{Tie} = \frac{N_e}{N}$; proportion of ties



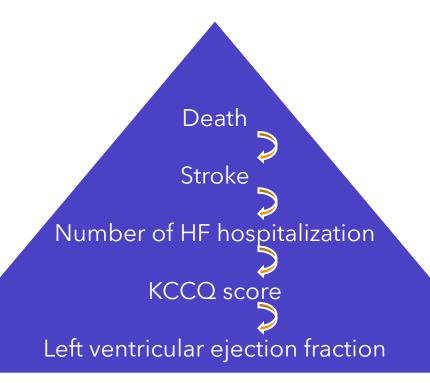
Step 3 - calculate win ratio

How do we interpret the value of the win ratio?

- What does a win ratio of 1.61 actually mean?
 - Win ratio = $\frac{N_{win}}{N_{Lose}}$ \rightarrow Odds
 - If any two patients are compared, the odds that the treated patient is the winner is 1.61
 - Treated patient had 61% increased odds of winning
 - There are 61% more wins on the new treatment
 - Treated patient has odds '1.61 to 1' of doing better than control

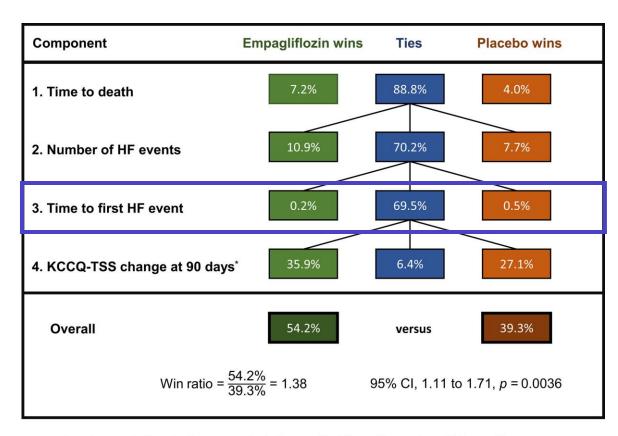
•
$$Prob = \frac{Odds}{1 + Odds} = \frac{1.61}{1 + 1.61} = 0.62$$

• The probability of the treated patient wins is 0.62 (62%)



Win ratio Composite outcome

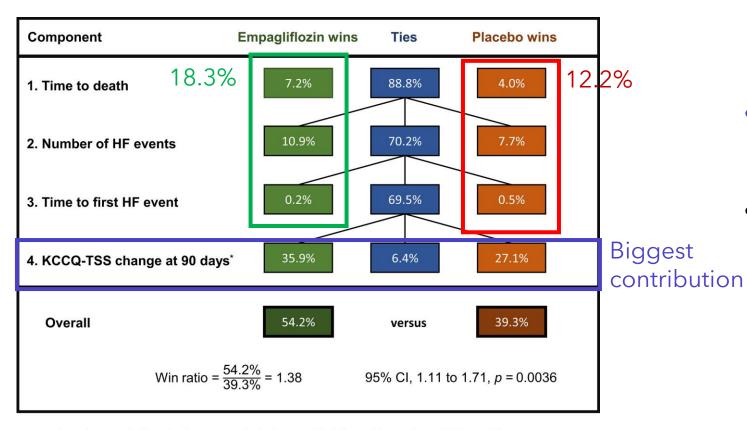
- The estimate of the win ratio may be sensitive to the chosen order of outcomes.
 - Rank based on their clinical priorities
- The relative contribution of each component is <u>sensitive to the duration of</u> <u>follow-up</u>
 - More patients will die in a longer trial, and so the relative contribution of death will be greater.



⁺ note that the predefined primary analysis is stratified (see Figure 2 and Figure 3)

- Selecting appropriate components for the composite endpoint
 - The third level had only 0.2% and 0.5% wins on empagliflozin and placebo, with 69.5% tied.
 - This brings into question whether in hindsight this third step was worth including.
 - If a component were no treatment effect or an inverse effect, power would be adversely affected

^{*} a win requires at least 5 points difference between patients



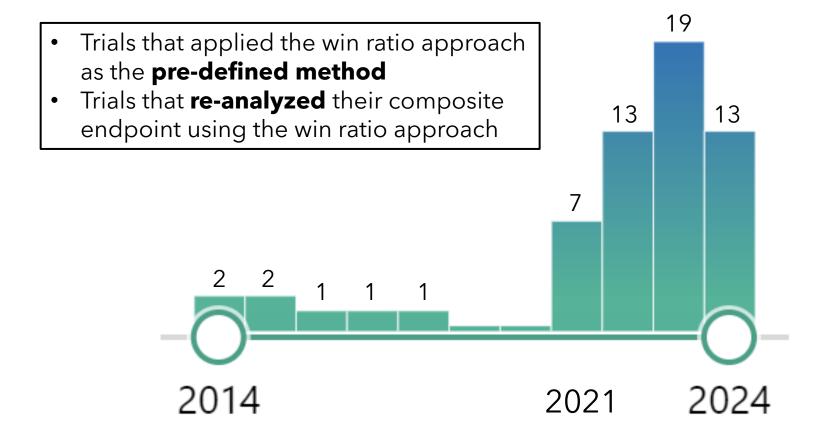
- Step 1-4
 - Win ratio = 1.38 (**1.11**, 1.71)
- Step 1-3
 - Win ratio = 1.50 (**0.99**, 2.26)
 - underpowered to reach a definitive conclusion

⁺ note that the predefined primary analysis is stratified (see Figure 2 and Figure 3)

^{*} a win requires at least 5 points difference between patients

Search: "win ratio" Filters: Clinical Trial, Randomized Controlled Trial

("win ratio"[All Fields]) AND (clinicaltrial[Filter] OR randomizedcontrolledtrial[Filter])



Trials that applied the win ratio approach as the **pre-defined method** Trial **Population Treatment**

Journal

DEFENDER

MESSAGE-HF

BeAT-HF

Year

2024

2024 2024 JAMA

Eur J Heart Fail

JAMA Cardiol

Field

Cardio

Cardio

ICU

| 2021 | Lancet | ACTION | Hospitalized COVID-19 patients | Therapeutic or prophylactic anticoagulation | Covid |
|------|-------------------------------|---------------------------------|-----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------|
| 2021 | EuroIntervention | SPYRAL HTN-ON MED | patients with uncontrolled hypertension | renal denervation (RDN) vs sham control | Med |
| 2021 | Lancet Diabetes Endocrinol | DARE-19 | Hospitalized COVID-19 patients | Dapagliflozin vs placebo | Covid |
| 2022 | Nat Med | EMPULSE | Patient hospitalized for acute heart failure | empagliflozin vs placebo | Cardio |
| 2022 | Eur Heart J | DIAMOND | Patients with HF with reduced ejection fraction | Patiromer vs placebo | Cardio |
| 2022 | N Engl J Med | - | Infants undergoing heart surgery | Methylprednisolone vs placebo | Cardio |
| 2022 | Circulation | COVID-PACT | Critically ill patients with COVID-19 | Anticoagulation and antiplatelet therapy | Covid |
| 2022 | Eur Heart J | VIP-ACS | Acute coronary syndrome | standard-dose vs double dose influenza vaccination | Cardio |
| 2023 | N Eng J Med | STEP-HFpEF | Patients with heart failure with preserved ejection fraction | Semaglutide vs placebo | Cardio |
| 2023 | N Eng J Med | PARTNER 3 | low-risk patients with severe, symptomatic aortic stenosis | Transcatheter aortic-valve replacement (TAVR) vs surgical aortic-valve replacement | Cardio |
| 2023 | N Eng J Med | TRILUMINATE Pivotal | Patients with tricuspid regurgitation | transcatheter edge-to-edge repair (TEER) vs medical therapy | Cardio |
| 2023 | J Am Coll Cardiol | PARAGLIDE-HF | Patients with mildly reduced or preserved ejection fraction and worsening heart failure | sacubitril/valsartan vs placebo | Cardio |
| 2023 | N Eng J Med | HEART-FID | Patients with hearth failure and iron deficiency | ferric carboxymaltose vs placebo | Cardio |
| 2023 | Lancet Respir Med | VT4COVID | COVID-19-related acute respiratory distress syndrome | ultra-low tidal volume (ULTV) vs low tidal volume (LTV) | ICU |
| 2023 | JACC Heart Fail | REDUCE LAP-HF II | Heart failure with preserved ejection fraction | Atrial shunt or sham procedure | Cardio |
| 2024 | NEJM Evid | DAPA-MI | patients with acute MI | dapagliflozin or placebo | Cardio |
| 2024 | N Engl J Med | ATTRibute-CM | patients with transthyretin amyloid cardiomyopathy | acoramidis hydrochloride vs placebo | Cardio |
| 2024 | N Engl J Med | STEP-HFpEF DM | Patients with obesity-related heart failure and type 2 DM | Semaglutide vs placebo | Cardio |
| 2024 | Lancet | STEP-HFPEF and STEP-HFPEF DM | Patients with obesity-related heart failure with preserved ejection fraction | Semaglutide vs placebo | Cardio |

Critically ill patients with acute organ dysfunction

Patients after HF hospitalization

Patients with heart failure and a reduced ejection fraction

Dapagliflozin vs standard ICU

telemonitoring strategy vs standard care

Baroreflex activation therapy vs medical management

| Year | Journal | Trial | Population | Treatment | Field |
|------|---------------------|-------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------|-----------|
| 2017 | Eurointervention | SYNTAX | De-novo 3-vessel or left main coronary artery disease | CABG vs PCI for multivessel CAD | Cardio |
| 2018 | J Clin Epidemiol | Kidney transplant trial | Kidney transplant | ramipril treatment vs. placebo | Nephro |
| 2021 | J Am Heart Assoc | EMPA-REG OUTCOME | patients with type 2 diabetes mellitus and established cardiovascular disease | Empagliflozin vs placebo | Cardio |
| 2022 | Eur J Heart Fail | TOPCAT | Patients with HF and a preserved ejection fraction | Spironolactone vs placebo | Cardio |
| 2022 | Eur J Heart Fail | PARADISE-MI | Patients with acute MI | sacubitril/valsartan vs ramipril | Cardio |
| 2023 | Nutrients | VITAL | healthy older adults | Marine n-3 fatty acid supplementation vs vitamin D3 | Med |
| 2023 | Thromb Haemost | mAFA-II | Atrial fibrillation patients | mAFA intervention vs usual care | Cardio |
| 2024 | Clin Infect Dis | MERINO | Ceftriaxone-Nonsusceptible Escherichia coli or Klebsiella pneumoniae Bloodstream | piperacillin-tazobactam vs meropenem | Infection |

Infections

2024

2024

2024

2024

Circ Cardiovasc

Qual Outcomes

Nat Med

J Crit Care

J Crit Care

ENGAGE AF-TIMI

STARRT-AKI

RENAL

DAPA-HF and DELIVER

Patients with atrial fibrillation

preserved ejection fraction

Acute kidney injury

Critically ill patients

patients with heart failure and reduced

ejection fraction and mildly reduced or

Edoxaban vs warfarin

dapagliflozin vs placebo

Accelerated vs standard renal

replacement therapy (RRT)

Two different RRT doses

Cardio

Cardio

Nephro

Nephro

| Trial | Population | Treatment |
|-----------------|-------------------------------------|-------------------------------------|
| Irials that re- | analyzed their composite end | dpoint using the win ratio approach |

Table 2 Trials that have applied the win ratio approach as the pre-defined method to analyse their primary composite endpoint

| Trial | Population | Randomized treatment Hierard | Primary composite endpoint | Win ratio (95% CI) |
|-------------------------------|-------------------------------------------------------------|-----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| ATTR-ACT ¹⁴ | Transthyretin amyloid cardiomyopathy | Tafamidis vs. placebo 2 | All-cause mortality > number of heart failure hospitalizations | 1.70 (1.26–2.29) |
| CHART-1 ¹⁶ | LVEF ≤35% | Cardiopoietic stem cells vs. placebo | Time to death > N of HF events > MLHFQ score ≥10-point improvement > 6MWT improvement ≥40 m > LVESV change ≥15 mL > LVEF change ≥4%. | 1.17 (0.89–1.55) |
| TAVR-UNLOAD ¹⁸ | Moderate AS and reduced LVEF | TAVR vs. medical therapy 4 | Time to death > disabling stroke > hospitalizations due to HF, aortic valve disease, or non-disabling stroke > change in KCCQ relative to baseline | Ongoing |
| RELIEVE-HF (NCT03499236) | NYHA class III and IV heart failure | Inter-atrial shunt vs. medical therapy 4 | Time to death > time to heart transplant or LVAD > number and time of hospitalizations due to HF > improvement in 6MWT | Ongoing |
| CARILLION (NCT03142152) | Functional MR associ- ated with HF | Carillion implant vs. medical therapy 5 | Death > cardiac transplantation or LVAD > per- cutaneous or surgical mitral valve intervention > time to first HF hospitalization > improve- ment in 6MWT | Ongoing |
| ACTIVE (NCT03016975) | Functional MR associ- ated with HF | Cardioband implant vs. medical therapy | Death > number of HF hospitalizations > improvement in 6MWT > improvement in KCCQ | Ongoing |
| PARACHUTE-HF (NCT04023227) | HF with reduced LVEF caused by chronic Chagas disease | Sacubitril/valsartan vs. 3 enalapril | CV death > HF hospitalization > relative change in NT-proBNP from baseline to week 12 | Ongoing |

6MWT, 6-min walk test; AS, aortic stenosis; HF, heart failure; KCCQ, Kansas City Cardiomyopathy Questionnaire; LVAD, left ventricular assist device; LVEF, left ventricular ejection fraction; LVESV, left ventricular end-systolic volume; MLHFQ, Minnesota Living with Heart Failure Questionnaire; MR, mitral regurgitation; TAVR, transcatheter aortic valve replacement. > Designates the order of the win ratio hierarchy, which decreases from left to right.

Table 3 Trials that have re-analysed their primary composite endpoint using the win ratio approach

| Trial | Population | Randomized | Primary composite | Outcome | |
|-------------|-----------------------------------------|--------------|-------------------------------------------------------------------------------------------|------------------------|-------------------|
| | | treatment | endpoint | Primary analysis | Win ratio |
| PARTNER B*6 | Severe symptomatic aor- tic stenosis | TAVR vs. OMT | Death, or hospitalization due to valve- or procedure-related clinical deterioration | 1/HR 2.17 (1.69, 2.86) | 1.87 (1.35, 2.54) |

$$\frac{1}{HR}$$
 = 2.17 \rightarrow HR = 0.46

Patients in the new treatment group were 54% less likely to die or hosp than patients in the control group

WR = 1.87

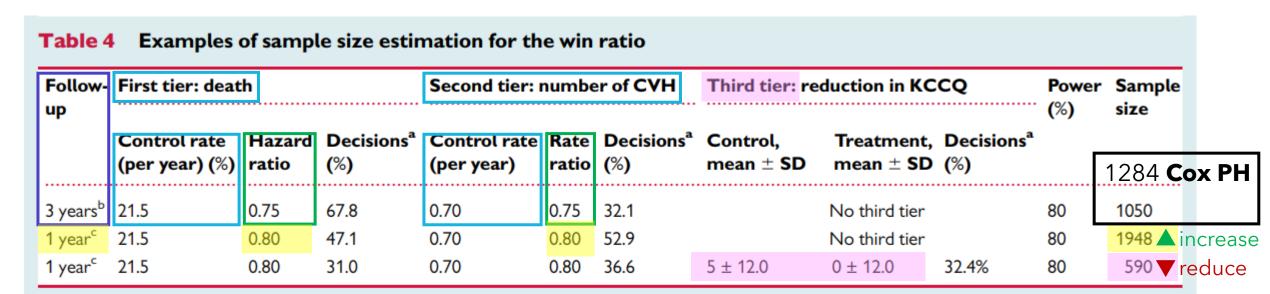
The odds that the treated patient is the winner is 1.87 Patient on new treatment has 61% increased odds of winning

Treatment group is better

$$HR < 1$$

$$\frac{1}{HR} > 1$$
WR > 1

Sample size for win ratio



^aThe decisions (%) columns refer to the percentage of all non-tied patient pairs that have a winner/loser at that level in the hierarchy.

CVH, cardiovascular hospitalization; KCCQ, Kansas City Cardiomyopathy Questionnaire; SD, standard deviation.

- Examine the treatment effect at 1 year
- Expected treatment effect is smaller (25%→20%)
 Increase sample size

Include an additional endpoint in the hierarchical composite Reduce sample size

^bMedian follow-up of 3 years; variable between 2.5 and 3.5 years.

^cFixed follow-up of 1 year.

Win ratio - Take home messages

- Hierarchical structure
 - accounts for clinical priorities
- Flexibility
 - can analyze composites composed of time-to-event, recurrent event, continuous, and/or categorical outcomes
- Statistical power
 - using all available information contained in the component outcomes

| Advantages | Challenges | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|--|
| 1. All Key Elements Included The win ratio recognizes all events, not just the first one, e.g. a death after a non-fatal event gets included in the analysis | 1. Lack of Familiarity The win ratio is a relatively new statistical method: This article should facilitate a better understanding | |
| 2. Clinical Priorities Recognized The win ratio forms the component outcomes into a hierarchy based on their relative clinical importance, e.g. death gets top priority. | of the concept and its potential value. 2. Statistical Software | |
| 3. Repeat Events Easily Incorporated The win ratio can be readily extended to account for recurrent events (e.g. hospitalizations) without statistical complexity. | Calculation of the win ratio (and its CI and p-value requires statistical programs being readily available: | |
| 4. Non-Event Outcomes can be Included The win ratio can be extended to include visit-related items, e.g. quality of life scores and physiological measures. | We provide links to such software. 3. Determining Sample Size Power calculations for the win ratio entail | |
| 5. Conceptually Straightforward Counting up the "winners" and "losers" across all pairwise comparisons is a simple concept, compared to explaining what a hazard ratio means. | simulations: We have created new software to facilitate this task | |

Take home figure The win ratio method's key advantages and challenges compared with conventional methods for composite outcomes in randomized controlled trials. CI, confidence interval.